Funds Distribution Report

Recipient Organization: Free Range Health

Report Address: 6128 96th St NE Marysville, WA 98270

Updated Address: 1242 State Ave, Suite I, PMB #149 Marysville, WA 98270

Contact: (425) 419-7033 https://freerangehealth.org

Organization's General Goals:

A nonprofit charity providing access to low-cost acupuncture and East Asian medicine to underserved individuals and communities.

Date of Award: 2020 Q4 **Level:** \$2,501 to \$5,000

For more information, please read the attached report from Free Range Health.



8802 27th Ave NE Tulalip, WA 98271

TulalipCares.org

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Tulalip Tribes Grant Project Report: Q4 2020 14.2

Thank you so much for your continuing support and generosity in helping to create affordable and effective traditional wellness services for seniors in Snohomish County. The grant arrived at a critical time for our organization as we began the process of re-opening our clinics and welcoming back our long-time patients.

In addition to all of the additional precautions needed to protect patients from COVID, we launched our new patient registration and electronic health records system. As with all new technology, the first months of operation were devoted to helping patients learn to navigate our system and become comfortable with the new processes.

Your grant funding was a great help in allowing us to offer scholarships to patients during this critical learning phase. The scholarship funding provided an incentive for our elderly patients to try our services and use our technology while we worked out the kinks in a real-world setting.

We are still working to get back to our pre-pandemic capacity. This generous grant gave us a much needed boost in that direction, and it helped to introduce the wonders of traditional wellness to a great group of older adults after a long period of isolation.

Project Impact

Your support for our project this year allowed us to begin offering services to a small number of people in alternate settings until the senior center host sites were able to re-open. In addition, their participation increased awareness of our program, which helped to speed up enrollment by other senior center members. This has helped to generate more demand, and we are seeing our weekly appointments beginning to fill.

Recipient Demographics

Age Range:67 – 95 yearsGender:Female 78%Male 22%Employment Status:Retired: 89%Working: 11%Ethnicity:White: 89%Hispanic: 11%

As of this report, we have re-opened 2 of our host site clinics at the Snohomish Senior Center and the Stilly Valley Center. Enrollment is continuing to increase, and we are beginning to see the amazing benefits of unlimited access to traditional wellness services for our senior patients.

Thank you, Tulalip Tribes!

Pictures from our Stilly Valley Center Host Site Clinic

