



# Funds Distribution Report

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**Recipient Organization:**  
**Rainier Foothills Wellness Foundation**

**Street Address:**  
1675 Cole Street  
Enumclaw, WA 98022

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P.O. Box 905  
Enumclaw, WA 98022

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<https://www.rfwellnessfoundation.org>

## Organization's General Goals:

Our foundation creates opportunities for individuals and organizations to come together, innovate, and collaborate to address issues that impact the health of our community and its people. We provide the venue for the innovation and collaboration and funds to support it. Our initiatives serve as a gateway to connect individuals in the community to additional services from organizations we partner with.

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<b>Date of Award:</b>	<b>Level:</b>
2018 Q3	\$2,501 to \$5,000

For more information, please read the attached report from Rainier Foothills Wellness Foundation.

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

## **Tulalip Tribes Charitable Contributions**

Report: **Q3 2018 14.2** – Rainier Foothills Wellness Foundation

URL: [www.rfwellnessfoundation.org](http://www.rfwellnessfoundation.org)

Rainier Foothills Wellness Foundation (RFWF) is a community-based nonprofit organization that mobilizes our community to address the critical issues of hunger, access to healthcare, mental health and student success. Our mission is to create and support a healthy community. Serving over 10,000 people a year, we convene and collaborate with donors, volunteers, clients, businesses, local government and faith and community leaders to meet the needs of our most vulnerable citizens and solve our community's toughest challenges. RFWF carries out its mission through community-wide, core initiatives including the Care Van and Neighbors Feeding Neighbors; initiatives designed to meet emerging needs including mental health and integrated

The Care Van remains in high demand across the Plateau. The program continues to run at full capacity operating five days a week and providing an average of nine transports per day. Financial support from Tulalip Tribes has enabled us to continue addressing the critical issue of access to healthcare in our community. We finished 2018 strong by providing 2,452 Care Van transports and have provided 1,055 transports to an average of 26 riders per week this year as of July 31, 2019.

The Care Van provides a safety net for our most vulnerable citizens and provides free, reliable transportation to healthcare appointments for seniors, veterans, and those with disabilities. With 1/3 of the residents living in the Plateau/Foothills being 65 or older, many of them are isolated and cannot drive. Our Care Van is the only source of transportation that many of these citizens have for getting to and from healthcare-related appointments.

Building relationships with those we serve is just as important to us as the programs and services we provide. Besides the tangible benefit of free transportation, our clients enjoy the intangible benefits of companionship and a listening ear. We continue to see the positive effects of this approach with our seniors as it leads to improved mental health.

With plans to launch later this year, we will build on the infrastructure and success of the Care Van program by implementing a new Senior Partnership Program. We will recruit volunteer companions to spend a minimum of 2 hours a week with seniors. They will provide assistance and friendship to seniors who have a need for companionship and help them remain independent in their homes. Specifically, volunteers will assist with daily living tasks such as shopping, going to appointments, paying bills and simply spending time with them. Our goal for the first year is to recruit 10 volunteers to serve 15-20 seniors.



