Funds Distribution Report

CHARITABLE CONTRIBUTIONS

8802 27th Ave NE Tulalip, WA 98271

TulalipCares.org

Recipient Organization:

Kindering

Address:

16120 NE 8th St Bellevue, WA 98008

Contact:

(425) 747-4004

https://kindering.org

Organization's General Goals:

Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.

Date of Award: Level:

2023 Q2 \$2,501 to \$5,000

For more information, please read the attached report from Kindering.

Embracing children of diverse abilities and their families KINDERING BELLEVUE 16120 NE 8th Street Bellevue, WA 98008

KINDERING REDMOND Together Center Campus, 16225 NE 87th Street, Suite A-10 Redmond, WA 98052 KINDERING BOTHELL 19801 North Creek Parkway, Suite 200 Bothell, WA 98011

Funding Code: Q2 2023 14.2

September 1, 2024

Marilyn Sheldon, Director Tulalip Tribes Charitable Contributions 8802 27th Avenue NE Tulalip, WA 98271-9694

Dear Marilyn,

Kindering is pleased to present this grant report to the Tulalip Tribes, which supported our Families in Transition (FIT) program. FIT serves children (birth to age 8) and their families experiencing housing instability in King County and south Snohomish County by forming a bridge to carry children from the trauma of homelessness to the supports they need to promote life-long health and well-being.

The latest Snohomish County Point-in-Time count conducted by Snohomish County identified 106 households with children residing in shelter, transitional housing, or living without shelter in Snohomish County the night of January 22, 2024. King County, in January 2024, identified 1,714 people in families with children experiencing homelessness who received services in the homeless response system. Together these many members of our community need our help. Thanks to generous donations and support like yours, FIT has continued to innovate and meet the changing needs of this highly vulnerable population since it launched in 2013, even throughout the pandemic.

PROJECT SUMMARY: Kindering is honored to have received Tribes to support our unique FIT program, which helped us to serve even more young children experiencing housing instability in the last 12 months. FIT relies on the support of generous donors to provide specially tailored services that are not covered by insurance as well as uncompensated care for FIT's families, who are all low income. FIT's individualized, trauma-informed services are delivered in the community and include pediatric therapies, specialized education, infant mental health services, outreach, parent coaching/education, case management, developmental evaluations, therapeutic playgroups and office hours at transitional housing. We also partner with local homeless service organizations to meet the healthcare needs of their families and to coordinate providing basic needs and wrap-around services.

PROJECT RESULTS: Every FIT child in early support services has a disability or developmental delay for reasons such as autism, Down syndrome or premature birth, or lived experiences such as prenatal substance exposure, abuse or neglect. Engaging children in FIT during critical early years improves their lifetime trajectory and reduces the need for special education services. Last year 96% of children in FIT for 6+ months made measurable improvement towards their developmental goals.

FIT serves 300+ people each year, 150 children and their parents/caregivers. In 2023, 98% used Medicaid, 71% identified as BIPOC and 37% spoke a home language other than English, most often Spanish.

Phone 425.747.4004

We'd like to conclude with a recent client story from a FIT Occupational Therapist:

"Three-year-old "Joseph" lives in Sammamish and has been enrolled in Kindering's FIT program since 2022. Joseph came to Kindering from a family with a complex background. Both of his parents had a history of substance abuse and mental health challenges. Despite these difficulties, Joseph's mother did her best to engage in the therapy sessions through virtual meetings. However, due to the parents' health reasons and frequent travels, it became increasingly challenging for them to maintain a consistent schedule.

One of Kindering's occupational therapists, along with an educator from the FIT program, worked consistently with Joseph on a weekly basis at the family's Sammamish residence. Progress was initially slow, but a happy and energetic Joseph was always overjoyed to see his therapists. He displayed intelligence and aptitude for puzzles and other activities. But sweet little Joseph struggled with functional tasks and self-regulation. Kindering therapists soon discovered that Joseph also had undiagnosed autism spectrum disorder.

One specific hurdle the therapists faced was limited space in the family's apartment, which hindered their ability to provide a broader range of therapies and activities. Additionally, the therapist couldn't help but notice that families in the Sammamish area were significantly more isolated from services, lacking accessibility to resources such as parks and playgrounds.

Despite these constraints, the therapist continued to work with Joseph for about a year, and the family expressed gratitude for the support provided by the therapists. Eventually, Joseph graduated from the program and has since qualified for special education services provided by the school district."

Included with this report you will find our 2022 Annual Report along with Kindering's recently adopted 2023-2028 Strategic Framework.

Thank you again to the Tulalip Tribes for the incredible support to our community. Please let me know if you have any questions.

