



Funds Distribution Report

Recipient Organization:
Friends of Youth

Address:
13116 NE 132nd St
Kirkland, WA 98034

Contact:
(425) 869-6490
<https://friendsofyouth.org>

Organization's General Goals:
Operate the only overnight youth shelter on the Eastside, as well as offer youth development initiatives, in-home family support for young parents and guardians of children up to five years old, parent education, youth and family counseling, substance abuse counseling, therapeutic foster care, residential treatment and transitional housing for homeless young people and teen mothers.

Date of Award:	Level:
2019 Q3	\$500 to \$2,500

For more information, please read the attached report from Friends of Youth.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org



July 8, 2020

13116 NE 132nd Street
Kirkland, WA 98034-2306

Marilyn Sheldon, Director
Tulalip Tribes Charitable Fund
8802 27th Avenue NE
Tulalip, WA 98271

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RE: Q3 2019 14.2 - Report for FY20

Dear Ms. Sheldon,

Friends of Youth is grateful for the [REDACTED] grant we received from Tulalip Tribes Charitable Contributions for our New Ground Bothell Transitional Living Program. Enclosed is a report on the impact of your funding.

Your partnership has made an incredible difference in the lives of the young families we serve at New Ground Bothell – thank you!

Should you like additional information, please don't hesitate to contact me. I would welcome the opportunity to further discuss our programs. Thank you.

Sincerely,

Paul Lwali
President and CEO





Grant Report to the Tulalip Tribes Charitable Fund June 2020

Friends of Youth is grateful to provide this report to the Tulalip Tribes Charitable Contribution Fund for your support of New Ground Bothell, our Transitional Living Program for young families (ages 18-24) located in Bothell. This report covers our fiscal year 2020 (FY20) activities from July 1, 2019 to June 30, 2020, during which time our organization served 3,200 youth.

Project Description:

Since 1995, New Ground Bothell has provided 14 units of transitional housing for young mothers ages 18-24 who are pregnant or parenting up to one child. Families stay at New Ground Bothell for up to 18 months while receiving supportive services aimed at securing permanent housing upon program exit. New Ground Bothell offers the following supportive services to young parents and their small children:

- **Case Management:** The core tool used in our case management support is an Independent Living Plan, which helps residents identify their goals for independent living and the steps they must take to achieve them.
- **Healthy Start Home Visiting:** Our full-time Family Support Specialist provides on-site home visiting services and small-group support for TANF eligible families in our program. We use the Parents as Teachers Model, an evidence-based best practice that is proven to improve child health and development, prevent child abuse and neglect, and improve school readiness.
- **Education and Employment Support:** Participants receive support from their Case Manager to navigate their education and employment goals, enroll in college, secure employment, or become connected to more intensive supports as needed.
- **Life Skills Support:** Our Case Manager assists residents with their basic life skills, such as budgeting, household cleaning, and transportation. Life Skills classes are offered throughout the year, teaching residents the skills needed to maintain a safe, healthy home for their children.
- **Safe Housing:** Our programs adhere to a Housing First model to ensure low-barrier access to safe housing and supportive services for young families experiencing homelessness.
- **Connections to Community Resources:** Residents are connected to community resources, such as mental health counseling and mainstream benefits to improve the health and wellbeing of their family.

Project Impact:

Our primary objective is to assist young families experiencing homelessness to become self-sufficient and stably housed. At New Ground Bothell, our staff assists residents to increase



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their personal safety, increase their employability, gain interpersonal skills, and improve their social and emotional well-being.

Monthly classes offered at New Ground Bothell provide residents the opportunity to learn essential independent living skills. Residents learned how to cook healthy meals, clean and care for their apartment, build a sustainable budget, create a resume, assess their skills and job readiness, search for employment, and prepare for job interviews. The Family Support Specialist helped young mothers build parenting skills and better understand the health and wellbeing of their children.

During this reporting period, Tulalip Tribes Charitable Contributions funding helped us to provide 8,383 bed nights of safe housing for 27 young families experiencing homelessness. Ninety percent (90%) of young adults who maintained contact with our Case Manager after exiting our program went to safe and stable housing.

Challenges:

Housing options in King and Snohomish Counties continue to exceed realistic budget goals of the young families exiting New Ground Bothell. This makes moving out feel impossible for them. The Case Manager works with young people on realistic housing searches, including applying for Section 8 vouchers with local housing authorities, researching and applying to tax credit and low income properties, and brainstorming potential roommate and house-share options. Still, there are minimal affordable housing options for families in this region.

Community Collaborations:

Our agency provides on-site comprehensive case management, life skills and healthy relationship training, financial management and budget planning, and parenting support. Nurses visit the site via our formal agreement with King County Public Health. Residents have access to services at Friends of Youth Redmond Youth Service Center (RYSC), including education support and employment counseling. We offer behavioral health resources including a Mental Health Therapist intern who is on-site two days per week. Community resources with whom we collaborate and refer include:

- **Eastside Baby Corner:** Provides all New Ground Bothell clients and their babies with extensive donated baby care items, including diapers, formula, baby furniture, car seats, cribs, toys, and clothing. Clients can request items, which are picked up by staff weekly.
- **Youth Eastside Services/ Community Psychiatric Clinic:** For mental health assessments and follow-up mental health counseling.



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- Lakeside-Milam Recovery Center/ Youth Eastside Services/ Community Psychiatric Clinic: For assessment and any treatment recommendations for out-patient substance use counseling.
- Lake Washington and University of Washington Dental School: For free or low-cost dental care.
- St. Vincent DePaul and Hopelink: For financial assistance, food and clothing for clients.
- Childcare Resources of King County: To help find daycare providers who will accept childcare assistance payments through DSHS.
- Kinderling Early Childhood Education: For children's speech/language assessments, physical and occupational therapy and other early intervention resources.
- Northshore Youth and Family Services: For mental health assessments, substance abuse treatment and ongoing counseling. These services are within walking distance.

Success Story:

Kayla and her son, Carlton, moved into New Ground Bothell in July of 2019. During her time with us, she was very focused on gaining parenting support and finding a career that she felt confident in. Kayla worked with our Case Manager on the importance of consistency when parenting. Soon after moving in, Kayla got a job working for a leasing agent at a large apartment complex. The culture of the office was not the best fit, and Kayla worked with her Case Manager on how to gain knowledge from the job without getting involved in the negative office drama. After a few months, Kayla found a Leasing Agent job at another apartment complex. She reported that she was now enjoying her coworkers and was able to move out into permanent housing in January of 2020. _

The Importance of Your Support:

Support from the Tulalip Tribes Charitable Contributions Fund has allowed us to support the young people who need us most in our community. The impact of the COVID-19 pandemic caused an increase in both demand for our services and the costs associated with keeping our youth and staff healthy, and safe. Your generosity allows us to respond to emergent needs to ensure that children, youth and families have access to the support they need to transcend crisis and build permanency. Your support ensures our doors remain open to provide housing, case management, and transition planning to young families in King County. Your partnership has made a tangible difference in the lives of our young people – thank you!

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June 2020



New Ground Bothell



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