



**CHARITABLE
CONTRIBUTIONS**

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

Funds Distribution Report

Recipient Organization:

NorthWest Therapeutic Riding Center

Address:

1884 Kelly Rd
Bellingham, WA 98226

Contact:

(360) 966-2124
<https://nwtrc.org>

Organization's General Goals:

NorthWest Therapeutic Riding Center is driven by our mission of "Giving a Leg Up to people of all abilities".

Date of Award:

2024 Q2

Level:

\$2,501 to \$5,000

For more information, please read the attached report from NorthWest Therapeutic Riding Center.

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www.nwtrc.org

2024 Tulalip Cares Grant Report
Q2 2024 14.2

The funds from Tulalip Cares were used for “BLS: Balance. Leadership. Self. program for veterans and first responders, a collaborative program between NorthWest Therapeutic Riding Center and Animals as Natural Therapy in Bellingham, WA.

The 6-week group program took place from September 12 - October 17, 2025 with 9 male and female participants ranging in ages from 28-78 years old.

Each week, the program alternated between the NWTRC and ANT facilities, with specific focus areas addressed using experimental activities with the program's animals. The focus areas included: mind, emotions, horsemanship, relationships, time, physical body, communication, and ground work.

The group program was a great place to build community and have peer support. It created a safe place for them to practice the ideas they were learning. For example, the last day when one of them was sharing about learning to set boundaries, they told another participant that they were not done speaking when interrupted. Of course, the animals provided that bridge to create that safe space between participants and helped participants be present.

The participants reported that this program came at a time in their lives when they really needed it. That they found a supportive community, felt comfortable, could express themselves and trust others, have fun, they went home calmer, and it gave them hope for the future. They also said that one of the most critical reasons the program made a difference for them was the time they got to spend learning about, caring for, and working with the NWTRC and ANT horses.

This was a truly fantastic group of individuals to work with, and we are grateful to Tulalip Cares Charitable Contributions for supporting our work and making it possible for this program to be free for all of the participants.