



**CHARITABLE  
CONTRIBUTIONS**

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

# Funds Distribution Report

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**Recipient Organization:**  
**Rebound Families**

**Address:**  
3225 Woburn St, Ste 220  
Bellingham, WA 98226

**Contact:**  
(360) 207-1907  
<https://www.reboundfamilies.org>

## **Organization's General Goals:**

At Rebound, we work with families trying to recover and rebuild after experiencing the devastating effects of trauma. These families are the most susceptible to continuing cycles of abuse, neglect, poverty, and homelessness unless there is some intervention. We walk alongside kids and parents on the road to health and restoration.

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|-----------------------|------------------|
| <b>Date of Award:</b> | <b>Level:</b>    |
| 2023 Q2               | \$500 to \$2,500 |

For more information, please read the attached report from Rebound Families.

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

Report Code: Q2 2023 14.2  
Rebound Families  
Reboundfamilies.org  
October 30, 2023

Dear Tulalip Tribes Charitable Contributions,

At Rebound Families we are incredibly thankful for your generosity and would like to share a report updating you with the ways your financial support has benefited the work of connecting, empowering, and restoring families in Whatcom County. The Tulalip Cares Fund has made possible the launching of Restart, a week long summer camp for middle school students. Restart provided teens with the evidence-based social and emotional skills needed to start their school year strong. Please see the attached photos from our Restart program.

At Restart we focused on building the following skills:

- Mindfulness
- Establishing and Maintaining Friendships
- Recognizing Healthy vs Unhealthy Relationships
- Growth-Mindset
- Positive Self-Esteem
- Self Empowerment
- Confidence and Risk-Taking

Rebound Family has continued to serve these teens and their families through our Family Enrichment and Family Advocacy Programs. Rebound is currently providing services to 38 families through our family enrichment, parent coaching, and family advocacy program. Thank you for partnering with us in this critical work.

Sincerely,

Keri Smith  
Rebound Families  
Executive Director

# ReStart REBOUND

## Back-to-School Program

Hey middle schoolers, school is around the corner! Are you ready?



Our one-week program prepares 6th, 7th, and 8th graders with the evidence-based social and emotional skills needed to rock this upcoming school year!

Recognizing Healthy vs Unhealthy Relationships  
Basic Brain Science and Responding to Stress  
Self-Empowerment and Core Values  
Mindfulness and Compassion  
Having Agency and Setting Goals

### Get ready for fun!

Swimming and kayaking at the WWU Lakewood Boathouse  
Private yoga class with the Bellingham Yoga Collective  
Field Day at Bloedel Donovan Park  
Art projects, games, and more!

### Choose Your Session

Session 1: August 7th - 11th  
Session 2: August 14th - 18th

### When and Where

Shuksan Middle School  
9:00am - 3:00pm

### Cost

\$150 for 1 child or \$100 for 2 with our "Bring a Friend" option!

Scholarship and sliding scale payment plans available. Lunch included with tuition.



Scan here to register, or head to [reboundfamilies.org](https://reboundfamilies.org)!

