



Funds Distribution Report

Recipient Organization:
Parent Trust for Washington Children

Address:
2200 Rainier Ave S
Seattle, WA 98144

Contact:
(206) 233-0156
<https://www.parenttrust.org>

Organization's General Goals:
Parent Trust for Washington Children creates lasting change and hope for the future by promoting safe, healthy families and communities. We believe that strong families begin at home and building strong families creates thriving, healthy communities.

Date of Award:	Level:
2017 Q1	\$500 to \$2,500

Specific Use for This Award:
For more information, please read the attached report from Parent Trust for Washington Children.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.



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EXECUTIVE DIRECTOR

Inga Paige

WEBSITE

www.parenttrust.org

E-MAIL

information@parenttrust.org

OFFICE

2200 Rainier Ave South
Seattle, WA 98144
206.233.0156 phone
206.233.0604 fax

PROGRAMS

Parent Education & Support
--Circle of Parents™
--Families in Recovery Network
Family Help Line Services
--Live Support Line
--Statewide Resource Database
Child & Teen Services
--SMART™
--Developmental Screenings
New & Expectant Parent Services
--Conscious Fathering™ Classes
--Great Starts™ Classes

OUR VISION

Strong Families Begin at Home.

OUR MISSION

Parent Trust for Washington Children creates lasting change and hope for the future by promoting safe, healthy families and communities.



United Way
of Central Washington

May 1, 2018

Ms. Marilyn Sheldon
Tulalip Tribes Charitable Fund
8802 27th Avenue NE
Tulalip, WA 98271

RE: Tulalip Tribes Charitable Contributions Fund Annual Program/Project Report
2017 Grant Award
Code: Q1 2017 14.2

Dear Marilyn,

Parent Trust for Washington Children is pleased to submit this report to provide you with results achieved from the [redacted] Tulalip Tribes Charitable Contribution made to us in May of 2017.

- Total Number of recipients impacted in Snohomish County by our organization with the help of Tulalip Charitable Contributions: 677
- Parent Trust for Washington Children URL: <http://www.parenttrust.org/>

Parent Trust is committed to ending the devastating cycle of families passing Adverse Childhood Experiences (ACEs) down from one generation to the next. Having a high number of ACEs is associated with adult homelessness, drug/alcohol addiction, mental illness, serious chronic medical conditions and early death. ACEs are surprisingly common, exist in families of all income levels, and often carry years of silence and shame.

Below is a description of our ACE Prevention direct services in Snohomish County during the 2016 – 2017 fiscal year and our outcomes:

1. The Circle of Parents Families in Recovery Program

Parents overcoming substance addiction learn to build healthy family relationships, stop the family cycle of Adverse Childhood Experiences (ACEs), maintain custody of their children, and become part of a supportive, drug-free community.

The more ACEs a parent has, the more likely they are to continue the cycle and pass ACEs down to their children. The 10 ACEs include sexual abuse, physical abuse, emotional abuse, physical neglect, emotional neglect, violence in the home, parent with a mental illness, parent incarcerated, parent addicted to drugs/alcohol, and parental divorce/abandonment.

The ACE Prevention Curriculum teaches parents how their own personal ACEs from their child and teen years could now affect negative triggers and parenting choices they make as adults. This understanding can help parents find hope in changing their trajectory for the future. They learn they can incorporate new strategies and ways of thinking that increase parent child bonding and decrease the risk of child abuse and neglect.



87 parents/caregivers attended Circle of Parents Families in Recovery support groups in Snohomish County

- 73% of participants reported an increase in family management skills.
- 67% reported an increase in healthy/nurturing relationships.
- 65% reported an increase in social supports.

2. The Family Help Line (FHL) decreases the risk factors associated with child abuse by providing a safe place for parents/caregivers to vent, defuse anger, decrease stress, and receive support and Coaching to deal with difficult situations or family crises. The Family Help Line provides the only statewide, toll-free phone service focused primarily on parenting and family issues. Callers receive immediate parenting information and referrals to local community resources. The Family Help Line also maintains a website with over 100 downloadable parenting tips and a searchable database for resources in every county in Washington.

276 contacts from Snohomish County to the Family Support Help Line Coaches. In addition, there were approximately 1,950 unique visitors to the Family Help Line website and resource database from Snohomish County.

- 99% of callers decreased their stress.
- 99% of callers increased their family management skills and knowledge of positive parenting techniques.
- 97% of callers increased their confidence to improve communication and interactions with family members.
- 100% of callers increased their knowledge of available resources/support.
- 99% of callers increased their confidence to self-advocate for their family.

3. The Great Starts Program prepares expectant and new parents for the challenges of parenting through our class series focused on research-based, unbiased education about birth and parenting including how to meet the developmental needs of newborns. Our classes reinforce the importance of a strong, nurturing parent/child relationship, which improves a child's early learning and school readiness, and reduces the risk of child abuse and neglect.

314 expectant or new parents attended Great Starts classes in Snohomish County

- 98% increased their parental roles and responsibilities.
- 92% increased their knowledge of age-appropriate child/youth development and behaviors.
- 70% increased their ability to manage parenting duties/situations.
- 92% increased their knowledge of strategies that foster secure attachment and/or nurturing relationships.

Parent Trust is extremely grateful for the ongoing support from Tulalip Tribes Charitable Fund to provide our continuum of services that benefit at-risk families in Snohomish County. We believe ALL parents (regardless of income) deserve the knowledge and tools to raise strong, resilient, healthy children. We believe ALL children deserve safe homes and healthy parents.

Thank you very much for your confidence in our programs and services to eliminate child abuse/neglect and ACEs.

Sincerely,

Inga Paige
Executive Director
Parent Trust for Washington Children