

Funds Distribution Report

Recipient Organization:
Empower Youth Network

Mailing Address:
PO Box 910
Carnation, WA 98014

Address:
31951 E Bird St
Carnation, WA 98014

Contact:
(425) 333-6614
<https://empoweryouthnetwork.org>

Organization's General Goals:
Empower Youth Network works alongside students, families, schools, and community organizations across the Snoqualmie Valley in Washington state to create lasting impact. From preventing youth suicide and substance use to providing mentoring, career exploration, family resource coordination, community education, and addressing food insecurity, our work is driven by trust, collaboration, and a deep commitment to the well-being of every young person in our community.

Date of Award:	Level:
2024 Q2	\$500 to \$2,500

For more information, please read the attached report from Empower Youth Network.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

Dear Tulalip Cares,

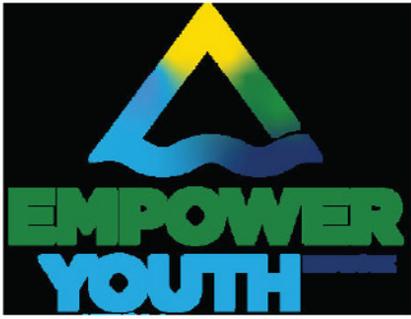
On behalf of Empower Youth Network and the Snoqualmie Valley youth and families that we serve, I am writing to express our gratitude for the generous grant of \$ [REDACTED] to support our general operations. Thank you once again for your belief in our mission and your invaluable support. Rooted in suicide prevention, we provided programming in 2024 that impacted over 10,000 youth and adults throughout the Snoqualmie Valley. We are truly grateful for the opportunity to collaborate with Tulalip Cares in our shared commitment to empowering the next generation. Please see our 2023-24 School Year annual report below for more on the impact of your contribution.

Find more information about our work at www.empoweryouthnetwork.org

With my deepest gratitude,

A handwritten signature in black ink that reads "Max Harrison". The signature is written in a cursive, flowing style.

Executive Director
Empower Youth Network



2023-2024 Annual Report



A Note from our Executive Director:

This past year has been one of transformation, growth, and renewed commitment to our mission. In May, at our annual Gala on May the Fourth, we marked a historic moment as Laura Smith, our tenured Executive Director of 20 years, passed the EYN lightsaber—both literally and figuratively—to me. Taking on this role after two decades of Laura’s visionary leadership was an honor, made possible only through the meticulous planning and dedication of our staff and our board over the preceding 18 months.



Empower Youth Network has always been rooted in connection. For 28 years, we’ve worked alongside students, families, schools, and community organizations across the Snoqualmie Valley to create lasting impact. From preventing youth suicide and substance use to providing mentoring, career exploration, family resource coordination, community education, and addressing food insecurity, our work is driven by trust, collaboration, and a deep commitment to the well-being of every young person in our community. In 2025, we’re extending our commitment to the adults and families who help shape the lives of our youth, fostering a stronger, more connected Snoqualmie Valley.

The lightsaber may have changed hands, but the force of this network—the energy of this community—has never been stronger. I’m endlessly inspired by what we’ve accomplished together and excited for the journey ahead.

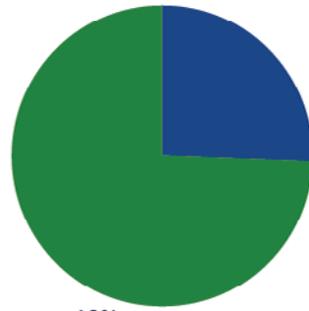
With gratitude,

Max Harrison

2023 Financials

Support & Revenue

\$1,290,235 Total Revenue

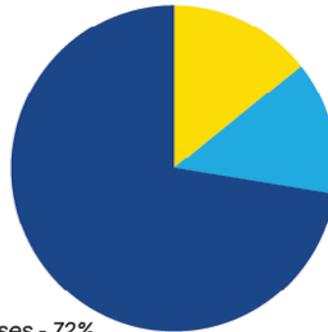


Government Grants - 62%
\$797,936

Corporate/Foundation & Individual Donations - 21%
\$274,898

Expenses

\$1,274,092 Total Expenses



Program Expenses - 72%
\$923,180

Fundraising Expenses - 14%
\$181,773

Management & General Expenses - 13%
\$169,139

**This data reflects the 2023 budget year 1/1/23 - 12/31/23 as reported in the annual Form 990.*

Program Highlights - 2023/24 School Year Youth Suicide Prevention

How to Help a Friend

1,658 middle school students in RSD and SVSD received the How to Help a Friend Suicide Prevention Training, provided by **12** high school trainers.

