



# Funds Distribution Report

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**Recipient Organization:**

**Homage**

**Address:**

5026 196th St SW  
Lynnwood, WA 98036

**Contact:**

(425) 355-1112  
<https://homage.org>

**Organization's General Goals:**

Homage is the largest provider of services for older adults and people with disabilities in Snohomish County. Each year more than 25,000 individuals benefit from Homage's core programs in food and nutrition, health and wellness, home repair, social services and transportation. The majority of people receiving our services live on limited incomes, are frail, and are in need of services that help them maintain their health, independence, and quality of life.

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**Date of Award:**

2018 Q4

**Level:**

\$2,501 to \$5,000

For more information, please read the attached report from Homage.

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

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Final Report to Tulalip Tribes Charitable Contributions- 2019 Funding – Homage Senior Services

**ORGANIZATION INFORMATION**

Name of Organization: Homage Senior Services		Report Code: Q4 2018 14.2	
Agency URL: www.homage.org		2019 fiscal year end: 12/31/2019	
Address: 5026 196 <sup>th</sup> St. SW		City: Lynnwood	State: WA Zip: 98036
Contact Name: Stephanie Vonnahme	Title: Grants Manager		
Email: svonnahme@homage.org	Telephone: 425-290-8372		

**PROJECT INFORMATION**

Project Name: Senior Nutrition	Project Service Area: Snohomish County
2019 Expense Budget \$ 2,371,146.38	Amount Awarded: \$ [REDACTED] on 4-1-2019

**PROJECT RESULTS**

▪ **Specific Community Need that project met:**

According to Census Bureau statistics, over 13.5% of the population, in Snohomish County, is 65 years of age or older and over 8.2% of the population under the age of 65 has a disability. In addition, over 5% report that their disability makes it difficult to live independently. A majority of the adults served by the Meals on Wheels program are seniors (age 60+) with roughly 45% of the adults served through the program identifying as having severe disabilities which would make them nursing home eligible. However, approximately 10% of our clients are age 18-59 and meet all of the Meals on Wheels eligibility criteria, except for age. Funding provided by private foundations allow us to provide support and services to those clients. These clients would otherwise have to wait until their 60<sup>th</sup> birthday to receive assistance under Federal funding guidelines. Private funding is critical to make sure we can meet the needs of ALL of our clients.

The Meals on Wheels program can provide meals to a client for an entire year for about the same cost as just one day in the hospital, or 10 days in a nursing home. Additionally, for many of our clients their Meals on Wheels delivery driver may be the only person they see all week. The average meal recipient is 75 years old. Almost 61% of Meals on Wheels participants are women. Recipients are also more likely to be in poor health and to have greater difficulty performing everyday tasks. For many individuals, support with their nutritional needs is the one service they need to be able to remain living independently and the weekly visits can reduce the feeling of isolation.

Our Senior Dining program, provides congregate meals throughout the county at various senior centers and meal sites. This program provides our clients with hot nutritious meals in a social setting. The congregate dining helps increase socialization and connection to the community as well as decreasing feelings of loneliness and isolation.

▪ **A brief description of project:**

Meals on Wheels is the largest and most comprehensive nutrition program serving homebound adults and people with severe disabilities in Snohomish County. The program has three goals – to reduce hunger, maintain or improve health status, and promote independence. Meals are provided for adults who are homebound because of illness, an incapacitating disability, or are otherwise isolated and unable to

prepare a meal on their own. For some clients, Meals on Wheels is a temporary service to bridge the gap between post-acute care and their return to their prior level of independence. However, many clients rely on this important service to allow them to remain in their homes and age with dignity.

The Nutrition Program has a long-term relationship with The Tulalip Tribes through the joint operation of the meal site at their Senior Center. Meals are served daily to center participants and homebound individuals. The Senior Nutrition Program works in conjunction with the Title VI program of the Tribes which can allow for individuals as young as 45 years of age to receive services. The site serves meals using our standard menu with Homage Senior Services providing the food.

▪ **Did your results meet your original service goals?**

The 2019 Meals on Wheels program goal was to serve 1,400 Snohomish County residents. As of December 31, 2019, we served 1,455 individuals receiving 221,909 home delivered meals. Additionally, our Congregate Dining programs served 69,195 meals to 2,213 clients; of which Tulalip Tribe members accounted for 107 clients and 13,672 meals. Additionally, agency wide through all programming, we served over 25,000 clients in 2019.

Over the past year, a combination of factors has contributed to the number of older adults signing up for the Meals on Wheels. The biggest factor being, the growth of the population over 60. Each month the Meals on Wheels program receives 30-45 new applicants. Currently there is a 4-6 week wait period as new clients are added to driving routes and integrated into the program.

To evaluate program effectiveness, Homage Senior Services surveys meal recipients each year. In the most recent survey, 93% of clients reported they ate a healthier diet; 90% of clients reported they no longer worry as much about having enough food to eat, they feel “food secure”; 72% of clients reported improved health status; and 97% of clients reported maintained or increased levels of independence.

**Agency Activities:**

This year has brought many changes for Homage Senior Services. We have experienced changes within several departments, most notably in Senior Nutrition. Nutrition Director, Martha Peppones, retired in 2019 and the Meals on Wheels Program Manager, Leah Hammon, became our new Senior Nutrition Program Manager. Leah had worked closely with Martha for the last four years and was instrumental in providing a smooth transition to becoming our new Senior Nutrition leader.

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