



**CHARITABLE  
CONTRIBUTIONS**

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

# Funds Distribution Report

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**Recipient Organization:**

**Ballard Food Bank**

**Address:**

1400 NW Leary Way  
Seattle, WA 98107

**Contact:**

(206) 789-7800  
www.ballardfoodbank.org

**Organization's General Goals:**

Ballard Food Bank's mission is to bring food and hope to our neighbors...because there can be enough for everyone.

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**Date of Award:**

2018 Q3

**Level:**

\$500 to \$2,500

For more information, please read the attached report from  
Ballard Food Bank.

Disclaimer: This report may  
be a summary of content  
provided by the recipient,  
not always complete  
quoted material.

**Ballard Food Bank FY19 Report to Tulalip Charitable Fund**  
**Q3 2018 14.2**

Thank you to the Tulalip Tribes Charitable Contributions for your generous support of the Ballard Food Bank (BFB) in fiscal year 2019, which ran from October 1, 2018 to September 30, 2019. Your grant [REDACTED] helped us support over 4,000 families and individuals. We serve seven zip codes in Northwest Seattle, offering nutritious foods and services that support self-sufficiency. Because of our 30+ year partnership with the community and vulnerable populations, we are in a unique position to help neighbors in need.

To meet the varied needs of our neighbors, we offer a collection of services for both immediate and underlying issues of poverty, while also advocating for food equity and justice at the city level. Each week, we offer a total of 20 hours of services with day time and evening hours four days a week.

*Highlights from 2019*

BFB's largest program is our grocery-style food bank and hygiene bar, where we offer choices of fresh, healthy foods and wellness products for our clients to select based on their family needs, including cultural and dietary restrictions. Elderly and housebound clients have the option to receive items from the food bank and hygiene bar through our Home Delivery program. In 2019, we reached over 4,000 clients through the food bank and Home Delivery program.



For young people experiencing food insecurity, we provide balanced meals for students in our service area to take home each week through our Weekend Food for Kids program. In the current 2019/20 school year, we connect directly with more than 540 students from 19 schools. In the 2018/19 school year, we served 460 students at 18 schools. During the summer of 2019, we served 87 kids at 10 partner sites, including the Ballard, Coe, and North Seattle Boys & Girls Clubs and the Bitter Lake and Loyal Heights Community Centers. These numbers represent an approximate 3% increase from the previous year, and we expect demand for our services to increase even more in future years.

Additionally, we offer comprehensive assistance through the Community Resource Hub ("the Hub"). Services include mailbox services, homelessness prevention via our emergency financial assistance program, and referrals to partner agencies our clients can meet with on-site in private offices. In 2019, we served over 861 individuals through the Hub, connecting our clients with 15 agencies. Given that this is a relatively new program for the Ballard Food Bank, we are thrilled to see the rapid growth of our client reach through this added service. However, the true impact



and accomplishments of our program go far beyond the number of clients served. In our pilot year, one client worked with our onsite partner the Community Psychiatric Clinic and completed a court-mandated alcohol and drug assessment. As a result of this service, our client was able to prevent reincarceration. In that same year, another client worked with a tenant's advocacy organization in the Hub after being illegally evicted from their home. With support from the tenants' rights organization, the client was able to move from a homeless shelter back into permanent housing. These individuals visited Ballard Food Bank for only groceries, yet left with a host of needs addressed.

In November 2018, we began a new partnership with Swedish Family Medicine to have physicians on-site for free blood pressure checks, blood glucose screening, rash and wound evaluation, and general medical advice twice throughout the month. Three of our clients took advantage of the first visit and had blood pressure screenings and skin examinations. On the second visit, 11 of our clients met with the medical team in less than two hours. Of these, three clients did not have a primary care provider and had been accessing medical care through the Emergency Room. One physician was able to provide medical care in Spanish for a non-English speaking family shopping at our food bank. We are currently building our relationship with Swedish Family Medicine through food bank tours of their staff and exploring how to grow our partnership in future years.



This year, our 13th annual Turkey Trot raised nearly \$200,000. This scenic 5K holiday run attracted over 4,700 runners on November 28, 2019. Sponsors for the event included Ethan Stowell Restaurants, Columbia Bank, Lynn & Brad Blind, Spectrum Development Solutions, Cornerstone Advisors, Greenwood, Ohlund & Company, Just Food For Dogs, Kaiser Permanente Washington, New Seasons Market, PCC Community Markets, and Peoples Bank.

Thank you again for your generous contribution to Ballard Food Bank. We welcome you for a site visit to further connect with our programs and community.

Sincerely,

A handwritten signature in dark ink that reads "Jen Muzia". The signature is fluid and cursive, with the first name "Jen" and last name "Muzia" clearly distinguishable.

