



Funds Distribution Report

Recipient Organization:
Everett Recovery Cafe

Address:
1212 California St
Everett, WA 98213

Mailing Address:
PO Box 2373
Everett, WA 98213

Contact:
(425) 258-5630
<https://www.everettrecoverycafe.org>

Organization's General Goals:
The Everett Recovery Cafe is a safe place for individuals to define and pursue their healing and recovery together. Anyone is welcome to visit the Café as a guest for the day. The only requirement we ask is that anyone entering the space be 24 hours drug and alcohol free.

Date of Award:	Level:
2020 Q2	\$7,501 to 10,000

For more information, please read the attached report from Everett Recovery Cafe.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org



Recovery Café

— Everett —

Dear Tulalip Tribes Charitable Fund,

December ~2020

Greetings from the Café ~ ! Thank you so much for your generous donation of [REDACTED]. Your gift comes at a critical time for our vulnerable populations. The transformation and healing that comes from a supportive community is more difficult through remote operations. Isolation is taking its toll. The Washington State Department of Health estimates that 50% of people with a mental health condition will develop a substance use issue during the pandemic. And vice versa—50% of people with a substance use issue will develop a mental health condition during the pandemic.

Words from a member:

Covid-19 affected my depression, sadness, loneliness, and uncertainty of what the future holds. I have heard of a lot of relapses. A co-worker overdosed and was found three days later. In the beginning treatment facilities shut down. They were not taking people.

It's hard to be of service anywhere, at meetings and at the Café. Everything is closed. I used my time to reach out for sponsorship in a 12-step program, read more and work on my recovery after I heard of all the relapses.

The community I built before Covid-19 helped me through it. I attended my Circle every week on zoom. I contacted my Recovery Coach weekly, in some cases daily when I was experiencing emotional rollercoasters. The Café has done so much for me. My work hours got cut. I would go into the Café periodically to pick up my gas vouchers. It was awesome to see the Café passing out sack lunches to people in the community.

Today I am doing good. The sun is shining and it's nice to get outside.

The Café is operating remotely for the next weeks, and soon will slowly start to re-open to recovery coaching and Recovery Circles on site. Our new space is near completion! We are so grateful for your help to do this work! We couldn't do it without you.

With gratitude,

Wendy Grove
Founding Director
Everett Recovery Café