



Funds Distribution Report

Recipient Organization:
New Beginnings

Address:
P.O. Box 75125
Seattle, WA 98175-0125

Contact:
(206) 783-4520
<https://www.newbegin.org>

Organization's General Goals:
New Beginnings provides services to those whose lives have been affected by domestic violence-physical, emotional, or sexual abuse.

Date of Award:	Level:
2018 Q1	\$2,501 to \$5,000

Specific Use for This Award:
This award was used for administrative and program expenses. For more information, please read the attached report from New Beginnings.

8802 27th Ave NE
Tulalip, WA 98271
TulipCares.org



January 30, 2019

TO: Tulalip Tribes
msheldon@tulaliptribes-nsn.gov

FR: Kelly Otis, Grants Manager, kotis@newbegin.org
New Beginnings – www.newbegin.org

RE: Q1 2018 14.2 Final report

Thank you and the Tulalip Tribe for generously awarding a [REDACTED] Tulalip Tribes grant (awarded 6/20/2018) to support our 2018 Break the Cycle program. We are pleased to share this program benefitted over 700 children and youth, helping them to heal from their trauma and/or to learn about healthy relationships last year.

Last year, Break the Cycle successfully helped over 700 young people recognize and respond to abuse, build resilience and foster healthy relationships, while also helping parents secure youth services and advocate for their children. We also provided trainings for more than 200 teachers, counselors, social workers and other professionals who work closely with youth populations.

2018 BTC Success Included:

- Establishing a successful new Teen Advocate position, dedicated to supporting young people through both direct service advocacy and prevention education. In 2018, we facilitated youth groups with homeless and at-risk teens at YouthCare (three locations), Southwest Youth & Family Services, New Ground (Bothell) and Spruce Street Inn, in addition to school-based groups. We also offered regular drop-in support hours at YouthCare.
- Providing support for 40 children of domestic violence survivors through our dedicated Youth and Family Advocates. Advocates worked with youth and their parent while living in our Home Safe apartment community, as well as helping families settle and find services after they moved into more permanent housing.
- Training 25 middle school science teachers from throughout the Seattle Public Schools on healthy relationship curriculum. New Beginnings modelled activities to use with young people and provided follow up resources and referrals for teachers to use and share in their health education (Flash) program.
- Engaging 40 children of domestic violence with positive activities, social-emotional support and connections to community resources. Last year, these included weekly Monday afternoon activities (crafts and cooking), regular visits with a librarian and therapy dog, field trips to the Woodlawn Park Zoo and Museum of History & Industry, and other activities.
- Providing continuing education to 204 other professionals working with youth, including social workers at Seattle Children's, case managers at Catholic Community Services, staff at Boyer Children's Clinic, King County Children's Domestic Violence Response Team (CDVRT) therapists, Friends of Youth and DSHS/Children's Administration.
- Supporting parents of 40 youth having experienced domestic violence with help such as: finding accessible and appropriate child care; navigating school support systems; addressing behavioral issues; providing advocacy for their child; securing transportation and subsidized services for their children.

PO Box 75125 Seattle, WA 98175

P (206) 783-4520 F (206) 706-0291 E info@newbegin.org www.newbegin.org

- Serving over 700 total youth, including 40 children of survivors, 76 teen participants in small group sessions, 130 middle school students in ongoing curriculum (*Owning Up*), and 500 youth in various workshops and trainings.

Proven Impact Among Youth

One family left our Home Safe program in 2017. This year, after helping the family find and move to a transitional housing community with supportive services, our advocate helped the survivor find an appropriate preschool for her developmentally delayed four-year-old. The parent is challenged by not speaking English as a first language and our advocate was integral in finding transportation to and from the school and attending Individual Education Plan (IEP) meetings at the school.

Many children of survivors suffer from PTSD and other trauma from witnessing domestic violence. In 2018, one New Beginnings advocate spent considerable time helping a participant's children deal with extreme separate anxiety and helping the parent navigate a Child Protective Service case (due to abuse) and address behavior issues with her child and her child's school.

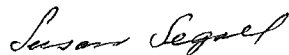
Our class-room based support is also well-appreciated in the community. One Seattle Public School Principal commented about our prevention education: *"Having Owning Up at Pathfinder K-8 over the past three years has supported our students in developing stronger boundaries and healthier relationships. Many of our students are able to make more positive choices about interpersonal relationships after they have participated in the "Owning Up" curriculum."* One teen mentions: *"After this class I will definitely be more aware of bullying, sexual harassment, and stereotypes. Now that I learned about these things, I see it happening a lot more and now I do something about it . . ."*

Unfortunately, due to the confidential nature of our services, we do not take or share photos of our program participants. Attached are screen shots of two handwritten youth testimonials that offer a sampling of our program's educational impact.

Please do not hesitate to contact Kelly Otis, our Donor Communications/Grants Manager, at kotis@newbegin.org or 206.926.3033, if we can provide any further detail.

Thank you again for your generous support.

With gratitude,



Susan Segall
Executive Director

The Most Important Thing I Learned in Group was...

Or

The Most Important Thing we Talked about was....

How to deal with uncomfortable situations, like sexual harassment, or letting a friend ~~know~~ that you don't think their relationship is healthy.

The Most Important Thing I Learned in Group was...

Or

The Most Important Thing we Talked about was....

Dating violence. We all learned about how it isn't always physical and how to look for signs