



Funds Distribution Report

Recipient Organization:
Reach Out and Read Washington

Mailing Address:
2400 NW 80th St, Ste 315
Seattle, WA 98117

Contact:
(971) 287-6942
<https://reachoutandread.org/washington>

Organization's General Goals:
Our mission is to strengthen all families with young children through guidance from medical clinicians about nurturing relationships through shared reading.

| | |
|-----------------------|---------------------|
| Date of Award: | Level: |
| 2023 Q1 | \$7,501 to \$10,000 |

For more information, please read the attached report from Reach Out and Read Washington.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org



NORTHWEST

May 9, 2024

Marilyn Sheldon
Director, Tulalip Tribes Charitable Contributions
8802 27th Ave NE
Tulalip, Washington 98271-9694



Grant Status Report Q1 2023 14.2

Reach Out and Read Northwest

URL: www.reachoutandreadwa.org

Total number of recipients impacted by this grant: 1,500 children and their families

Photos: Please see attached

Dear Ms. Sheldon and members of the Tulalip Tribes Charitable Contributions Committee:

On behalf of the Reach Out and Read, thank you for your generous support of children in our community. We hope this report conveys our deep gratitude for the impact your grant helped support. Thank you for being our partner in this critical work.

Grant Overview – Q1 2023 14.2

Tulalip Tribes Charitable Contributions generously granted Reach Out and Read Northwest [REDACTED] in June 2023. During the last year, funding from the Tulalip Tribes helped support 86 medical providers deliver Reach Out and Read to children and families in 18 Washington tribal health clinics:

1. Colville Indian Health Center
2. David C. Wyncoop Memorial Clinic / IHS Wellpinit Service Unit
3. Karen I. Fryberg Tulalip Health Clinic
4. Lower Elwha Health Clinic
5. Lummi Tribal Health Center
6. Muckleshoot Health and Wellness Center
7. Nisqually Tribal Health Clinic
8. Nooksack Tribal Clinic
9. Omak Indian Health Clinic
10. Port Gamble S'Klallam Health Clinic
11. Quileute Health Center
12. Seattle Indian Health Board
13. Sophie Trettevick Indian Health Center, Makah Tribe
14. Stillaguamish Tribe Wellness Clinic
15. Suquamish Tribe Healing House
16. Swinomish Indian Health Clinic
17. Takopid Health Center, Puyallup Tribal Health Authority
18. Yakama Indian Health Services Clinic

Your support helped make books, reading, and meaningful moments accessible to children and families who need us most. It also helped provide supports the clinics and children's doctors need to effectively implement the program—including training and implementation supports and services--and provided over 1,300 high-quality children's books for families to take, keep, read, and enjoy together at home. Books provided this year included titles from Orca Book Publishers that were created and illustrated by Native American authors. Books provided to clinics are selected in partnership with the clinic teams who serve families. Your support helped over 1,500 families at the tribal health clinics listed above receive Reach Out and Read this past year.

Our Program

At Reach Out and Read, we give young children a foundation for success by incorporating books into pediatric care and encouraging families to read aloud together. We collaborate with clinics that reach the medically underserved and believe in supporting parents in becoming their child's first and most important teacher. We work with children through 5 years of age and their families. Because we partner within the existing medical system, we excel at providing our early literacy prescription to traditionally hard-to-reach populations.

Using the Reach Out and Read model, doctors incorporate guidance around language and literacy into their interactions with parents and children at well-child checkups and give families a brand-new book to take home and share. From the 6-month visit through age 5, children receive up to 10 books before kindergarten, and parents learn about child development and nurturing through reading aloud. As the only program of its kind in Washington, we are uniquely able to change the lives of children and their families by leveraging the trusted relationship they have with their medical providers.

Reach Out and Read works! Twenty published studies demonstrate our program's impact, scale, reach, and effectiveness. Key findings show that because of our intervention, parents are two and a half times more likely to read to their children, and children's language development is improved by 3-6 months (relative to their non-Reach Out and Read peers) by the time they reach kindergarten. Research also links our model to improvements in children's socio-emotional development and decreases in parental stress. The American Academy of Pediatrics recommends the ROR model as a strategy to help prevent toxic stress and is considered a standard of preventive care for young children.

Results

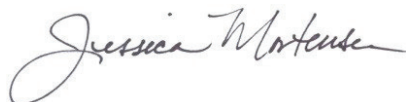
Reach Out and Read participants speak best about our program's impact on the children and families they serve. Kellyanna Dalton, Reach Out and Read Site Coordinator with Swinomish Indian Health Clinic shared, "A literacy rich medical clinic has brought warmth and caring into the clinic. Books help kids feel welcome and safe in a place that can sometimes feel scary. Reach Out and Read made a difference to one of my patients because it was the first time their child had received a new book. The mom's face lit up along with the children. What an experience to witness! My clinic's favorite book to give to patients is 'When we are Kind' it is such a beautiful book, and it gives parents and children a way to talk about how to take care of important relationships in their life."

January Austin, ND, and Reach Out and Read Medical Consultant with the Lower Elwha Health Clinic shared, "Reach Out and Read made a difference in my clinic by providing a love for reading and books in the children as they grow. Many of the children who have been coming here since birth are really showing their excitement for their new book at each visit. It makes them excited about reading and books. They are happy to get a book and it reinforces the importance of reading to the child for the parents."

And, Cathy Webb, MD, and Reach Out and Read Medical Consultant with Nooksack Tribal Clinic also shared, “Reach out and Read is known by the elders and the leaders in the Nooksack Tribe. It is important to show the community that education is a priority. Our clinic is the main way parents hear about starting early to read with their children.”

We are honored that Tulalip Tribes Charitable Contributions has chosen to be our partner and invest in Reach Out and Read. Please let us know if we can provide any further information. Thank you for being our partner in this critical work in ensuring healthy futures for kids to become their best selves.

Thank you,



Jessica Mortensen
Regional Executive Director



OREGON

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WASHINGTON

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