#BeKindSV

Each city and both school districts (North Bend, Snoqualmie, Carnation, Duvall, SVSD, and RSD) proclaimed November as Kindness Month. **500** students & community members signed the #BeKindSV pledge to promote kindness in their community.

Youth Substance Use Prevention

3,168 students exposed to Substance Use Prevention messaging and materials, **954** RSD students and **2,214** SVSD students. EYN staff interacted with students at tabling opportunities during lunch and school events and presented in classrooms as well.

-At Cedarcrest High School the #BeSmartDontStart campaign helped educate students on the impacts of various substances including alcohol, vaping, and marijuana.

-At Mount Si High School, graphic design classes helped generate campaign materials for #YourLifeYourChoice.



Program Highlights - 2023/24 School Year

Youth Success Mentoring (YSM)

166 adult/student matches met 4,307 times, with a 93% voluntary match retention rate. Matches were provided in all 17 schools between both districts. YSM was also recognized as a National Quality Mentoring Gold Partner for 2024-2027.

Youth Engagement

297 youth attendees at free events including Ice Skating, Laser Tag, Bowling, Trail Clean Up, Painting, Gift Basket Making, Open Mic Night, Summer BBQ, Art in the Sun, and more.

Pathways to Employment Success

Over 35 students went on tours to Cascadia College, the Gates Foundation, Genie Industries, Snoqualmie Valley Health.

25 Job Skills Institute Workshops were provided between both districts. Local business collaboration launched the **Valley Innovation Project** event at Remlinger Farms.



Program Highlights - 2023/24 School Year

TRACE Care Team

40 families - including 51 adults and 104 youth - were provided with resources and support in times of hardship and crisis.

Weekend Power Packs

5,760 weekend food packs were delivered to youth experiencing food insecurity in the Riverview School District.

Community Campaigns

Needing Help is Human and *Necessitar Ayuda Es Humano* are campaigns that empower community members to seek support and resources.

It Starts with You is a campaign that encourages adults to model healthy choices and communication.

These campaigns included 1,214,166 combined social media impressions and presentations and tabling at 11 school and community events.



Program Highlights

Community Outreach & Caregiver Education

Key Leaders Summit (KLS)

130 attendees gathered around the topic of Building Connection in the Digital Era and explored the impacts of technology on youth. Attendees included a youth panel, representatives from schools, businesses, and peer human services organizations.

Healthy Community Coalition (HCC)

HCC meetings averaged 21 attendees monthly. Guest presenters included Hopelink, Consejo Counseling, CarePoint Clinic, and WA Department of Commerce.

Behavioral Health Collaborative (BHC)

Fall '23 Retreat | 40 attendees focused on Transforming Behavioral Health in Rural Communities throughout the Snoqualmie Valley.

Spring '24 Retreat | 45 attendees focused on Exploring Trauma, the impact to rural & Latine communities, and how to work collaboratively to address the issues.

Hidden in Plain Sight (HIPS)

55 attendees at HIPS that received education on the signs of substance use and declining mental health in teens.

Youth Mental Health First Aid (YMHFA)

EYN offered free trainings in the Snoqualmie Valley to help adults learn how to support youth struggling with mental health.



Get Connected!

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Subscribe to our monthly newsletter to stay updated.



Learn more about Empower Youth Network at empoweryouthnetwork.org.

2024 Board of Directors

Molly Jensen, President

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Chris Hawkins

Erica Healy

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Jeremy Johanson

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Dr. Susan Leach

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