



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Pushing Boundaries

ADDRESS: 4162 148th Ave. NE., Building 1, Redmond, WA 98052

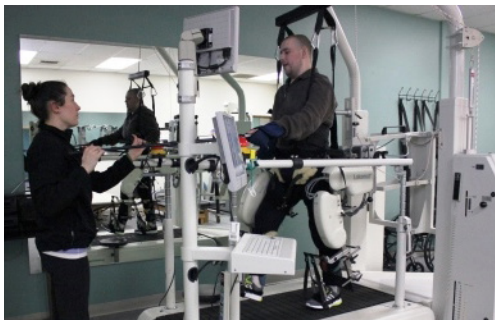
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GENERAL GOALS: Our mission is to deliver intensive exercise therapy that strengthens and supports people living with paralysis, and their families, to maximize health and improve quality of life. We provide a critical continuum of care after an individual has been discharged from a traditional rehabilitation program.

SPECIFIC USE FOR THIS AWARD:

We'd like to share recent success stories with you from all three of our program areas - Client Therapy Services, Support Center, and Outreach and Education.

For more information, please see the attached report from Pushing Boundaries.



Grant Funding Report

1) How this funding will enable you to provide your mission

Our mission is to deliver intensive exercise therapy that strengthens and supports people living with paralysis, and their families, to maximize health and improve quality of life. We provide a critical continuum of care after an individual has been discharged from a traditional rehabilitation program.

We'd like to share recent success stories with you from all three of our program areas – Client Therapy Services, Support Center, and Outreach and Education:

Client Therapy Services – Client Success Stories (last year's stories)

Ben – sustained a spinal cord injury during a swimming pool accident. When he arrived, Ben was unable to move his right arm and hand, and had zero ability to balance in a sitting position. Ben is now able to sit on his own and hug his children. He continues to work on regaining more function.

Craig – had a stroke in the fall of 2013. Craig arrived in December 2014 walking very slowly with the assistance of a 4-point cane for balance and no use of his left arm. After 5 months of therapy Craig has returned to driving, walks without a cane and has become very independent. He continues to work on improving his balance, gait and overall strength.

More stories like these can be found on our Facebook and YouTube pages.

Support Center

The Support Center is available electronically and continues to grow as we find information and resources available to the paralysis community. It offers a wide range of topics such as assistive equipment providers, transportation and housing options, and educational opportunities and financial aid resources.

In the 2nd quarter of 2015 we received funding from the Firstenburg Foundation to establish the creation of a travel fund for residents of Southwest Washington who are traveling to Pushing Boundaries to participate in our exercise therapy program.

Outreach and Education

In 2014 we were able to connect with over 3,200 individuals through outreach and educational opportunities. These activities allow us to raise awareness about paralysis and share the importance of exercise in the recovery process for those affected.

2) Photos

Attached

3) Total number of recipients impacted by your organization with the help of Tulalip Charitable Contributions

Our active client roster fluctuates from 30-55 clients at any given time. Given the nature of the therapy program and the need for several sessions per week to yield the best results, strictly looking at client numbers is very misleading. Pushing Boundaries delivers about 115 hours of therapy each week. Some clients receive up to 8 hours of therapy each week while others receive 1-2 hours weekly. We provide up to 6,000 hours of exercise therapy annually. Over the past year, we have had 64 total clients. Since the beginning of this year, we have increased therapy hours by 22%.

4) Website URL

<http://pushing-boundaries.org/>

5) YouTube Pushing Boundaries Channel URL

<http://www.youtube.com/user/PushingBoundaries>

2015 Video: <https://www.youtube.com/watch?v=WPx786Sq6ig>