



Funds Distribution Report

Recipient Organization:
Crohn's & Colitis Foundation

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7683 SE 27th St, #496
Mercer Island, WA 98040

Contact:
(425) 451-8455
<https://www.crohnscolitisfoundation.org/chapters/northwest>

Organization's General Goals:
The Crohn's & Colitis Foundation is a non-profit, volunteer-driven organization dedicated to finding the cures for Crohn's disease and ulcerative colitis.

Date of Award:	Level:
2021 Q1	\$2,501 to \$5,000

For more information, please read the attached report from Crohn's & Colitis Foundation.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org

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2022 Camp Oasis Report

Prepared for Tulalip Tribes Charitable Fund
December 2022



After two successful years of Virtual Camp Oasis, the Crohn's & Colitis Foundation was thrilled to be able to safely offer in-person Camp again in 2022. The Foundation also offered CampOasis@Home – a virtual component that allowed campers who were unable to attend in-person to experience this program that continues to change lives year after year. In 2022, we served 761 campers across 11 on-site residential camps throughout the country and through CampOasis@Home. This included 74 children from the Northwest Chapter. Over 60% of Northwest Campers participated in the program for the first time.

For many children who spend weeks at home or in the hospital as a result of their symptoms, disease relapses, treatments, and surgeries, Camp Oasis has a transformative impact on their quality of life and ability to manage their disease. The friendships and community the program offers year-round continue to be critical for children and teens to feel empowered and supported on their disease journey.

We are pleased to share an update from our 2022 Camp Oasis season. Your grant was especially meaningful, as it supported our return to in-person sessions and allowed us to meet the needs of children living with IBD.

Use of Funds

Your generous grant allowed the Foundation to safely offer the Camp Oasis program and CampOasis@Home. The goal of Camp Oasis is to enrich the lives of children with Crohn's disease and ulcerative colitis by providing a safe and supportive summer program experience. Serving children and teens with IBD across the country, Camp Oasis addresses the wide range of physical, emotional, and psychosocial challenges faced by pediatric patients. It is unique in its environment of self-empowerment, the special qualifications of volunteers and staff, and the programming which enables the vocalization of the campers' struggles and fosters their independence.

"My favorite part about Camp is that it feels like a family. Camp makes me feel empowered and loved!"



Individuals Served: The 2022 Camp Oasis program served 761 children and teens, including 576 at 11 in-person camps. For more than half of the residential campers, it was their first experience attending in-person camp. 17% of campers were in Leaders in Training, a special leadership development program for Camp Oasis's oldest teenagers. 51% of all campers were high school students, and 12% of campers were 5th graders or below. Additionally, 185 campers from 36 states, Puerto Rico, and Canada participated in CampOasis@Home, which took place over five days and 11 sessions.

Nearly half of all campers had a behavioral or mental health diagnosis, with anxiety being the most common diagnosis by far. These findings confirmed the importance of having mental health providers at each camp site who help to screen and manage camper issues and train other staff to appropriately support campers with their needs.

Volunteers: Each year, Camp Oasis relies on hundreds of volunteers to develop, organize, and manage the program. In 2022, over 350 volunteers, most of whom specialize in the care of pediatric IBD patients and/or are IBD patients themselves, donated their time. The Northwest Chapter partnered with Drs. Uma Pisharody and Namita Singh as camp co medical directors. All counselors have experience working with kids and go through a rigorous application and interview process. Many are returning volunteers or past campers. These volunteers serve as positive role models for the campers by showing that they too can lead healthy, active, and independent lives.

Programming: Camp Oasis provided an exciting program designed for both groups and individuals, offering a wide variety of activities. Specifically, the Northwest Camp offered paddle boarding, swimming, gaga, arts & crafts, rope course and much more. The schedule allowed campers plenty of time to relax, get to know one another, and share the best medicine of all – laughter and fun. Importantly, campers learned that the way they feel psychologically, physically, and socially is normal for anyone coping with IBD. Being part of a peer group that shares the same experiences eliminates alienation and feelings of hopelessness.



"I want to come back to Camp Oasis, because I feel at home and can be with people who understand me! Because of Camp I feel like I can do anything!"



