

## Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY:	Rebound of Whatcom County
ADDRESS:	316 E. McLeod Rd., Suite 102, Bellingham, WA 98226
CONTACT:	(360) 714-0700; http://www.reboundfamilies.org
GENERAL GOALS:	At Rebound, we work with families who are trying to recover and rebuild
	after experiencing the devastating effects of trauma.

## SPECIFIC USE FOR THIS AWARD:

Your donation helped provide mentorship, service, and recreational opportunities to at-risk middle schoolers with limited resources and positive relationships. By empowering our Compass Discovery program (now named Deep Roots), you've helped set a positive life trajectory for several teens and preteens without much outside support. Through your donation, we were able to provide them opportunities to serve their community, participate in mountain sports, and have open conversations about difficult subjects.

For more information, please see the attached report from Rebound of Whatcom County.

## **Final Report to Tulalip Tribes**

Report Code: Q1 2015 14.2 Total youth served through Compass Discovery: 49 Total lives touched through Compass Discovery: 250 (est.) www.reboundfamilies.org

It is with deep appreciation and gratitude that we submit this final report about the youth mentoring program you supported in 2015 – 2016.

Your donation helped provide mentorship, service, and recreational opportunities to at-risk middle schoolers with limited resources and positive relationships. By empowering our Compass Discovery program (now named Deep Roots), you've helped set a positive life trajectory for several teens and preteens without much outside support. Through your donation, we were able to provide them opportunities to serve their community, participate in mountain sports, and have open conversations about difficult subjects.

One of the wonderful opportunities you helped make possible was a partnership between our program, Lummi Nation, Community in Schools and the Snowboard Outreach Society. Here's our Program Director Lisa O'Day's report on the experience:

"Spring quarter at Deep Roots we partnered up with Lummi Nation and Community in Schools and hit the slopes with SOS at Mt. Baker. Rebound sent up 9 kids who greatly excelled in the experience and pushed themselves hard to adapt and live out the core values being taught: **courage, discipline, integrity, wisdom, humility and compassion.** We had a large number of mentors that rode with the youth; encouraging them and supporting them through the learning process of snowboarding. It was an amazing experience to be a part of and to watch growth in ALL of the participants.

We finished up the quarter of Deep Roots at the Rock Climbing wall at the YMCA. There, the SOS instructor presented the youth with certificates of completion and excellence. It was an amazing experience for these youth!"

During the Winter Quarter we focused on the academic and personal excellence with our participants. We used a resource called the Best of Building Assets Together, and incorporated it into our inquiry based learning objectives by getting the kids out into the community and exploring the topics of their personal interests. We also built a deeper sense of community and investment in our youth by attending their basketball games and outside events.

Lisa O'Day, Program Director for Deep Roots, took an interesting approach in relating to the youth. As so many of them are tied to their social network systems such as Facebook, Instagram, and Twitter she decided to focus on these aspects of their lives.

She had them start creating "real life" profiles compiled of information about their identity, their interests, their necessities, their values and their morals. Along with it comes an oversight of their projected future and where they would like to be in the next 5 - 10 years. She also had them think through colleges/universities they could possibly attend in the future, what field of study is in question and what organization/company in our own community may best depict this interest.

Thank you again for your support of this growing program. We are so grateful for your investment in our work with at-risk youth, who have greatly benefitted from the mentorship, community, and education they've received through the Deep Roots / Compass Discovery program.

I've also attached photos from the course of the year, including the Spring Quarter partnership with the Snowboard Outreach Society. Hope you enjoy!

In Gratitude,

Tyler Michel Rebound of Whatcom County www.reboundfamilies.org

