

# Funds Distribution Report

---

**Recipient Organization:**  
**Elizabeth Gregory Home**

**Address:**  
1604 NE 50th St  
Seattle, WA 98105

**Contact:**  
(206) 729-0262  
<https://eghseattle.org>

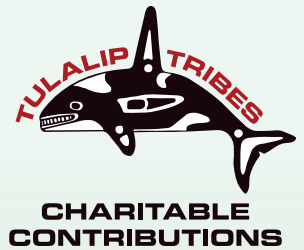
**Organization's General Goals:**

Elizabeth Gregory Home (EGH) serves single homeless and at-risk women in the greater Seattle area by providing transitional housing, a Day Center and case management services.

---

<b>Date of Award:</b>	<b>Level:</b>
2020 Q3	\$2,501 to \$5,000

For more information, please read the attached report from Elizabeth Gregory Home.



8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.



March 17, 2022

Marilyn Sheldon, Director  
Tulalip Tribes Charitable Contributions  
8801 27<sup>th</sup> Avenue NE, Tulalip, WA 98271-9694  
(360) 716-5000  
[msheldon@tulaliptribes-nsn.gov](mailto:msheldon@tulaliptribes-nsn.gov)  
[www.tulalipcares.org](http://www.tulalipcares.org)

Dear Ms. Sheldon and the Tulalip Tribes Charitable Fund,

We are grateful for the Tulalip Tribes Charitable Fund's commitment to Elizabeth Gregory Home (EGH). Your support has helped us weather the uncertainty of the past several years and continue to be a source of food and shelter as we serve women experiencing homelessness with compassion and respect.

The Tulalip Tribes' [REDACTED] grant in 2021 was directed to meeting the essential nutrition needs of low-income women experiencing homelessness by serving meals, offering more nutritious food options in our food bank, providing a space for women to cook their own meals to accommodate cultural or dietary preferences or needs, and mentoring. With your support, EGH had expected to be able to feed 620 women, enable 50 women to cook their own food, provide 20,000 meals, distribute 40,000 pounds of food, enable 20 women to practice planning and preparing food for group meals, and offer nutrition education classes to our transitional housing residents. Although the pandemic reduced the number of women we saw and delayed the opening of our revamped kitchen, in the past year we still supported 459 women to improve nutrition and build stability in their lives:

- Women received 12,846 nutritious meals through breakfasts, lunches, snacks, and after hours food
- More than 450 women were fed through meals eaten in our facility, packaged to-go meals for consumption elsewhere, or food bank items for women to prepare food offsite
- We accommodated women's specific cultural and dietary needs when requested.

Delayed construction and supply chain issues lengthened the timeline for our kitchen renovation, which meant we were not able to support as many women to cook their own food or start planning group meals as we had hoped. We expect to be able to occupy the dining

space in our new commercial kitchen in March or April 2022 and appliances will be installed in summer/fall 2022. At the time this report is being submitted we are already making plans to offer a Client Meal Preparation Program that utilizes the EGH kitchen for women to prepare their own meals while gaining skills around food safety. This program will be implemented once our new dining space has opened. Food is critical for daily survival, and it is also a way for us to demonstrate our care for the women we serve. Dorothy, one of the women who has been visiting our day center and recently moved into her own apartment, said, *“I remember eating out (of) the trash and this guy had some bread under the freeway and we shared that. And to go from those moments into having as much food as you could possibly want, it feels better.”*



In addition to the nutrition programming that was the focus of Tulalip Tribes Charitable Fund’s grant, we also met other needs for women experiencing homelessness. Our day center program is a welcoming space to access services tailored for women living on the streets or in shelters. Instead of traveling to multiple locations, women have what they need at our North Seattle center. This builds stability and community so that women can focus on the services offered by our partner providers that address their unique needs. We served more than 450 women with immediate basic needs and long-term support to focus on stability and self-reliance:

- Women received essential services, including 4,757 clothing items, 885 loads of laundry, 2,724 showers, 356 telephone uses, 1,228 computer uses, 779 mail receipts, 7,652 bus tickets, and 20 IDs in one safe location
- 11 women focused on recovery from their trauma and built community in our transitional housing
- Our care team completed 233 intake appointments and 344 case management meetings to help women define their obstacles and goals

We also helped women on their path to self-sufficiency through living wage jobs and independent housing by doing the following:

- Provided 53 women with housing referrals so they could pursue stable, independent living situations
- Helped with applications and placements to settle 15 women into permanent housing
- Worked side-by-side 39 women on employment activities, leading to 13 clients gaining employment in 2021

EGH's programs have benefited women like Marcia, a mother of three sons. Marcia was born in Brazil and came to the United States when she was 19 years old. After raising her children she found herself in debt, which led to homelessness. Marcia would spend nights with friends or in a shelter, and come to EGH during the day to do laundry, shower, and receive meals. Marcia never thought she'd be experiencing homelessness in her 70's, and it was a significant challenge both physically and mentally: *"I would come in here and at times I was shaking I was so hungry. . . . the basic thing is food to give you energy, to even be able to function psychologically."*

The nourishment, connection, and care management Marcia received at EGH helped give her the strength she needed to access low-income housing. Even with her own space, Marcia continues to visit EGH's Day Center for the community it provides. Connecting over meals is an important element of this community, and we're honored to be able to create this at our center.



EGH embodies our core values of respect, inclusion, community, and empathy in all of our interactions with the women we serve, and we're honored to stand beside them and offer essential services like food and meals as they pursue their goals. We're also grateful for the supporters like the Tulalip Tribes who stand beside us and provide the resources to do this important work. Thank you for your support and partnership.

For further information, Elizabeth Gregory Home's URL is <https://eghseattle.org/> and the reference number for this report is Q3 2020 14.2.

Sincerely,

Mary Duncan  
Elizabeth Gregory Home  
[mduncan@eghseattle.org](mailto:mduncan@eghseattle.org)  
206-729-0262, Ext 1006  
1604 NE 50th Street  
Seattle, WA 98105