



Funds Distribution Report

Recipient Organization:
Bainbridge Youth Services

Address:
8533 Madison Ave N
Bainbridge Island, WA 98110

Contact:
(206) 842-9675
<https://www.askbys.org>

Organization's General Goals:
Our mission is to promote the mental health and wellness of youth and their families through support, education, and resources.

Date of Award:	Level:
2024 Q1	\$500 to \$2,500

For more information, please read the attached report from Bainbridge Youth Services.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org



Tulalip Tribe
Q1 2024 14.2
July 1, 2024 – September 30, 2024

BYS Youth Programs 2024 Q3 Report

***Overall BYS Youth Programs 2024 Q1Data**

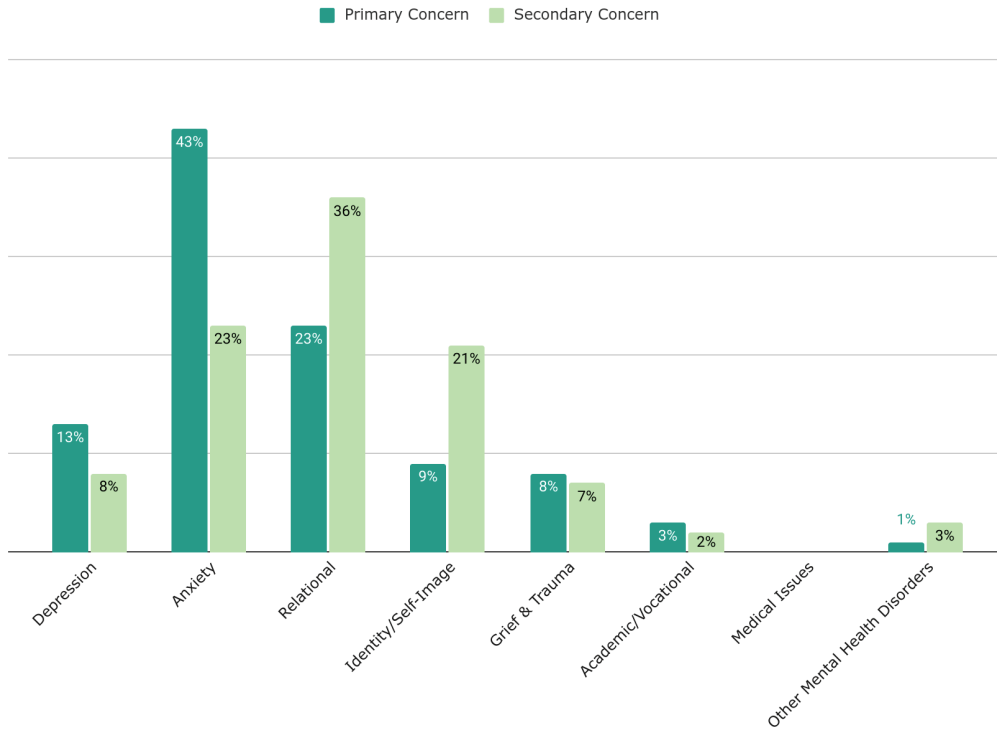
Program	Number of unique clients/youth served per program	% BI Residents	Number of BI residents
Youth Therapy	104	87%	90
Tutoring Program	22	95% estimate	21
Service Club	5	95% estimate	5
Work Exploration Program	57 jobs sent via Jobs Board	95% estimate	54
Work Ready Bainbridge	5	100%	5
TOTAL SERVED	193	91%	175



