



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Catholic Community Services King County

DATE OF AWARD: 2017 Q2

ADDRESS: 100 23rd Ave S., Seattle, WA 98144

CONTACT: (206) 328-5696, <https://www.ccsww.org>

GENERAL GOALS: Our employees and volunteers come from many faith traditions to serve and support poor and vulnerable people through the provision of quality, integrated services and housing. Our focus is on those individuals, children, families, and communities struggling with poverty and the effects of intolerance and racism. We actively join with others to work for justice.

SPECIFIC USE FOR THIS AWARD:

This award went towards programs and operational expenses.

For more information please read the attached report from Catholic Community Services.



CATHOLIC COMMUNITY SERVICES

OF WESTERN WASHINGTON

Serving King County

801 9th Avenue
Washington 98104

Seattle,

Telephone (206) 441-4606

Main FAX (206) 441-5764

Accounting FAX (206) -

**Report for Spirit Journey House
Q2 2017 14.2**

Spirit Journey House had a highly successful year overall in areas of securing permanent housing for residents, reuniting with family, gaining employment, graduation from school and most important healing for historical trauma.

The following is a list of major milestones reached with four out of the five women:

Resident 1 spent a long term tenancy of five years due to the success of employment as the Live in House Manager. Resident 1 celebrated six years of sobriety, graduated from a chemical dependency program, moved into home ownership with the support of her Tribal community. Another success is Resident 1 became an inspiration in the homeless and Native AA community offering Native Women Sweatlodge and hosting regional Native Women's AA meetings! Despite several challenges over the last year of grief and loss, loss of a partner, with the support of the Elder's cultural services team, resident 1 joined the Mentorship program of Mother Nation Cultural Services team and is now Spirit Journey House's major success story to be the first to reach all milestones!!!

Resident 2 came to Spirit Journey House after four years of chronic homelessness living in the streets of Seattle, drug addiction, loss of custody of child dealing with severe domestic violence causing insecurities of communication. Resident 2 recently celebrated 2 years of sobriety, gained employment, reunited with her daughter, and secured housing last fall! In addition, Resident 2 trained as a doTERRA Oils wellness advocate to help other women survivors of violence to manage their PTSD and mended relationships with immediate family due to her ability to heal from historical trauma. Resident 2 is a co-founder of the new name Spirit Journey House.

Resident 3 came to Spirit Journey House after five years of chronic homelessness living in the streets of Seattle with three teens, severe domestic violence, drug and alcohol addiction, history of sexual abuse and foster care. After one and half years of living at Spirit Journey House, dealing with CPS on child custody issues, managing PTSD and other trauma, housing was secured and family reunited. Resident 3 overcame street life, maintained sobriety, attended all cultural classes and women sweatlodge resulting in her success as leader for All Home King County Stakeholder meetings. In addition, Resident 3 trained as a wellness advocate for doTERRA Oils in teaching classes to support other Native American women survivors of violence and living a life of sobriety.

Resident 4 came to Spirit Journey House after a year of living on a boat away from son as a survivor of violence with severe anxiety issues in verbal communication. As the current Senior Resident, sobriety is of high importance celebrating her 2nd year, hosting Community Native AA Circles, creating Native

American crafts to raise funding for the homeless and reuniting with her son. Resident secured gainful employment at Amazon with plans to secure housing summer of 2018 and reunite with son.

With all their successes, all four residents began telling their story to others as an inspiration leading the movement of healing in the Native American AA community. The Seattle Times did a story with Spirit Journey House known as the Healing House of Native American women challenged with historical and intergenerational trauma. With the success of healing during their time as residents, remaining in permanent housing will break the cycle and change the dynamics of the homeless Native American community in Seattle who are 7 times more likely to return to homeless due to the trauma caused by the Indian Removal Act of the 70s, residential school and violence against women act.

Due to the loss of a Staff Member at Spirit Journey House, and sickness of the House Elder, challenges did set in with meeting deadlines, securing additional funds for the fiscal year, identifying sponsors for residents for rent. However, existing staff were able to establish a volunteer base to support the program, including an Elders team to keep the cultural informed healing services as a priority until new staff were secured. The program will now receive a lift in services due to the position change from live in house manager to hiring an external Case Manager allowing another bed free for the next cohort.