



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Real Escape From The Sex Trade

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GENERAL GOALS: REST was founded in November 2009 by a team of women experienced with troubled youth and sexual abuse issues. Other members of the team assist with case management to develop relationships with people being commercially sexually exploited (trafficked). Our goal was to help them find a path to freedom.

SPECIFIC USE FOR THIS AWARD:

This award was used to assist with operational expenses.

For more information please read the attached report from Real Escape From The Sex Trade.



Key Metrics of Operational Results

On any given night, hundreds of young women and girls are sold for sex to approximately 25,000 sex buyers in our region REST envisions a community that is free from commercial exploitation and exists to provide pathways to freedom, safety, and hope through prevention efforts, intervention activities, and restoration. We are moving the needle in the fight against sex trafficking and here are our recent milestones and statistics.

| Quantitative Milestones | Q2* | Q3* | YTD | REST Lifetime** |
|--|-----|-----|-----|-----------------|
| Young women fully escaping the sex trade (at least 1 year) | 2 | 4 | 9 | 76 |
| Women helped to leave the sex trade for between 30 days and 1 year | 21 | 8 | 35 | 137 |
| Young women newly enrolled in community advocacy | 14 | 2 | 25 | 145 |
| Young women served through our restorative housing program | 3 | 3 | 7 | 33 |
| Calls and responses to the 24/7 crisis intervention hotline | 107 | 88 | 264 | 922 |
| Unique new contacts with individuals in the sex trade | 88 | 74 | 162 | 1467 |
| At-risk boys and girls engaged with prevention efforts | 125 | 33 | 223 | 507 |
| New supporters added to our network | 62 | 77 | 194 | 1622 |
| Participants at our REST Quarterly Training Day | 38 | 18 | 101 | 938 |

*Q1 (Jan-Mar), Q2 (Apr-June), Q3 (July-Sept), Q4 (Oct-Dec)

**REST lifetime stats are in the process of being retroactively confirmed, and may result in higher cumulative totals.



Key Metrics of Operational Results

Qualitative Milestones

During our last quarter, some of the qualitative organizational milestones and those taking place in the lives of young women we are serving include but are not limited to:

- The Emergency Receiving Center (ERC) remodel was completed in September, and three open houses were held for donors and community partners to explore the space before launch.
- The ERC team was hired in October and went through 2.5 weeks of training and team building together before launch. We added 13 new employees to the REST team in order to launch this program.
- The REST House reached a “full” status in September, with two residents preparing to graduate and move into permanent housing.
- ‘Sarah’ called the hotline while she was at a DV shelter. She feared her pimp hired people to watch her and she did not want to leave the building. REST helped her apply for a long term residential program and provided transportation to the program. She now describes feeling “safe and grateful”.
- ‘Malia’ called the hotline in response to REST’s text outreach. She said she has received our texts before but was never able to respond because she was under the control of a pimp. She met with a REST advocate, moved in with a relative, and started applying for jobs. With the support of her REST advocate, she began a retail position and was promoted in a month. She says she would not have been motivated to apply if it wasn’t for REST support.
- ‘Jenny’ has worked with REST for almost two years graduated from community college with her Chemical Dependency Professional certificate. She is working a position with mothers who are chemically dependent.
- ‘Sasha’ has worked with a REST advocate for more than a year, identifying her primary goal was becoming clean and sober. She went to detox once, but left it shortly after. She reengaged with REST after going to jail and pursued inpatient treatment again. She successfully detoxed and is two weeks into inpatient treatment.



Key Metrics of Operational Results Glossary

Community Advocacy:

REST offers trauma-informed, strengths-based case management and mentorship for girls and women who are wanting continued assistance to reach their goals.

Restorative Housing Program (REST House):

Participants at the REST House are aged 18-24 and are escaping a life of sexual exploitation and taking steps toward accomplishing their self-identified goals. In this family-based and trauma-informed environment, each young woman has the opportunity to receive counseling, wraparound service, life skills classes and opportunities for education and job training. Young women can stay for up to 1 year.

Crisis Intervention Hotline:

Our 24 hour hotline provides crisis intervention for individuals who are seeking immediate help, and we also offer trauma – informed, strengths-based case management and mentorship for girls and women who are wanting continued assistance to reach their goals.

Unique New Contacts:

This number represent the cumulative total number of young women and girls that have had no previous contact with REST Programs or services and that engage with REST staff and volunteers for the first time. These contacts include those taking place through Street Outreach, Bikini Barista Outreach, the Crisis Intervention Hotline and referrals.

Prevention:

REST is providing retreats facilitating preventative curriculum for girls at-risk to be recruited into the sex trade as well as boys who are at-risk for becoming exploiters. We also offer to connect these young people with a REST mentor, who will model a healthy relationship and commit to becoming a regular part of their life.

REST Training Day:

Our quarterly training sessions have been developed to educate participants about the dynamics of sex trafficking, the sex industry in Seattle and direct services available for sexually exploited young women. This training is open to the community and required for prospective REST volunteers.