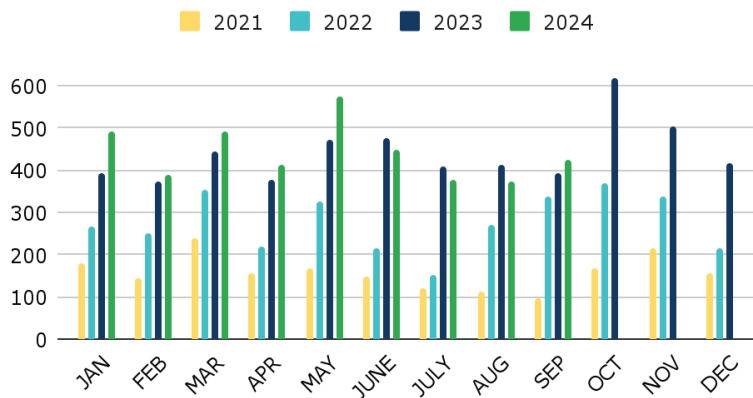
*Youth Therapy Program Data

BYS Client Concerns, Quarter 3 2024

Primary and Secondary Concerns Youth Present to BYS Therapists



Counseling Hours





***Youth Peer Tutoring 2024 Program Data**

	J	F	M	A	M	J	J	A	S	O	N	D
New Tutoring Requests	10	21	15	4	6	0	0	0	30			
# Tutors	46	40	46	43	41	29	0	0	12			
# Students	58	54	59	54	46	32	0	0	10			
Peer Tutoring Hours	118	81	94.5	105	67.5	34.75	0	0	14.75			

***Narrative Summary of Youth Programs 2024 Q1:**

- **100% of BYS Youth** reported that they believed participating in BYS Programs helped improve their mental health or overall well-being.

When BYS Youth were asked how BYS programs have made a difference in their life, comments included:

- *I loved the opportunity to work at Helpline [through Work Ready]! I loved making connections there and it inspired me because I want to do more work in social work.*
 - *The work itself [through Work Ready] gave structure to my summer in a way that has helped my mental health, and the workshops were helpful. In addition, the program gave me work experience that will be helpful in securing work later down the line.*
 - *I love my counselor, she is so nice, helpful, and a sweet person. I feel like I can be very open with her and I've struggled with that with other therapists.*
 - *I've been attending BYS off and on since 2017. I felt that I needed additional help [this summer] with my mental health and came back. My emotions were validated and I was able to talk through things that I had no one else in my life to talk through them with.*
- **100% of BYS Youth** reported that they believed they have gained new skills or a better understanding of themselves by participating in a BYS Program.



When BYS Youth were asked what skills/strengths they believe they gained by participating in a BYS program, some comments were:

- *Desk/management skills, organizational skills, money management (worked with a budget to order on behalf of Helpline), communication/email skills*
- *[Work Ready] helped me become a better driver, gained a better understanding of how cities maintain their streets and public works, and become more confident working with power tools. In addition, I learned a bit about investment and savings from the workshops.*
- *I've been able to work around anxiety better and learn about myself. It has also helped me stress less about situations I feel alone in.*
- *Emotional regulation.*

BYS Family Programs 2024 Q1 Report

***Overall BYS Family Programs 2024 Q1 Data:**

Program	Number of unique clients served/ program	% BI Residents	Number of BI residents
Parent Therapy	20	100%	20
Parent Peer Support Groups	8	100%	8
TOTAL SERVED	28	100%	28

***Narrative Summary of Family Programs:**

- In the 3rd quarter of 2024, BYS parent counselors reported parents coming to therapy for some of the following common reasons:
 - *Support for parents new to the island*
 - *Support in navigating their child's/children's mental health challenges*

- o Work on communication within family*

- **100% of parents** reported feeling this program helped improve their abilities in their parenting. When asked how the parent peer support program has made a difference for them, parents reported:
 - o It was helpful to hear from other parents*
 - o Connecting and learning from others makes a difference in how I approach things with my kids now*
 - o It really helped me to not feel alone in my parenting journey*

- **86% of parents** reported gaining new skills or a better understanding of themselves through this program. When asked what skills or strengths they have gained, parents reported:
 - o The ability to share with others what parenting challenges I'm facing and not feeling so alone in them*
 - o Importance of taking better care of myself and ways to balance that with my family's needs*

