



Funds Distribution Report

Recipient Organization:
New Beginnings

Mailing Address:
P.O. Box 75125
Seattle, WA 98175

Contact:
(206) 783-4520
<https://www.newbegin.org>

Organization's General Goals:

New Beginnings' mission is to empower survivors and mobilize community awareness and action to end domestic violence. We are the only full service agency in Seattle whose primary mission is to serve domestic violence survivors.

Date of Award:	Level:
2019 Q2	\$2,501 to \$5,000

For more information, please read the attached report from New Beginnings.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org

June 30, 2020

TO: Tulalip Tribes
msheldon@tulaliptribes-nsn.gov

FR: Molly Lewis, Marketing and Communications Manager, mlewis@newbegin.org
New Beginnings – www.newbegin.org

RE: Q2 2019 14.2 Final report

Thank you and the Tulalip Tribe for generously awarding a [REDACTED] Tulalip Tribes grant (awarded 9/20/2019) to support our 2019 Break the Cycle program. We are pleased to share Break the Cycle successfully helped over 800 young people recognize and respond to abuse, build resilience and foster healthy relationships, while also helping parents secure youth services and advocate for their children. We also provided services for teachers, counselors, social workers and other professionals who work closely with youth populations.

In 2019, Break the Cycle Programming:

- Provided support for 40 children of domestic violence survivors through our dedicated Youth and Family Advocates. Advocates worked with youth and their parent while living in our Home Safe apartment community, as well as helping families settle and find services after they moved into more permanent housing. We supported parents in finding accessible and appropriate childcare; navigating school support systems; addressing behavioral issues; providing advocacy for their child; securing transportation and subsidized services for their children. We supported children with positive activities, social-emotional support and connections to community resources. Last year, these included regular visits with a librarian, visits from a therapy dog and other engaging activities.
- Trained 25 middle school science teachers from throughout Seattle Public Schools on our *Healthy Relationships Curriculum*. New Beginnings modeled activities to use with young people and provided follow up resources and referrals for teachers to use and share in their health education (Flash) program.
- Taught our *Healthy Relationships Curriculum* to 37 8th graders and 59 7th graders in Seattle Public Schools
- Taught 281 high school students our *Teen Dating Violence Curriculum*.
- Supported 20 young people through both direct service advocacy and prevention education with our Teen Advocate position dedicated to facilitating youth groups with homeless and home insecure teens at YouthCare and Spruce Street Inn.
- Served over 800 total youth, including 20 homeless and home insecure youth, 40 children of survivors, 154 middle school students in ongoing curriculum (*Owning Up*), 281 high school students, and 319 youth in various workshops and trainings.

Proven Impact Among Youth

We are very excited for a mother and daughter who are about to leave our Home Safe Program to start a new chapter of their lives in Las Vegas. The daughter just graduated from the 5th grade and the Home Safe team threw a graduation party for her at Home Safe. Many of the families grew close, and so it was an opportunity to gather and celebrate her accomplishments. Because her mom's job started every day at 4, she got herself up, made herself breakfast and got to school by herself every day this year. She is a

remarkable and independent person. The Home Safe team was able to give her a camera, to document her road trip to Las Vegas, and gave her and her mother a gift card to get set up in Las Vegas.

Many children of survivors suffer from PTSD and other trauma from witnessing domestic violence. This year, a dog named Lisette, a big black lab came into our community as a support animal. She is a true companion to many of the children who dress her up and cuddle up with her. She failed the test to be a seeing eye dog, but she is smart, sweet and patient, and has grown close to the children in our community.

Our classroom-based outreach had a remarkable year: 100% of students who completed our semester-long groups passed their post-test, demonstrating their ability to recognize warning signs of unhealthy relationships, understand qualities of healthy relationships and healthy relationship skills, and help a friend experiencing harm.

Unfortunately, due to the confidential nature of our services, we do not take or share photos of our program participants, but see a photo below of some language from a middle schooler taking our *Healthy Relationships Curriculum* about what they learned in our class.

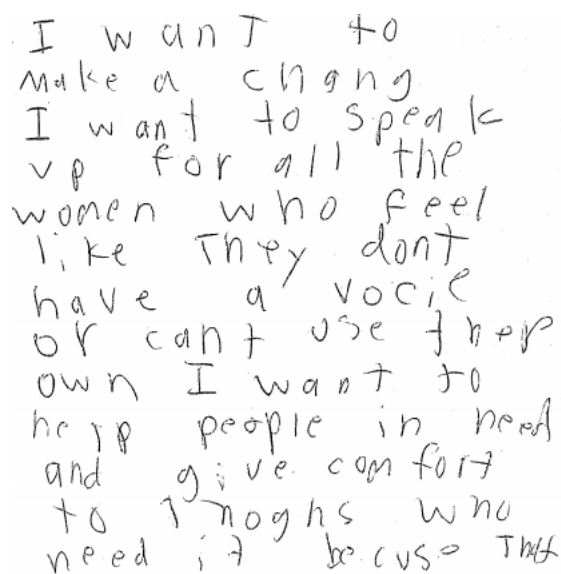
Please do not hesitate to contact Molly Lewis, our Marketing and Communications Manager at mlewis@newbegin.org if we can provide any further detail.

Thank you again for your generous support.

With gratitude,

Susan Segall

Executive Director



I want to
make a change
I want to speak
up for all the
women who feel
like they don't
have a voice
or can't use their
own I want to
help people in need
and give comfort
to things who
need it because that