Funds Distribution Report

Recipient Organization: Greater Maple Valley Community Center

Address: 22010 SE 248th St Maple Valley, WA 98038

Contact: (425) 432-1272 https://www.maplevalleycc.org

Organization's General Goals: The Greater Maple Valley Community Center enriches our community through quality human services and social activities.

Date of Award: 2018 Q3

Level: \$2,501 to \$5,000

For more information, please read the attached report from Greater Maple Valley Community Center.



8802 27th Ave NE Tulalip, WA 98271

TulalipCares.org

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Grant Report

Funder: Award Date: Award Amount: Funding Purpose: Report Prepared by: Program Update: Code: Website: Tulalip Tribes Charitable Contribution Fund December 6, 2018 Senior Nutrition Program Mark Pursley, Executive Director December, 2018 – November 2019 Q3 2018 14.2 www.maplevalleycc.org

Funding provided by the Tulalip Tribes Charitable Contribution Fund helped to provide 5,902 meals to nearly 450 unduplicated senior citizens. These meals were prepared under the guidance of a registered dietician who approves all our menus. Fresh fruit and vegetables are always an important component of our meals. Our program also intentionally serves very generous portions so that our seniors have the option of taking home leftovers.

While the serving of meals is obviously very important to our seniors, the ability to come together as a community is the unsung benefit of the congregate meal program. For many of our participants, these meals may be the most important socialization opportunity for them each day. Sharing a meal is perhaps one of mankind's most basic customs whose importance cannot be overlooked, especially for those whose social circle has shrunk over the years. This element is especially important during the period covered by this report. Holidays such as Thanksgiving, Christmas and New Years can be particularly difficult for seniors with little family living nearby. Having the opportunity to share these events in a celebratory manner with friends is what helps many seniors to avoid depression and its accompanying side effects.

Our organization faced some unusual challenges during span of this award. A large tree fell on our roof during a January windstorm, causing significant damage. The tree pinned a live electrical wire to our metal roof, creating an unsafe situation. Because of the extent of the damage in the area, PSE was not able to cut power to the electrical line for three days, causing us to close operations for that time. The snowstorms in February also adversely impacted our ability to serve our program participants. We had to wait for local roads to be plowed before we could open our doors, so we were forced to close for an additional three days. Even after we opened, we found that many of our seniors, especially those living in the more rural areas of our community (Ravensdale, Hobart, etc.) could not leave their own driveways for several days after that. That being said, your belief in the importance of serving our elders meant





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that hundreds of them in this relatively rural area had access to nutritional meals and vitally important social interactions which helps them to age in place.

On behalf of the Board, staff and participants of the Greater Maple Valley Community Center, I would like to thank the Tulalip Tribes Charitable Fund for your support of our senior nutrition program. You have changed lives for the better.

000 Mark Pursley

Executive Director

Encl: photos of the GMVCC Senior Nutrition Program





















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