



Funds Distribution Report

Recipient Organization:

Cocoon House

Address:

3530 Colby Ave
Everett, WA 98201

Contact:

(425) 259-5802
<https://cocoonhouse.org>

Organization's General Goals:

The mission of Cocoon House is to partner with young people, families, and the community to break the cycle of homelessness through outreach, housing, prevention, education, and employment. This mission supports the belief that every young person deserves a home and the opportunity to achieve their fullest potential.

Date of Award:

2024 Q4

Level:

\$7,501 to \$10,000

For more information, please read the attached report from Cocoon House.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

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Cocoon House Update to the Tulalip Tribes
Fall 2025

Cocoon House and our community of young people are incredibly thankful for The Tulalip Tribe and your continued partnership. Your investment in our programs has supported young people as they navigate extreme challenges. We anticipate changes on the horizon, from shifting national priorities, to policy and funding impacts that we will be called upon to manage on behalf of youth experiencing homelessness and their families. We also know the positive impact we can have when we focus our efforts on local solutions.

Despite challenges, Cocoon House has continued to serve some of the most vulnerable youth and young people in Snohomish County. We served nearly 1,600 youth, young people, and their families through our outreach, housing, prevention, education and employment programs in the last year. A few key milestones from the last year include:

- 5,765 visits to our U-Turn Drop-In Center
- 142 youth under the age of 18 provided with emergency and/or long-term housing
- 28 young adults provided with their own apartment, support in signing a lease, maintaining their space, and finding employment opportunities
- 158 families served through parenting classes and seminars, individualized case management, and other prevention services
 - Of families that received Cocoon House prevention services, 100% of youth avoided entering emergency housing
- 146 young people served through education and employment specific case management and support

Cocoon House is incredibly proud of the work we have done as an organization to serve young people. These successes would not be possible without our community partners and your generous investments. We appreciate your support as we continue to support young people experiencing homelessness in Snohomish County.



Cocoon House's newly refurbished U-Turn Drop-In Center that supported 5,765 visits last year!

Healthcare Expansions and Success

In the last year, our programs have noticed incredible impacts from our offered mental and behavioral health supports. Homeless young people face complex issues that differ from those faced by their housed peers or homeless adults. They are more likely to face traumatic situations and have a history of Adverse Childhood Experiences (ACEs) that can have a tremendous impact on future wellbeing. Studies indicate that, in general, the rates for major psychiatric disorders including depression, anxiety, posttraumatic stress disorder, and substance use disorders are higher among homeless youth compared to their housed peers. With this context, we know that supporting young people experiencing homelessness requires care of the whole person. Mental, physical, and behavioral health care are often times difficult for young people to access in the midst of housing instability. With this in mind, Cocoon House has collaborated with multiple community partners to ensure that we are able to provide the lowest-barrier care possible for any young person we serve.

In collaboration with Compass Health, Community Health Center of Snohomish County (CHC), and Snohomish County, Cocoon House has expanded our mental, physical, and behavioral health offerings in our outreach and housing programs. The following services are available to any young person via our U-Turn Drop-In Center:

- Compass mental health professionals are on-site twice weekly
- CHC Nurse Practitioner and/or Physician's Assistant on-site twice weekly
- CHC behavioral health counselor every Wednesday
- CHC dental care once a month
- Snohomish County Sexually Transmitted Infection Clinic available every other Monday

In addition to these drop-in services provided at U-Turn, our Long-Term Under-18 Housing Program, Transitions, also offers a full-time mental health counselor for youth actively involved in the program. This counselor is also provided by Compass Health and offers open office hours, group, and individual therapy sessions for any young person living in Transitions. Other days of the week they are available via phone, text, or in-person meeting at their Compass Health office. The Compass Health Therapist is adored by young people in the program, and has been able to connect with the youth who are the most vulnerable and high-risk. Most recently, a young person named Jacob entered the Transitions program with extreme hesitations toward mental health counselors. Due to a traumatic experience with a previous counselor, he was concerned that there were few options for him to find support from a therapist. Following a few interactions with our Transitions therapist, however, Jacob was able to overcome his concerns, meet with them in a group setting, and finally participate in one-on-one sessions. 95% of all youth served in this program have been/are receiving mental, physical, and behavioral health services, and we are incredibly grateful to our community connections for making this possible.

The Cocoon House Internship Program

In addition to our healthcare supports, Cocoon House continues to emphasize the importance of education and employment services for young people. Because young people experiencing homelessness are navigating the physical, mental, and emotional impacts of housing instability, accessing education and employment opportunities can feel daunting. The Cocoon House Internship Program (CHIP) was designed to remove as many barriers to education and employment as possible for young people in our programs. Working 10 hours/week for 12 weeks, CHIP provides interns



CHIP participants touring Access Laser, a local business in South Everett.

with resume building workshops, interview practice, and application support; CPR and First Aid certifications and support in obtaining a Food Handler's Permit; project management skill-building and practice; and hands-on experiences with local businesses. In total, this program equips young people to apply for, interview for, and ultimately obtain employment in the community. This program and the knowledge it provides for young people is pivotal to our work in breaking the cycle of homelessness, and has helped to ensure that young people are able to thrive even beyond the care of the Cocoon House team. The CHIP had 5 graduates in the first cohort of young people ages 18—24, and has plans to begin the first cohort of under 18-year-olds in the fall.

The Impact of Your Partnership

Cocoon House is incredibly thankful for The Tulalip Tribes and their generous support of our programs. Your investment has ensured that the over 1,600 young people served by Cocoon House in the last year have had access to the housing, basic needs items, case management, and individualized services necessary to find safety and stability. Thank you for your ongoing partnership!

This last spring, for example, your support ensured that a young family was reunited. This family entered the care of Cocoon House after their child, Davin, left the home due to conflict. Davin was out of the home for over a month, couch-surfing and spending time with extended family and friends. Eventually, the family was able to connect with our Family Engagement Specialist and set up a meeting their child. Upon arrival at our headquarters, the family exchanged warm embraces, met with our Family Engagement Specialist, and developed a plan for Davin to return home. Since then, Cocoon House staff have worked with this family as they learn conflict resolution skills, heal their relationship, and continue living together.

Thank you for partnering with us to break the cycle of homelessness! We look forward to the coming year as we continue to support the needs of youth, young people, and families in Snohomish County.