



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: School's Out Washington

DATE OF AWARD: 2017 Q4

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GENERAL GOALS: School's Out Washington provides services and guidance for organizations to ensure all young people have safe places to learn and grow when not in school. SOWA is dedicated to building community systems to support quality afterschool, youth development and summer programs for Washington's children and youth ages 5 through young adulthood.

SPECIFIC USE FOR THIS AWARD:

This award went towards support of their administration and programs.

For more information please read the attached report from School's Out Washington.



Feed Your Brain

2018 Executive Summary

What is Feed Your Brain?

The Feed Your Brain (FYB) project goal is to nurture summer learning, and increase access to nutrition within rural communities of Washington State. By concentrating our resources in these rural areas — where the poverty level is high, and summer programs & resources are limited — Feed Your Brain aims to address educational equity by increasing the number of children receiving nutritious meals, and literacy enrichment activities.

To work towards this goal, grants of up to \$5,000 are awarded to schools and community-based organizations, which run summer programs focused on literacy and enrichment activities while also participating in the Summer Food Service Program. Since 2001, School's Out Washington has awarded over 225 Feed Your Brain grants to schools, community organizations and/or tribes providing a total of over 25,267 children with summer literacy activities and serving over 506,970 free meals.

“This impact has kept the kids from having a big summer slide. That is key for us. If kids can not fall backwards during the summer, and come ready to learn in the school year... we are months ahead.”

— Paterson School District

Feed Your Brain 2018 Program Impact

In 2018, School's Out Washington awarded eleven programs with grants of up to \$5,000 — a grant support totaling **\$46,898**. With nineteen applicants and limited funding, we decided to prioritize those who most depended on our grant to operate a program in the summer. The eleven Feed Your Brain programs impacted a total of 1,067 young people through the literacy and meal programs. Feed Your Brain programs provided literacy and enrichment activities to 858 children and youth. Children and youth were recorded to have spent 75,290 hours reading and writing during the summer program. That is more than twice as many hours as reported by last year's Feed Your Brain programs. A combined total of 5,845 books were read, with 507 children keeping reading logs.



For the 13th year, we required programs to administer the San Diego Quick Assessment evaluation tool which assesses the change in children's reading levels over time. For the third year in a row, programs were provided with an alphabet test which could be administered to children who were pre-readers. Results from both assessments showed compelling data on the importance of summer programs in helping children and youth stay engaged and learning during the summer months.

The evaluation results showed similar results from the independent and frustrated reading levels of 96% of students either maintaining or improving by at least one grade level in reading. Children taking the alphabet test increased their ability to read both lower and upper case letters by 86%. The evaluation data combined with narrative reports demonstrate that the Feed Your Brain project plays an instrumental role in funneling needed resources into rural communities

Summer Meals

The Feed Your Brain project addresses hunger in high-poverty rural communities in Washington by requiring all grantees to run the Summer Feeding Service Program through USDA. Children and youth in the eleven funded communities had access to at least two free meals four days/week for a minimum of four weeks during the timeframe in which the program operated. The eleven programs served a total of over 26,970 meals over the entire summer. This is great news that programs are reaching youth not only in their literacy summer program, but also in their community.

For the past several years, School's Out Washington has participated as a member of a statewide summer meals workgroup, and now coordinates the group thanks to the support from an Americorps Vista member. Through this partnership, School's Out Washington has worked beyond Feed Your Brain by increasing access and participation in summer meal programs. Members of the workgroup have also served as resources for outreach and targeted recruitment of Feed Your Brain grant applicants.



In using the guidelines of what astronauts eat in space, the children were excited to prepare their own meals. (e.g.; homemade tortillas instead of bread). They were very enthusiastic about making a recipe book to share with family. Community and family members attended events and were able to interact with the children, learn nutritional values of food and have wonderful meals followed by a read-a-long!

— Ocean Beach School District, Ocean Park



First, while a portion of the program must be devoted to intervention and the acquisition of basic skills, another portion always provides enrichment. For students in Chewelah, there are few opportunities for enrichment. It isn't just that families are economically disadvantaged. There simply aren't available activities. The city pool closed. The closest movie theater is about thirty miles away. While there are several lakes within 10-15 miles of the town, many families lack reliable transportation, and the cost of swimming at the resorts is prohibitive for most families. By providing field trips and structured activities, our program adds seasoning to what could otherwise be a bland menu of summer offerings. Second, the books are so well received. Each year, there are several students who say that the books are their first books.

— Chewelah Elementary,
Chewelah School District

Training & Technical Assistance

We again partnered with **Page Ahead**, a Washington State non-profit organization that provides new books and develops reading activities that empower at-risk children. Page Ahead provided each Feed Your Brain program with four new books per student served for a total of 3,199 books distributed that were age-appropriate and were also available in Spanish as requested by the program. The Feed Your Brain programs were incredibly grateful for the books, to which they attributed much of the academic success and enjoyment of reading experienced by students.

This year, rather than contracting the technical assistance through our partnership with Page Ahead (as their literacy specialist that we had worked with is no longer available), we provided technical assistance through our full-time School's Out Washington coaches to a select group of grantees. We identified three sites that were interested and who we felt could benefit from our engagement: Reardon Libraries, Children's Home Society in Walla Walla, United General District in Concrete. The first two sites located in Eastern Washington were visited by our Spokane staff while the site in Concrete was visited by one of our King County coaches.



Community Partnerships

Every year, we encourage Feed Your Brain programs to foster partnerships to bring in additional resources and support programs. This year, Feed Your Brain programs established local partnerships with a variety of community resources including local libraries, food banks, parks and recreation, colleges/universities, newspapers, state and national park service, local government, businesses, sports teams, and a wide array of other community support.

Contact Us

For more information about Feed Your Brain, contact **Shannon Robinson** at

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or at (206) 336-6907.

Visit us on the web at www.schoolsoutwashington.org

Organization Name	Location
Chewelah School District	<i>Chewelah</i>
Children's Home Society of Washington	<i>Walla Walla</i>
Foundation for Academic Endeavors	<i>Mt. Vernon</i>
Grand Coulee Dam School District — 21st CCLC	<i>Coulee Dam</i>
Newport School District	<i>Newport</i>
Ocean Beach School District	<i>Ocean Park</i>
Paterson School District	<i>Paterson</i>
Reardon Public Library	<i>Reardon</i>
ROOF Community Services	<i>Rochester</i>
United General District 304	<i>Concrete</i>
Youth and Family Link	<i>Longview</i>

