



TulalipCares.org

Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Eastside Friends of Seniors

ADDRESS: 1121 228th Ave. SE., Sammamish, WA 98075

CONTACT: (425) 369-9120; <https://www.eastsidefriendsofseniors.org/>

GENERAL GOALS: We are a dedicated team of trained volunteers and professionals providing vital support and assistance to seniors facing the challenges of aging. We provide direct service primarily to greater Issaquah and Sammamish.

SPECIFIC USE FOR THIS AWARD:

This award was used to support operations and programs provided to seniors.

For more information please read the attached report from Eastside Friends of Seniors.

Eastside Friends of Seniors

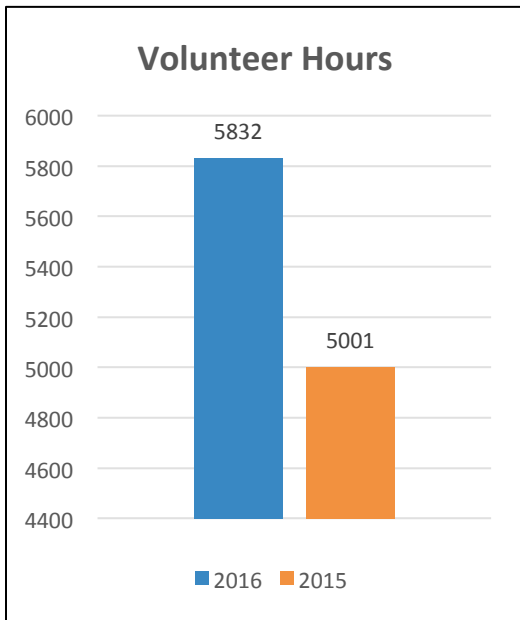
2016 Impact Report



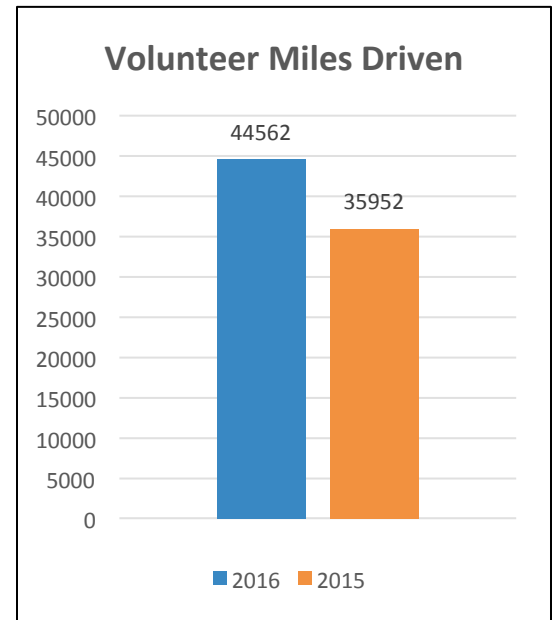
“I was a stranger and you brought me into your community and helped me to get acclimated and find resources which have made my life interesting and fun. You gave me a friend, Crystal, who with her children, have delighted me and provided me with interesting insights. You are part of that for which I am thankful...Thank you.”

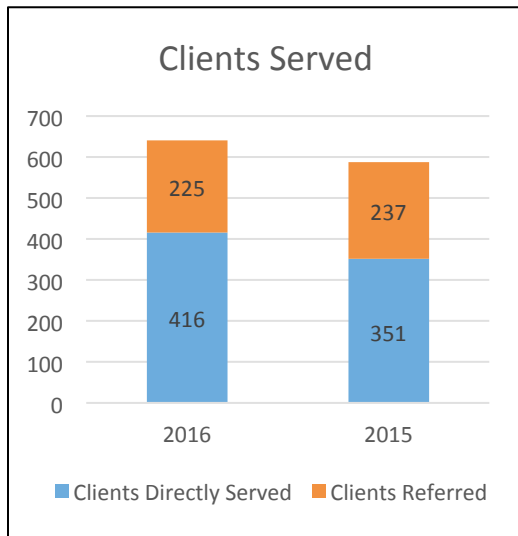
- *An Eastside Friends of Seniors Client*

2016 was a year of great growth for EFS-- in service hours, volunteers and number of seniors served. Through our work, and that of our exceptional volunteers, we have helped keep the elders in our community healthy, safe, socially engaged, and independent.



In 2016, EFS volunteers donated 5,832 hours (16% increase over last year) and drove 44,562 miles (24% increase over last year) to ensure that 641 seniors struggling with the challenges of aging could live engaged and independent lives, with dignity.





The 641 elders (including 225 referrals) who were helped in 2016 is an increase of 9% over the 588 elders served in 2015.

Volunteers provided wonderful support to our seniors throughout the year with:

- 1,285 rides to medical other appointments
- 1,962 “Friendly Visits” that lessened social isolation and depression
- 135 Housekeeping, Handyman and Yard activities to help keep the elders safe and to preserve their homes
- 313 Shopping Trips for basic needs of food and clothing
- 225 Referrals to other services that can help
- 95 in-home assessments and reassurance calls
- 28 baskets of holiday cheer and warmth for the most vulnerable and isolated seniors



Our growth has been due in large part to the generosity of corporations, individuals and organizations like the Tulalip Tribes. We truly appreciate your commitment to helping EFS mitigate the factors of aging to ensure that our elders can remain in their homes safely and with independence.

Many thanks to Tulalip Cares!