



Funds Distribution Report

Recipient Organization:
Pushing Boundaries

Address:
4162 148th Ave NE
Building I
Redmond, WA 98052

Contact:
(425) 869-9506
<https://www.pushing-boundaries.org>

Organization's General Goals:

To provide thoughtful, client-specific exercise therapy to people navigating spinal cord injury, traumatic brain injury, stroke, multiple sclerosis, Parkinson's disease, cerebral palsy, and other movement-based neurological disorders. In addition, the facility and administrative team provide ongoing support resources for the community that reach well beyond exercise therapy.

Date of Award:	Level:
2018 Q4	\$2,501 to \$5,000

For more information, please read the attached report from Pushing Boundaries.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

January 3, 2020

Q4 2018 14.2 Grant Report

Marilyn Sheldon, Director
Tulalip Tribes Charitable Fund
8802 27th Ave NE
Tulalip, WA 98271

Dear Marilyn,

Thank you. The generosity of the Tulalip Tribes Charitable Fund continues to astound us. As you know, our dedicated team of exercise therapists provide thoughtful, client-specific exercise therapy to people navigating Spinal Cord Injury, Traumatic Brain Injury, Stroke, Multiple Sclerosis, Parkinson's Disease, Cerebral Palsy, and other movement-based neurological disorders. In addition, our facility and administrative team provide ongoing support resources for the community that reach well beyond exercise therapy.

2019 has been a significant year of transition at Pushing Boundaries. Tulalip's fourth quarter 2018 grant (Q4 2018 14.2) not only ensured that we were able to keep our services affordable and accessible to our clientele, but also helped stabilize indirectly as we saw significant change. The attached report details the activities, client care, and organizational goals your [REDACTED] grant helped support.

In September 2019 we welcomed new Executive Director, Teri Mayo LMT. Teri brings her vast background in healthcare, healthcare administration, and business-building to the organization. In November of 2019, I joined as the new Associate Director- I also have a background in healthcare administration, and twenty years of experience in the non-profit board world. 2019 has ended with the initiation of new tools to aid in client scheduling, an increase in accessibility for clients with administrative support, and focused outreach to the medical community to partner in client care.

Thank you again for your support. We deeply appreciate and are honored by your partnership.

Sincerely,




Michael LaTour
Associate Director

Tulalip Tribes Charitable Fund

Grant Report
 Q4 2018 14.2

Tulalip Tribes' unrestricted grant of [REDACTED] was used throughout 2019 to support client care and organizational improvements.

 **2019 By the Numbers**

CLIENTS

Number of Clients Served: 95

Age Range of Clients: 18-88

Racial/Ethnic Minority: 29%

Gender Identity:

- 65% Male-Identified
- 35% Female-Identified
- 0% Non-Binary

Diagnosis Served:

- Spinal Cord Injury
- Traumatic Brain Injury
- Stroke
- Multiple Sclerosis
- Other (Cerebral Palsy, Parkinson's Disease, Spina Bifida, Spinal Stenosis, Devic's Disease)