With sincere gratitude,

Gaylene Vaden, Director of Grants

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2022 ANNUAL REPORT

Big Changes for Little Kids

Of 10,000 children and families reached, nearly 3,000 children under age 3 benefited from our Early Support services.

In addition to delivering individualized therapies, special education, and family supports, we trained fellow providers and successfully advocated for systems change throughout the state.



94% of parents reported their Kindering team was aware of and sensitive to their home culture.



Did you know? Kindering saves Eastside schools \$54 million in special education dollars each year.



CHERISH™ is an infant and early childhood mental health program for children in foster care that includes both direct services for families and trainings for other service providers. CHERISH has delivered trainings to 345 early support providers across the state, increasing CHERISH's reach by 127%.

OUR MISSION

Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.

OUR EQUITY STATEMENT

I belong. Eradicate systemic, racial, and oppressive barriers so everyone succeeds.

OUR STRATEGIC VISION

An equitable world where people of all abilities, identities, and backgrounds belong and thrive.

Kindering's new strategic framework is organized around 4 pillars: Nurture Wellness, Build Nimble Systems, Eradicate Barriers, and Empower Children & Families.

Expanding Enrollment

A record-breaking number of families enrolled in Early Support and participated in our developmental evaluations. This was no surprise as demand continues to rise due to population growth and higher rates of developmental delays nationwide. In fact, we've seen a >5% increase in the rate of children qualifying for services today versus pre-pandemic. In other words, services are needed now more than ever.

Nurturing Staff Wellness

As part of our Strategic Framework, we are focused on promoting staff wellness by investing in compensation and fostering an authentic culture of appreciation and belonging. This will strengthen our sense of community at Kindering and support our efforts to hire and retain expert staff with advanced levels of education and lived experiences reflective of those we serve.

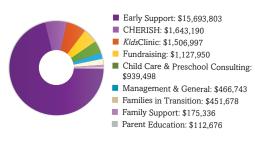
Advocating Systems Change

As the Northwest's largest neurodevelopmental center, Kindering is uniquely positioned to drive policy changes to better serve children with disabilities. Kindering, alongside fellow Early Support providers, led a major legislative initiative that secured \$2.4 million in Washington's Early Support for Infants and Toddlers budget statewide. We're also building a network of advocates fighting for the well-being of children with disabilities.



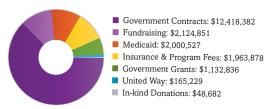
2022 FINANCIALS

Expenditures: \$22,117,871



Revenue and Support: \$19,854,385

Investment income excluded



ENDING NET ASSETS: \$26.702.809

CURRENT BOARD OF DIRECTORS as of June 1, 2023

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Little Mihika began showing signs of developmental delays similar to those her older sister experienced a few years earlier. Mihika could not tolerate most foods or liquids. Her parents and her pediatrician became increasingly concerned about her nutritional health.

At 20 months old, Mihika began feeding therapy at Kindering. Her therapist spoke in the family's home language and offered helpful, culturally relevant suggestions for foods and recipes to try as they worked on Mihika's feeding together. Happily, Mihika has made progress on her food and water intake, easing the concerns of her parents.

"I'm able to coach the parents in Hindi, which helps them work on [Mihika's] feeding therapy at home and share strategies and tactics. And, importantly, mom is more comfortable working with me without a language barrier."

- Anagha Soman, Mihika's Therapist



2023-2028 STRATEGIC FRAMEWORK



2028 Goal

Deliver quality, equitable, sustainable, and scalable programs that families both want and need.

Vision

An equitable world where people of all abilities, identities, and backgrounds belong and thrive.

Mission

Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.

Equity

I belong. Eradicate systemic, racial, and oppressive barriers so that everyone succeeds.

Strategic Priorities and Actions

Nurture Wellness

- Compensate staff equitably and competitively.
- Foster staff wellness and appreciation.
- Embody healing-centeredness, diversity, equity, inclusion, and belonging.

Build Nimble Systems

- Upgrade technology to align with agency size and needs.
- Build nimble leadership and systems that implement effective change.
- Integrate and simplify processes across the agency.

Eradicate Barriers

- Mobilize advocates to improve policies, secure resources, and elevate people with evident and non-evident disabilities.
- Improve systems of care for children of diverse abilities.
- Secure financial resources to sustain and further Kindering's mission.

Empower Children & Families

- Deliver quality and culturally responsive programs.
- Meet the emerging needs of children, families, and our community.
- Foster acceptance and celebrate developmental inchstones.

VALUES Belonging | Caring | Equity | Innovation | Integrity