Funds Distribution Report

Recipient Organization: Collide

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Organization's General Goals:

Collide invites people of all ages, stages, experiences, and faith backgrounds, as imperfect or broken as they may be on their journey, to authentically run into Jesus; as He collides with them, they are forever transformed.

Date of Award: 2019 Q2 **Level:** \$500 to \$2,500

For more information, please read the attached report from Collide.



8802 27th Ave NE Tulalip, WA 98271

TulalipCares.org

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TDS-35477



Collide Follow-Up Report May 2020

Last year (June 2019) we requested funding for our Next Steps Program and were able to use the generous **Section** donation to provide more counseling scholarships through our Wholeness and Counseling program and we were able to use some of the funding towards the Next Steps Class expansion project by purchasing a projector for our classes and retreats. We continue to build a strong foundation in our programs and are working on the Next Steps project we wrote about last year in phases as funding has come in. The projection system has been an amazing tool that our teachers have been utilizing. In addition to these classes, we've utilized the projection system for the studies we've hosted with our 30 member team to equip and empower them in their leadership roles. On top of that, it's been very useful to our staff in meetings and presentations as we work hard to grow our organization.

We kicked off our 2019-2020 calendar year strong. Here are some highlights from our classes and workshops we hosted this past year.

 The Reconnect Marriage Workshop brought together 42 people for 2 days of strengthening their marriage with author and psychologist Dr. Steve Call and his wife, Lisa. These instructors utilized the new projection system as they incorporated several helpful videos that participants commented on, which enhanced the overall experience of the workshop throughout the weekend.



- Letting Go of Perfectionism gathered 42 women who came and learned from two
 leading local counselors about the harm we do when we constantly demand perfection
 from ourselves. The women who attended gained valuable and practical tools about
 how to begin to let go of the tendency to be a perfectionist.
- During the *Resolving Conflict* class, 27 men and women were empowered with helpful skills to resolve conflict in various aspects of their personal and professional lives. Mediation and conflict management expert Sarah Murphy-Kangas shared her vast wisdom and knowledge to help attendees find resilience and wholeness in the midst of difficult circumstances. Her use of our projection system was crucial in bringing to life her key teaching points. Without this valuable visual, attendees would not have walked away with as rich of an experience.
- The Battling Lies and Replacing them with Truth brought in 23 women who were able to experience a life-changing evening filled with insight tools and a valuable time of guided meditation with counselor Amy Brandt.

We've had incredible feedback from all the classes and see the power that hosting classes like these is having on the women in our community, including some men who have attended open classes. One attendee shared,

"I really enjoyed attending the *Letting Go of Perfectionism* class. I was inspired by the insight and grace that was shared from the speakers. To imperfectly let go of the should and should



nots, and the overly high expectations I hold myself to, that only leave me with shame when I am not able to perform perfectly. It was a good reminder to rest and to be okay with who I am and who God has made me to be."

Another couple shared their experience at the *Reconnect Marriage Workshop*, "We went to the Marriage Workshop to gain tools to strengthen our relationship. Not only did they provide tools to use, but also additional concepts on how to approach different communication styles and the impact of individual upbringing."

We were on track to hit our goal of 9 classes per year, but due to the global COVID-19 pandemic and the subsequent government restrictions and our dedication to playing our part in keeping our community safe and healthy, we had to cancel a few classes and reschedule our *Women of Impact Symposium*. This symposium was created to empower, inspire and equip women with a leadership platform in business or ministry to increase their impact. During this event, women will be learning from other women leaders about how they overcame key challenges and found new strategies to help them create meaningful impact. The symposium has been rescheduled for September 25 & 26th and we will offer it online to reach even more leaders in the Pacific Northwest. As we've faced the restrictions with COVID-19, we've had to get creative and innovative in the ways we seek to support and reach our community.



The projector was an enormous help as teachers were able to share graphics, videos and charts to enhance their classes. Teachers were able to introduce material in an inviting and more engaging way, which helped reach people across a wide spectrum of learning styles. This valuable tool also helps us attract quality teachers who see we have the capacity to support them with their teaching.

As we move into the next phase of this program, the recording equipment we purchased will allow us to preserve valuable teaching and make it available to more women. We are able to re-share recorded content on our podcast and we can even send valuable leadership lessons to staff and ministry team members who have to miss a training. We can also use recordings to help teachers improve their teaching skills by listening to their class.

In the past year, we've continued to support women through our Wholeness and Counseling program. We are firm believers in the benefits of mental health counseling and its help in creating and sustaining healthy relationships and families. A key component to that program is the financial help we offer women to help pay for counseling. We have women coming to us from all walks of life, women outside the church and women who otherwise wouldn't get help if we didn't provide it. This is a quote from a participant who utilized our counseling scholarship program.

"My husband and I got married August 12, 2016 after 3 years of dating. We knew we did not want to wait long before starting a family. On September 19, 2018 we got the best news of our lives, we were finally pregnant after struggling a little over a year with infertility issues. We eagerly prepared and waited for the arrival of our beautiful little girl. May 17th was the worst



day of our lives. This is the day that the doctor walked in and told me "I'm so sorry but we can not find a heart beat." This is the day that we found out that we lost our little girl. May 18th is my daughter's birthdate and her day of death. Suddenly I found myself picking out funeral homes and recovering from a c-section, I found myself in the depths of postpartum while having to deal with the grief of losing my daughter. So many emotions that I did not know how to handle but I was lost as to what to do about it. This is when I reached out to collide to seek a counselor. Counseling became a place where I could talk about my feelings without judgment or without being concerned that I was hindering the healing that my husband was trying to do. This is were I found a safe place to work through my grief and try to find healing and forgiveness with myself."

We continue to see life change through our events, conferences, Bible study books, retreats, podcast episodes, blog posts, leadership development program and classes. We are grateful for the stories of healing and transformation that we are hearing. In addition, we look forward to continuing in our work and are thankful for the generosity you have shown us in providing a grant. We wouldn't be able to do what we do without partnerships like yours. Together we are making a positive impact in the lives of our communities and spreading a message of hope and love.