



TulalipCares.org

Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Parent Trust for Washington Children

ADDRESS: 2200 Rainier Ave. S., Seattle, WA 98144

CONTACT: (206) 233.0156; <https://www.parenttrust.org/>

GENERAL GOALS: Parent Trust for Washington Children creates lasting change and hope for the future by promoting safe, healthy families and communities.

SPECIFIC USE FOR THIS AWARD:

This award was used as support for operational expenses and programs.

For more information please read the attached report from Parent Trust for Washington Children.





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PROGRAMS

Parent Education & Support
Circle of Parents™
Family Help Line
Child & Teen Services
SMART™
New & Expectant Parent Services
- Conscious Fathering™ Classes
- Great Starts™ Classes

Our Vision

Strong Families Begin at Home.

Our Mission

Parent Trust for Washington Children creates lasting change and hope for the future by promoting safe, healthy families and communities.

April 27, 2017

Ms. Marilyn Sheldon
Tulalip Tribes Charitable Fund
8802 27th Avenue NE
Tulalip, WA 98271

RE: Tulalip Tribes Charitable Contributions Fund Annual Program/Project Report
2016 Grant Award
Code: Q1 2016 14.2

Dear Marilyn,

Parent Trust for Washington Children is pleased to submit this report to provide you with results achieved from the [REDACTED] Tulalip Tribes Charitable Contribution made to us in June of 2016.

- Total Number of recipients impacted in Snohomish County by our organization with the help of Tulalip Charitable Contributions: 723
- Parent Trust for Washington Children URL: <http://www.parenttrust.org/>

Parent Trust requested project funds for our Continuum of Parent Education and Support Services, which includes the following programs and outcomes during our 2015 – 2016 fiscal year:

1. The Circle of Parents Families in Recovery Program provides parent/caregiver education and support groups during and after chemical dependency treatment for families overcoming substance abuse. Families in Recovery groups are provided in long-term, residential treatment centers for Pregnant and/or Parenting Women. The groups provide members with essential tools to build healthy family relationships and become part of a supportive, drug-free community. A critical component of the support program is parent leadership. In this capacity, parents are asked to assume leadership roles by assisting in providing session content and direction with facilitators in addition to serving as positive drug-free support for other parents in the program between sessions.

74 parents/caregivers attended Circle of Parents Families in Recovery support groups in Snohomish County

- 75% of participants reported an increase in family management skills.
- 68% reported an increase in healthy/nurturing relationships.
- 70% reported an increase in social supports.

2. The Family Help Line (FHL) decreases the risk factors associated with child abuse by providing a safe place for parents/caregivers to vent, defuse anger, decrease stress, and receive support and Coaching to deal with difficult situations or



family crises. The Family Help Line provides the only statewide, toll-free phone service focused primarily on parenting and family issues. Callers receive immediate parenting information and referrals to local community resources. The Family Help Line also maintains a website with over 100 downloadable parenting tips and a searchable database for resources in every county in Washington.

285 Contacts from Snohomish County to the Family Support Help Line Coaches. In addition, there were approximately 4,589 total contacts made to the Family Help Line website and resource database from Snohomish County.

- 99% of callers decreased their stress.
- 99% of callers increased their family management skills and knowledge of positive parenting techniques.
- 97% of callers increased their confidence to improve communication and interactions with family members.
- 100% of callers increased their knowledge of available resources/support.
- 99% of callers increased their confidence to self-advocate for their family.

3. The Great Starts Program prepares expectant and new parents for the challenges of parenting through our class series focused on research-based, unbiased education about birth and parenting including how to meet the developmental needs of newborns. Our classes reinforce the importance of a strong, nurturing parent/child relationship, which improves a child's early learning and school readiness, and reduces the risk of child abuse and neglect.

364 expectant or new parents attended Great Starts classes in Snohomish County

- 95% increased their parental roles and responsibilities.
- 96% increased their knowledge of age-appropriate child/youth development and behaviors.
- 84% increased their ability to manage parenting duties/situations.
- 87% increased their knowledge of strategies that foster secure attachment and/or nurturing relationships.

We are extremely grateful for your continued support of our programs. We value our relationship with the Tulalip Tribes Charitable Funds and your ongoing support of our continuum of services that benefit at-risk families in Snohomish County. I would like to use this opportunity to say thanks so much to you, Marilyn, and to the Tulalip Tribes Charitable Funds.

If you have any questions regarding this report, please feel free to contact me at 206.233.0156, ext. 226 or via email at mbuckley@parenttrust.org

Sincerely,



Mark Buckley
Executive Director