Jen Muzia  
Executive Director



# Ballard Food Bank

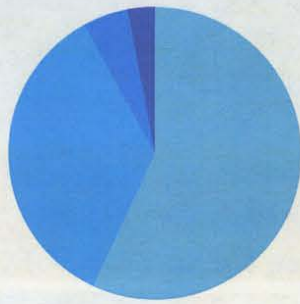
2018 Annual Report

## THE FUNDS

Figures below reflect the most recent  
October 1, 2017 - September 30, 2018 Fiscal Year

### Revenue

**\$3,827,546**



- 62% In-Kind Food
- 29% Charitable Contributions
- 5% Grants
- 3% Special Events

### 2018 New Home Capital Funds

**\$355,900** Raised to secure our permanent, future home!

### Healthy Food Fund

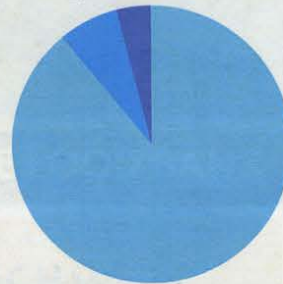
**\$86K**

Distributed from Healthy Food Quasi-Endowment to purchase healthy food and protein

**\$3,666,739**

- 89% Program
- 7% Fundraising
- 4% Management

### Expenses



## THANK YOU, NEIGHBORS!

**85%**



of our charitable contributions  
are from individuals like you!

Our biggest fundraiser of the  
year, Seattle Turkey Trot  
had nearly

**4,500**

registrants and raised over

**\$167,000**



**15%**

of our charitable contributions  
are from local businesses and  
fraternal organizations



# Ballard Food Bank

2018 Annual Report

## COMMUNITY RESOURCE HUB

A combination of emergency financial assistance with a curated network of partner agencies available on-site to more holistically meet the needs of our neighbors where they shop!

### Preventing Homelessness Through Emergency Financial Assistance

**\$9,702**

For crucial utility services, including heating and light



**\$59,189**

Keeping people in their homes



**565**

Vouchers for state ID's and driver's licenses



Clients received financial assistance through the Hub over

**790**

times during the past year



**675**

active mail clients receiving mail service using our address

## Community Resource Hub Partners

Strategically selected based on client input to address the specific issues our clients face. We host partners in our private, on-site office spaces, providing one-on-one meeting space for clients and providers to use for 20 hours a week.

### Our 14 Partner Service Agencies this year included:

#### Housing and Homelessness

**REACH**

**Renting in Seattle**

**Tenant's Union**

#### Veteran's Services

**VA Physician**

**VA Social Worker**

#### Health Care

**Community Psychiatric Clinic**

**Eligibility Specialist**

**Neighborcare Health**

**Supplemental Insurance**

**Swedish Ballard Family Medicine**

#### Recreation

**Seattle Public Library**

#### Utilities

**Byrd Barr Place**

#### Transportation

**ORCA LIFT**

**ORCA To-Go**

The Community Resource Hub had 10% more visits in it's second year!

People accessed our Community Resource Hub

**1,266** times in 2018

[www.ballardfoodbank.org](http://www.ballardfoodbank.org)





# Ballard Food Bank

## 2018 Annual Report

YOUR NEIGHBORHOOD HUB FOR FOOD & HOPE

### OUR MISSION

*We bring food and hope to our neighbors...  
because there can be enough for everyone.*

### WHO WE ARE

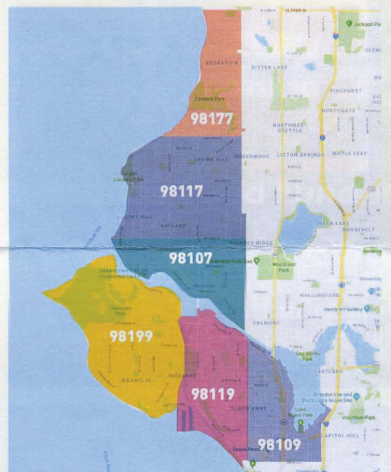
#### Board of Directors

Andrew Weber ◦ Eric Stoll ◦ Nathan Walker ◦ Carrie Schneider  
Julia Weisenburger ◦ Tom Bernard ◦ Rebecca Butler ◦ Jen Doak  
David O'Neal ◦ David Perez ◦ Kathleen Owens ◦ Hsiao-Ching Chou

**135+** active monthly volunteers provided

**22,800 hours** of service this year

**7 full time staff & 2 part time staff** complete our team!



Neighbors in the  
following zip codes  
can access our  
services:

98107  
98109  
98117  
98177  
98119  
98199

### OUR GROCERY-STYLE FOOD BANK



A family of four saves an average of

**\$181 EACH WEEK**

by shopping at Ballard Food Bank

<input checked="" type="checkbox"/> Gallon of milk	\$6	<input type="checkbox"/> Peanut butter	\$3
<input type="checkbox"/> Dozen eggs	\$4	<input checked="" type="checkbox"/> Mandarin oranges	\$5
<input type="checkbox"/> 2 loafs of sliced bread	\$6	<input type="checkbox"/> Bananas	\$6
<input checked="" type="checkbox"/> 2 pounds ground beef	\$12	<input type="checkbox"/> Bell peppers	\$5
<input type="checkbox"/> 4 chicken breasts	\$10	<input type="checkbox"/> Romaine lettuce	\$4
<input type="checkbox"/> Baby formula	\$8	<input checked="" type="checkbox"/> 2 cans dog food	\$5

We had **3,200** shopping visits from  
families in Northwest Seattle each month

**5,460**

bags of groceries  
delivered through our  
Home Delivery program

Weekend Food for Kids  
program delivered

**14,815**

bags to over 450  
students in 18 Seattle  
Public Schools



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