



## Tulalip Charitable Contributions Funds Distribution Report

**NAME OF AGENCY:** Senior Services

**ADDRESS:** 2208 Second Avenue, Suite 100, Seattle, WA 98121

**CONTACT:** (206) 448-5757; <http://www.seniorservices.org>

**GENERAL GOALS:** Senior Services is the most comprehensive non-profit agency serving older adults and their loved ones in Washington State. We promote positive aging for thousands of seniors and their families each year through our integrated system of quality programs and senior centers.

**SPECIFIC USE FOR THIS AWARD:**

Senior Services is passionate about positive aging and remains committed to older adults. We serve the needs of seniors from the frail elder who requires support in daily living to the healthy, active senior seeking volunteer and leadership opportunities. Funding to Senior Services keeps elders in King County independent, physically and emotionally healthy, and socially engaged.

For more information, see the attached report from Senior Services.

## **2014 Senior Services Grant Report to Tulalip Tribes Charitable Contributions grant code Q3 2014 14.2**

### **Our Commitment**

Senior Services is passionate about positive aging and remains committed to older adults. We serve the needs of seniors from the frail elder who requires support in daily living to the healthy, active senior seeking volunteer and leadership opportunities. Funding to Senior Services keeps elders in King County independent, physically and emotionally healthy, and socially engaged.

In King County, seniors will represent nearly one-quarter of all adults by 2025. King County is home to an increasingly diverse aging population, and our services are evaluated constantly so we can address emerging needs.



Senior Services was established in 1967. Today we serve nearly 72,000 individuals a year. More than 3,800 volunteers together with over 250 employees make our mission and vision a reality:

**We promote the emotional, social and physical well-being of older adults through a network of integrated services and community connections.**

**We envision a just society where aging adults and those who care about them can live their best lives.**

### **Mission in Action**

Senior Services is the largest provider of comprehensive services for elders and their loved ones in the state of Washington. Ada's story is just one example of our mission in action.

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*At age 70, Ada was an active member of the Ballard community where she had lived for 50 years. She loved volunteering at a local grade school and was known by her neighbors as "the flower lady." She took great pride in her flower garden and would be found throughout the summer delivering fresh bouquets of flowers and herbs to her friends.*

*Two days after her 72nd birthday, Ada tripped over a coiled hose, breaking her hip. She found herself depressed and unable to do many of the things she used to. She was reluctant to call upon neighbors or friends because she couldn't imagine burdening people with her needs.*

*During another hospitalization, a social worker convinced Ada to try Meals on Wheels. She was given a menu, which she looked over in her hospital bed, and gave the social worker permission to contact Senior Services on her behalf. Shortly afterward, she no longer needed to worry about food shopping or cooking. She got breakfasts and lunches or dinners delivered to her door and only needed to pop them in the microwave to enjoy hot, nutritious meals.*

*Today, Ada can be found on a sunny day back in her garden. For Ada, Senior Services is the blessing that continues to make it possible for her to remain in the home she loves – where she raised her children, and where her garden grows.*



### **2014 Program Accomplishments**

In 2014, our programs supported 71,875 seniors.

**Meals on Wheels** provides nutritious home-delivered meals to homebound seniors and adults with disabilities. **We delivered 419,804 meals to 2,212 clients.**

**Mobile Market** is a home-delivered grocery service for seniors who can still cook for themselves but find it difficult to get to the grocery store. This program is integrated with Meals on Wheels. **We made 3,958 grocery deliveries to 631 clients.**

**Community Dining** meets the nutritional and social needs of seniors. Dining sites are located throughout the area. The program strengthens the physical health of elders as well as their emotional well-being. **We served 139,896 meals to 4,145 clients.**

**Senior Information & Assistance** helps elders find community resources such as health care or rental assistance, and makes referrals to other community services. Trained volunteer advocates help clients find the best solution for their situation. **We received 56,437 requests for information and served 5,310 clients.**

**Transportation Program** takes seniors where they need to go. For elderly and disabled persons who can't drive because of physical limitations, getting to and from various places or running errands can become nearly impossible. Our free transportation services provide shuttles to community meal programs and senior centers, rides to medical appointments with individual escorts and neighborhood vans for errands such as grocery shopping, banking or visiting friends. **Senior Transportation provided 6,264 clients with essential rides that totaled 1,113,442 miles.**

**Minor Home Repair** ensures that seniors' homes are accessible and safe, and that small repair problems don't develop into serious ones that could damage the home or endanger the homeowner. Skilled, professional technicians make minor plumbing, carpentry and electrical repairs and install wheelchair ramps, grab bars and handrails. **This program served 773 clients with 2,796 repair jobs.**

**Senior Rights Assistance (SRA)** helps seniors and their families with legal and consumer issues, such as Social Security problems, questions about Powers of Attorney and Advance Directives and homeowner and tenant concerns. **We helped 770 clients with 813 assistance cases.**

**Caregiver Outreach and Support** helps people caring for loved ones who are elderly or have disabilities navigate through the array of community resources to secure necessary supports and services. **This program served 351 caregivers.**

**Statewide Health Insurance Benefits Advisors (SHIBA)** helps seniors and their families with Medicare and other health insurance questions. The program benefited 6,423 consumers.

Adult Day Health Centers provide safe, comforting care for frail adults experiencing physical, mental and social challenges associated with stroke, dementia or memory loss. **Last year, two centers provided 11,826 days of service to 231 participants.**

**Project Enhance** provides low-cost, accessible health promotion through our nationally-recognized EnhanceFitness exercise classes and EnhanceWellness health management program. **This program had 19,344 participants.**

**Senior Services' affiliated Senior Centers** are located throughout King County and provide a vital environment for seniors to learn new skills, expand their social networks, take classes and volunteer to help others. **Last year, 24,898 participants made 339,217 visits to the centers.**

### Client Demographics

Income		Race/Ethnicity	
Very low income (<30% median)	51%	Asian/Pacific Islander	5%
Low Income (30%-49% median)	26%	African American	18%
Moderate (50%-80% median)	10%	Caucasian	60%
Above moderate (80% and above)	13%	Hispanic/Latino	3%
Age		Native American	3%
Less than 60 Years	3%	Other/multi-racial	11%
60-74 Years Old	43%	Gender	
75-84 Years Old	28%	Female	58%
85 and Older	26%	Male	42%

### Revenue/Expenditures

Senior Services' general operating budget for 2014 was \$16,145,457. As of December 31, 2014, our actual unaudited revenue for the year was \$17,803,645, and expenses were \$17,773,830.