



Funds Distribution Report

Recipient Organization:
North Seattle College Education Fund

Address:
9600 College Way North
Seattle, WA 98103

Contact:
(206) 934-7791
<https://nsceducationfund.org>

Organization's General Goals:
In affiliation with the Seattle Colleges Foundation, our goal is to engage our community to transform lives, promote equity, and increase access to quality, affordable education.

Date of Award:	Level:
2017 Q4	\$500 to \$2,500

Specific Use for This Award:
This award was used for administrative and program expenses. For more information please see the attached report from North Seattle College Education Fund.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org

Dear Ms. Sheldon,

On behalf of the North Seattle College Education Fund, I want to provide a report on how we spent your generous grant of [REDACTED] to support the college's parenting education classes onsite at local shelters and transitional housing facilities for families. The goals of this program are to: 1) help families who are facing traumatic situations learn strategies to raise their children to be healthy, happy and productive citizens, and 2) help parents to prepare their children for a future that includes college. Instructors understand the unique situations and needs of families who are struggling with homelessness.

The grant made it possible for us to lead weekly Parent Education and Support groups at five shelters and transitional homes around Seattle. At these support groups, parent educators work with families on strategies for implementing Positive Discipline with their children, as well as doing process oriented craft projects to facilitate mindfulness and bonding for both parents and children. Our program works to build community in the shelter setting and helps parents cope with parenting under the most difficult circumstances.

An example of a family recently served by our program was a very young mother fleeing domestic violence with her three small children and struggling to provide connection and healing for them after their ordeal and in the shelter setting. We used play-based bonding strategies and compassionate limit setting to help this mother connect with her little ones and create the safety and boundaries for her small boys.

Your generous support of these classes has allowed some of these parents to collect college credit for the very first time, through their participation in the classes. During fall quarter, we enrolled 98 parents in these classes. The Tulalip Tribes covered approximately half of the [REDACTED] tuition cost for these parents. The photos you see attached are of a mindfulness beading project we did at one of the sites and the Parenting Resources bulletin board that provides updated information each week on strategies for working with children and building community.

If you have any questions about our report, please feel free to contact me at traci.russell@seattlecolleges.edu or 206-934-5661. Thank you very much for your generous support!

Sincerely,

Traci Russell
Executive Director