CampOasis@Home programming took place from June 26-30 and maintained the spirit of in-person camp. It was centered around the same goals of facilitating connections, decreasing isolation, and providing fun. Campers participated in gameshows, arts and crafts, IBD education, magic sessions, and cabin chats.

Additionally, we hosted several virtual New Parent and New Campers sessions, which helped to integrate new Camp families into the Camp Oasis community. Especially after the last few challenging years, we recognize that this community is more important than ever for children and teens with IBD. Therefore, year-round efforts are planned to sustain this impact, including a holiday event and an alumni network.

Impact of Camp Oasis: The results of the post-program survey of campers, parents, and volunteers point to the significant impact that Camp Oasis had on the participants. When asked to observe short-term outcomes, the highest rated areas on a 4-point scale for campers in 2022 were related to the camp staff (average 3.84) and programming (3.60). Of the short-term outcome achievements, the best scored areas were fun (3.89), feeling supported (3.86), and making a friend (3.91). Increased openness with friends and comfort with doctors were the most commonly cited changes when comparing campers before and after camp.

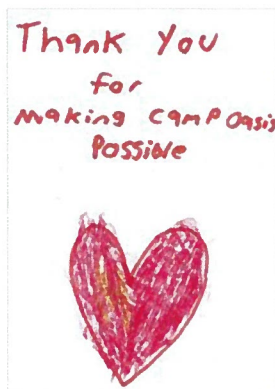
Parents also marked camp staff (3.91) and programming (3.88) as their highest rated areas and identified safety (3.97), fun (3.92), and feeling supported (3.91) as high scoring categories. 99% of parents reported Camp Oasis as having a positive impact on their child's life, with more than half calling it "life changing."

Overall, the return to in-person programming brought meaningful experiences to both new and returning campers, helping address issues that emerged due to the pandemic. Camp Oasis successfully delivered on key program components, leading to positive outcomes, and creating a life-changing experience for the vast majority of participants.

New Travel Stipend Program: In 2022, the Foundation created a new travel stipend program to support families with the costs of getting their child to camp. Those for whom the Camp Oasis group bus service was not accessible, and if a family had to travel more than 100 miles one way, they were supported with a travel stipend. This proved to be a critical program this summer more than ever, with increased costs of gas and flights.

With the support of our generous donors, we were able to support 41 campers with flight assistance and provide 136 families with ground stipends. Overall, 42% of campers applied for and received assistance with travel costs.

As one camper parent wrote, the program was instrumental to her daughter's disease journey: *"The increased burden of medical expenses had become more than we were financially able to manage. Without the stipend our daughter would not have been able to attend Camp Oasis which has been an instrumental piece in her healing."*



Thank you

As we move ever closer to realizing our vision of a future without Crohn's and colitis, we recognize that our ability to serve children and teens living with IBD is enabled by the spirit and generosity of our many supporters like you. We remain committed to our mission to cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases. Thank you for your partnership and for investing in the lives of children and teens with IBD.

Northwest Local Contact

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Dear Marilyn and Tulalip Tribes Board of Directors,

As we wrap up 2022, a year full of transitions for the Foundation and the Northwest Chapter, we are grateful for your support of the Crohn's & Colitis Foundation and our Northwest Camp Oasis program. As a volunteer led health charity, our constituents and patients are at the core of the work we do, and our supporters are critical to our success.

I'm pleased to share with you our 2022 Camp Oasis program wrap up report **thank you** for being a part of this success! This year was a critical year for the Camp Oasis program. We saw a return to in person programming for the first time since 2019. We continued to partner with YMCA Camp Colman in Longbranch, Washington as our host site. We also continued to work in partnership with Swedish and Seattle Children's Hospital to ensure campers medical needs were met.

And while this year posed unique and new challenges due to the ongoing concerns around COVID-19, we are thrilled to share that we served 74 youth through the in-person program this year.

Thank you again for your ongoing support of Camp Oasis and the Crohn's & Colitis Foundation! We look forward to continuing our partnership in 2023 and serving even more kids with Crohn's disease and ulcerative colitis.

Sincerely,



Jennifer O'Connor
Regional Director

Thank you so
much for your
support in 2022! Hope
your new year is off to
a great start.