



TulalipCares.org

Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: FamilyWorks

DATE OF AWARD: 2017 Q2

ADDRESS: 1501 North 45th Street, Seattle, WA 98103

CONTACT: (206) 694-6727, <http://www.familyworksseattle.org>

GENERAL GOALS: FamilyWorks, a food bank and family center, nourishes and strengthens individuals and families by connecting people with support, resources, and community.

SPECIFIC USE FOR THIS AWARD:

This award went towards programs and operational expenses.

For more information please read the attached report from FamilyWorks.



March 28, 2018

1501 N. 45th St. Seattle, WA 98103
(206) 694-6727 Fax (206) 694-6777
www.familyworksseattle.org

Ms. Marilyn Sheldon, Director
Tulalip Tribes Charitable Contributions
8802 27th Avenue NE
Tulalip, WA 98271-9694

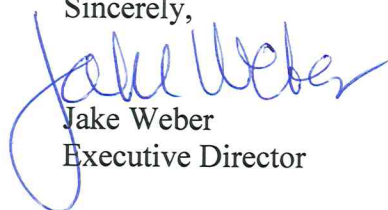
Re.: Report for Q2 2017 14.2 grant

Dear Ms. Sheldon:

Thank you for the generous support of Tulalip Tribes Charitable Contributions for FamilyWorks. With your help, more than 4,900 children and adults were able to participate in FamilyWorks' food and family support programs during 2017. Over the past year, FamilyWorks expanded our programs in order to help people throughout North Seattle become more resilient and meet life's challenges. Our one-on-one individual and family advocacy services are now available at our Wallingford family resource center five days a week. Our second food bank, the Greenwood Food Resource Center, served more than 450 households in its first year.

I am pleased to enclose a report on FamilyWorks' services last year. If you have any questions, please contact me at jakew@familyworksseattle.org or 206-694-6726.

Sincerely,



Jake Weber
Executive Director

Encl.: FamilyWorks' 2017 repor

2017 Report

FamilyWorks

Family Resource Center & Food Banks

During 2017, more than 4,900 children and adults participated in FamilyWorks' food and family support programs:

- 3,256 children and adults were provided with nutritious food through our food banks in Wallingford and Greenwood, home delivery program for homebound seniors and disabled adults, weekend Power Pack program for students at three neighborhood schools, and Snack Pack program for children living at a North Seattle family shelter. This is an increase of 10% over the number of individuals served during the previous year.
- 43,298 food bank visits and grocery deliveries were made.
- 42% of food bank survey respondents said the food banks helped them to save money so they could pay for other needs such as household bills; 18% said it helped them to eat more healthy food, and 16% said it helped them to skip fewer meals.
- 1,653 individuals participated in our family resource center programs including parenting classes and workshops, parent/child programs and field trips, computer tutoring, and employment counseling.
- We expanded our Family Advocacy program to five days a week, and provided 958 instances of one-on-one assistance and support, in English and Spanish, to individuals and families.
- 99% of family resource center survey respondents said that they had improved individual and family overall physical or behavioral health, and 100% said that they had improved individual and family skills related to parenting and family interactions.
- 30 young parents participated in the Teen Parent Program; of 16 participants who were eligible to be measured and completed surveys, 100% improved their connections to their communities, and 100% strengthened their parenting skills.
- 551 volunteers contributed 9,338 hours in our food banks and family resource center.
- FamilyWorks engaged in strategic planning, and assessed the need for expanded food bank and family support services in the Greenwood and North Aurora corridor community by consulting with families and with other service providers.



Thank you for helping to make this work possible. We are honored by the generosity of people throughout our community, and excited about continuing to grow to meet community needs.