

Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Navos

ADDRESS: 2600 SW Holden Street, Seattle, WA 98126

CONTACT: (206) 933-7000; www.navos.org

GENERAL GOALS: The mission of Navos is to improve the quality of life

of people vulnerable to mental illness by providing a

broad continuum of care.

SPECIFIC USE FOR THIS AWARD:

The grant from Tulalip Tribes was used to provide support for some of the new residents at Independence Bridge (IB), a new program for Navos that provides housing and support services for young adults 18-24 years old that are aging out of foster care and at risk of homelessness. IB meets a critical need for affordable housing combined with appropriate support services to help youth and young adults move toward independence.

For more information see the attached pages from Navos.





WEST SEATTLE CAMPUS

MENTAL HEALTH AND WELLNESS CENTER BURIEN CAMPUS

2600 SW Holden Street Seattle WA 98126 206 933 7000

1210 SW 136th Street Burien WA 98166 206 257 6601 BEHAVIORAL HEALTHCARE CENTER FOR CHILDREN, YOUTH AND FAMILIES CAMPUS

1033 SW 152nd Street Burien WA 98166 206 242 1698



WWW.NAVOS.ORG

January 22, 2015

Marilyn Sheldon, Director Tulalip Tribes Charitable Contributions

Navos Status Report Q3 2014 14.2

The mission of Navos is to improve the quality of life of people vulnerable to mental illness by providing a broad continuum of care. Our services include outpatient care for children, youth and adults, inpatient care for adults, residential treatment for children and youth, school-based counseling, substance use prevention services, domestic violence treatment for offenders and services for survivors, specialized care for people with chemical dependency and mental health issues, services for older adults with mental illness, supportive housing, and integrated health care through on-site primary medical care.

The grant from Tulalip Tribes was used to provide support for some of the new residents at Independence Bridge (IB), a new program for Navos that provides housing and support services for young adults 18-24 years old that are aging out of foster care and at risk of homelessness. IB meets a critical need for affordable housing combined with appropriate support services to help youth and young adults move toward independence.

For most of the residents, Independence Bridge is the first time they have a place to call their own. All of the tenants are very low income with limited resources for many expenses that come with a first time apartment – pots & pants, dishes, towels, bedding & bathroom necessities, and cleaning supplies. Navos welcomed each tenant to their new home with a housewarming basket that included all of the necessary items to set up their first apartment, each basket cost \$400.

The in support from Tulalip Tribes helped to purchase housewarming baskets for 7 of the 24 IB residents. The residents can stay at IB as long as necessary; however we anticipate the average length of stay will be two years. And when they do leave and move to their next home, they will be able to take all of their household items with them giving them a strong foundation for their independent adult lives.

Board of Directors

Matt Mihlon President

Tom Powers Vice President

Don Gillmore Secretary

Patti Neuberger Treasurer

Tom Mitchell President Emeritus

Bobbe J. Bridge

Chris Dobbelaere

Jean Ellsworth

Charles F. Hoffman

James Johnson

David Johnson Ed.D. CEO

Accredited by The Joint Commission