



Funds Distribution Report

Recipient Organization:
Friends of Youth

Address:
13116 NE 132nd St
Kirkland, WA 98034

Contact:
(425) 869-6490
<https://friendsofyouth.org>

Organization's General Goals:
Since 1951, Friends of Youth has been helping young people in challenging circumstances get their lives back on track.

Date of Award:	Level:
2017 Q2	\$2,501 to \$5,000

Specific Use for This Award:
For more information, please read the attached report from Friends of Youth.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org



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Kirkland, WA 98034-2306

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May 23, 2018

**Marilyn Sheldon, Director
Tulalip Tribes Charitable Fund
8802 27th Avenue NE
Tulalip, WA 98271**

RE: Impact Report for Q2 2017 14.2 (New Ground Everett)

Dear Ms. Sheldon,

Friends of Youth is grateful for our partnership with the Tulalip Tribes and for your support of New Ground Everett. At New Ground Everett young adults find both safe housing and supportive services so they can develop the skills they need to permanently exit homelessness and reach their full potential. With your support, in 2017 New Ground Everett increased the safety and wellbeing of 29 young adults (18-21) experiencing homelessness in Snohomish County.

In recent years, our program has grown and adapted in response to the needs of young people in Snohomish County. In January 2017, Snohomish County's annual Point-In-Time Count revealed that out of 50 homeless young adults surveyed, 96% had slept outside or in a vehicle the previous night. Homeless young people face many challenges, including geographic isolation, limited access to public transportation, and financial instability. They are at high risk of family crisis, physical and sexual abuse, chronic mental health issues, physical illness, and commercial sexual exploitation and trafficking

New Ground Everett is the only transitional housing program serving young adults in Snohomish County. We offer 12 units of transitional housing, where residents may stay for up to 18 months in shared, two-bedroom apartments. All eligible clients are single, between the ages of 18 and 21, with incomes less than 30% of the area median income. Prior to entering the program, residents are either living on the street, in a camp, at a shelter, or "couch surfing" in a temporary living arrangement.

The young people we serve face substantial barriers to finding stable employment and housing. Many come from families where they were abused or neglected and as a result they distrust adults and authority figures. Many become homeless after aging-out of the foster care system and are unprepared to live independently and support themselves financially. They often struggle with substance use, mental health issues or



criminal histories that impact their ability to obtain employment. Most have no work experience and have not yet completed their high school education. We recognize that long-term success in housing and employment are interconnected. Accordingly, our clients work with both an individual Case Manager to achieve life skills and permanent housing goals and an Employment Specialist to develop the skills they need to successfully maintain good jobs. Our Employment Specialist completes an assessment of each resident's job readiness, training interests, education level, and life skills. They then work closely with the resident to develop goals and action steps toward a living wage job, vocational training, or college-level education focused on high-demand jobs.

Program outcomes, results and progress

We measure our impact based on two key outcomes:

Outcome 1: Clients who exit our program will move into safe and stable housing. Success is measured by moving from New Ground Everett to a safe and stable residence. Our target is that 65% of our clients will exit to safe, stable housing and we have consistently met, or exceeded, this outcome.

Outcome 2: Clients will meet a majority of their self-sufficiency goals (e.g., housing, education, employment) as outlined in their Independent Living Plan. Each client who engages in the program works with the Case Manager to create a plan with specific self-sufficiency goals that focus on housing, education and employment-related milestones. Our target is that 90% of our clients will achieve a majority of their goals while staying with us, and we have consistently met this outcome.

In 2017 New Ground Everett achieved the following outcomes and results:

- 29 young adults ages 18-21 received safe housing.
- 3,992 total bednights of supportive housing services were provided.
- 82% of young adults exited to safe and stable housing
- 100% of residents achieved a majority of their self-sufficiency goals
- 100% of young adults who exited the program were receiving mainstream benefits for which they were eligible, such as health care.
- 100% of young adults enrolled in the program in 2017 improved their life skills, including goal setting ability and resourcefulness.

We recently completed interior renovations at New Ground Everett, which included replacing the kitchen floor and installing new carpet. Attached, please find photos of these updates.

Thank you for supporting our New Ground Everett transitional housing program, and for your commitment to building a sustainable and healthy community for all. If you need any additional information, please contact me. I can be reached at 425.869.6490 (ext. 313) or via email at terry@friendsofyouth.org.

Sincerely,


Terry Pottmeyer
President and CEO

Thank you for your partnership!