SERVICES

Number of Therapy Hours Provided: 5,700

Percentage of Therapy hours subsidized by donations and grants: 25%

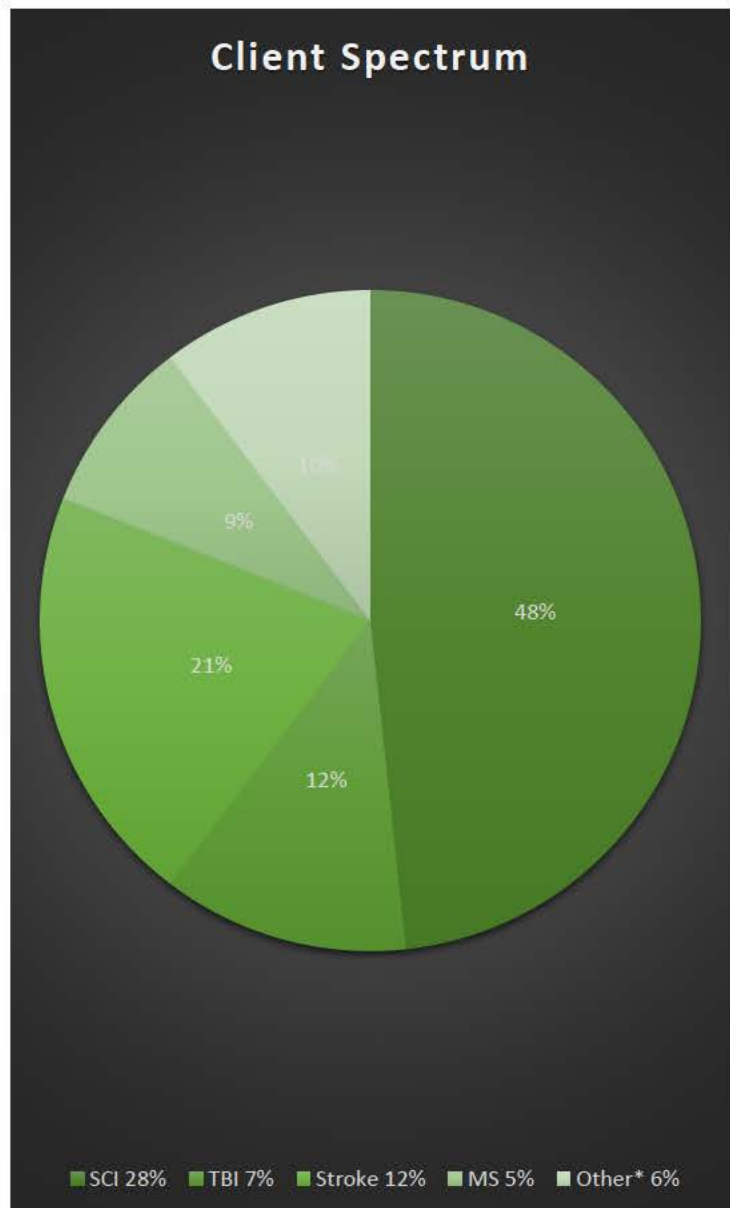
STAFF

Number of New Employees: 5

Number of New Board Members: 3

Ratio of Employees:

- 72% (5) Direct Client-Service Providers
- 28% (2) Administration/Support-Services





2019 Moments

The uniqueness of each individual client and their respective stories make treatment data difficult to compile into a chart. Each victory is specific to each client, each goal met a distinctive win. Here are some examples:

- First (post-incident) standing (aided): 75
- First (post-incident) standing (unaided): 5
- First (post-incident) steps taken (aided): 37
- First (post-incident) steps taken (unaided): 4
- Clients with increased range of motion: 70
- Clients with improved breath: 68
- Clients with increased hand dexterity: 13
- Clients with increased strength: 82
- Individual Goals met: 140
- Clients utilizing the Resource Center (online and in-house): 80
- Family/Caregivers of Clients utilizing the Resource Center (online and in-house): 100



Seeing is believing! Please take a look at our [2019 Fundraiser Video](#), as well as these short, vibrant, and energetic videos created by our exercise therapy team. ([Video 1](#), [Video 2](#), [Video 3](#))
More information is available at www.pushingboundaries.org.





With a new administrative team, new therapists, and new board members, Pushing Boundaries has never been so full of energy and enthusiasm! Here are some projects that were started in late 2019 and will move into 2020.

New Billing: Beginning in January 2020, we will be working with a new accounting company that will provide clients with clearer, easier documentation for them to submit for tax deductions, reimbursements, and/or insurance review.

New Scheduling: Beginning in February 2020, we will have a new scheduling system in place that will provide clients with both email and text reminders of their appointments. This simple tool will aid clients in the management of their complex healthcare schedules and minimize risk of no-shows/unnecessary fees.

New In-House Resources: The team is slowly refreshing the space for clients, including a thorough review of in-house resources. Early 2020 will provide a cleaner, clearer Resource Library, making it easier for clients and their families to find the support they need.

New Website: Coming in January 2020, Pushing Boundaries' website will be completely new! What does this mean?

- An easier-to-navigate online Resource Center
- Concise outlines of processes and procedures for potential clients
- Documentation available online, and in a fillable format

Increased Exposure: We are working hard to build relationships with new physicians and healthcare networks to ensure that ALL communities are aware of our services, so we can help even more people regain function and independence.

