

Big Brothers Big Sisters of Puget Sound

www.InspireBIG.org

2018 report – Q3 2018 14.2

Thanks in part to the generosity of the Tulalip Tribes Charitable Fund, Big Brothers Big Sisters of Puget Sound was able to serve a total of 1261 children/youth and 1261 adult mentors in 2018.

Project overview

The [REDACTED] by the 2018 Tulalip Tribes Charitable Fund Grant was designated to support program delivery for children and their mentors throughout our service area. Specifically, Big Brothers Big Sisters used the grant funds to help pay the salaries of our program coordinators and outreach staff, who recruit volunteers and provide ongoing support to mentoring matches.

Our goals for the grant were:

1. To provide mentoring for at least 1,275 children in our site-based and community-based programs.
2. For youth in our programs to be impacted in the below areas:
 - Having positive relationships and communication with their peers
 - Feeling prepared for school and able to stay on track
 - Expecting to achieve current success at school, and aspiring to reach educational milestones
 - Improving or maintaining their grades
 - Having a desire to avoid risky behavior
 - Trusting their parent or guardian
 - Having a special adult in their life

Results

Big Brothers Big Sisters of Puget Sound fell just shy of our goal to serve 1275 matches, yet we did reach 1261 youth in 2018. While the slight shortfall is disappointing, we knew when we set the goal that 1275 was an ambitious figure—a jump of 9% in just one year. With existing staff already working at capacity, we added new employees, just not quite at the rate we needed. Nevertheless, Big Brothers Big Sister did see 8% growth last year, and we expect to continue serving more children and youth each year until we reach 5000 annually.

Of course, service totals don't show the full picture of our work. Big Brothers Big Sisters mentoring programs focus on building children up in three specific areas: educational success, social-emotional health, and a desire to avoid risky behavior. The Youth Outcome Survey, administered when each match is made and again at its one-year anniversary, is our primary tool for measuring how effective our programs are. In just one year, nearly all of our kids saw positive impact in their lives:

Youth in our programs...	In the community	At sites
Have a positive social connection with others	94%	90%
Feel prepared for school and able to stay on track	94%	95%
Expect success in school daily and aspire to reach educational milestones	79%	84%
Improve or maintain grades	77%	89%
Want to avoid risky behavior	96%	92%
Trust their parent or guardian	95%	92%
Have a special adult in their life	93%	95%

* Percentages indicate that youth improved or maintained attitudes between baseline and follow-up surveys.

These results demonstrate the positive effect Big Brothers Big Sisters mentoring has on the children and youth in our programs. With the support of the Tulalip Tribes, we look forward to continuing this important work throughout the coming year.

