



## Tulalip Charitable Contributions Funds Distribution Report

**NAME OF AGENCY:** Mother Mentors of Whidbey Island

**DATE OF AWARD:** 2017 Q2

**ADDRESS:** P. O. Box 92, Langley, WA 98260-0092

**CONTACT:** (360) 321-1484, <https://www.mothermentors.org>

**GENERAL GOALS:** Mother Mentor's mission is to nurture mothers and other caregivers of young children by providing practical and emotional support.

### SPECIFIC USE FOR THIS AWARD:

This award went towards operational expenses and programs.

For more information please read the attached report from Mother Mentors of Whidbey Island.





Tulalip Tribes Charitable Fund  
Mother Mentors Fund Report Summary  
2016-17

Thanks to funding from the Tulalip Tribes Charitable Fund in November of 2016, Mother Mentors of Whidbey Island has been able to successfully expand services up and down Whidbey Island, with particular emphasis on serving the growing number of Navy families assigned to the NAS Whidbey Naval Air Station in Oak Harbor, WA. In 2017 we were able to offer parent-child Play and Learn groups (Playscape) to families with children birth to five at two locations on the north end of Whidbey and at one location on south Whidbey. We were able to add a day of programming in Oak Harbor and also add a new infant support group focused on post-partum depression on the south end of the island.

These groups are facilitated by a trained Parent Educator and are set up like a preschool classroom. The purpose of these groups is to give parents and caregivers an opportunity to connect with other parents and create a circle of support, to understand the importance of learning through play with their children, and to plug into community resources. Last spring two of our program sites were chosen along with five others in the region to host open houses and highlight the important work of Play and Learn groups as part of the statewide early learning continuum and strategy to help families be ready for kindergarten.

In addition to Playscape, Mother Mentors continues to offer an in-home volunteer mentoring service for families with children birth to five. Sixty-three percent of those served through mentoring are military families, 35% qualify as low income, 3% have open CPS cases, 30% have children with special needs and two percent are living in shelters.. We currently have **12** mentor matches in north Whidbey and have **23** island-wide. In the last year we have mentored **41** families with **73** children.

This fall, we were able to add an Early Learning and Family Support Coordinator to our ranks, bringing our staff total up to four. This person's role is to oversee the Playscape Program at three locations and support the implementation of quality parent education at Playscape and its infant support groups.

In 2017 we served 320 families with over 400 children up and down the island. The intended outcomes for families using our services include:

- Increased social networks and circle of mutual support  
**96% of those served in 2016-17 report increased social connections and support**

- Increased knowledge of child development  
75% of those served report increased knowledge of child development
- Increased understanding of the role of play in children's healthy social and cognitive development  
93% of those served in 2016-17 report increased understanding in these areas
- Increased access to and use of community services  
76% of those served report increased access to and use of community services
- Increased positive parent/caregiver child behavior  
84% of Mentors and Families report positive changes in parent-caregiver child behavior

Thank you for giving us this valuable opportunity to build our capacity to serve families with young children on Whidbey Island.

Respectfully submitted,

Kate McVay, Director  
Mother Mentors Whidbey Island