



**CHARITABLE  
CONTRIBUTIONS**

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

# Funds Distribution Report

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**Recipient Organization:**

**Solid Ground**

**Address:**

1501 N 45th St  
Seattle, WA 98103

**Contact:**

(206) 694-6700  
www.solid-ground.org

**Organization's General Goals:**

Solid Ground believes poverty is solvable. Our approach combines direct services with community-based advocacy. We support individuals and work to undo racism and other oppressions that create barriers—so everyone can achieve their full potential.

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**Date of Award:**

2019 Q2

**Level:**

\$500 to \$2,500

For more information, please read the attached report from Solid Ground.

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.

January 28, 2020

Tulalip Tribes Charitable Contributions  
Marilyn Sheldon  
8802 27<sup>th</sup> Ave NE  
Quil Ceda Village, WA 98271

Dear Marilyn,

Thanks in part to the generous grant award of [REDACTED] from Tulalip Tribes Charitable Contributions in 2019, Solid Ground's **Broadview DV Residence provided 365 survivors of domestic violence (DV)** with safety, shelter, and supportive services last year to help them recover from experiences with DV and homelessness. Your support was instrumental in creating spaces where these families could safely address and heal from the dual trauma of homelessness and abuse, all while building skills, resources, and resiliency to prepare them for brighter futures. We are pleased to provide the following report on our Broadview DV Residence's activities over the past year.

Broadview provides private, fully-furnished apartments and wraparound, supportive services for each family who walks through our doors in 10 units of emergency shelter and 21 units of transitional housing at a secure, semi-confidential metro location. All residents are actively escaping abusive situations, experiencing homelessness, and living on low incomes; additionally, 87% of our residents identified as Black, Indigenous, or people of color (BIPOC) in 2019, with more than 34% identifying as New Americans, including recent immigrants and refugees. These families face compounding, systemic oppressions that create complex barriers to stability and healing. Broadview's comprehensive services and compassionate staff work in combination to break down these barriers, as well as promoting growth, resiliency, and healthy relationships for the family as a whole.

### 2019 Outcomes

In 2019, we are pleased to share that 70 families (72 adults and 144 children) accessed Broadview emergency shelter, and 44 families (44 adults and 105 children) were supported through our transitional housing program.

- Of families whose circumstances allowed them to meet with a case manager,\* **100% developed a Family Safety Plan** to address immediate concerns and potential threats and,
- **93% made progress on their Family Stability Plan** that outlines specific goals and resources toward stability, such as English classes, job training, or mental health supports.
- Additionally, **100% of children received individualized attention and support to cope with trauma** through our Children's Program, promoting social, emotional, and academic strength and resilience,
- **100% of resident youth were enrolled in school**, and 22 families participated in the Home From School Initiative, where families who able to maintain their child's attendance through 5<sup>th</sup> grade are awarded a Section 8 Housing Choice Voucher through Seattle Housing Authority (SHA),
- **100% of children had access to one-on-one afterschool tutoring** to enhance academic performance and rebuild trust and positive adult relationships, and
- **100% of families had access to in-person interpretation services** for case meetings, support groups, wrap meetings with other providers, and any other situation where a participant identified need. Broadview staff have current language capacity in Spanish, and **interpreters were utilized 68 times at Broadview in 2019**, accounting for more than 40% of agency-wide requests, for languages including Amharic, Arabic, Cantonese, Japanese, Oromo, Russian, and Spanish.
- Additionally, **over 75% of households who exited Broadview in 2019 moved on to secure permanent housing.**



\*Please note that some families enter and exit the program so quickly they may not have the opportunity to meet with a case manager or create a Family Safety or Action/Stability plan; in 2019, nine families were at Broadview for less than 12 days and five had extenuating circumstances which prevented them from meeting with a case manager to create Safety or Stability plans.

**2019 Demographics:** Of the total 114 households at Broadview last year, 107 qualified as having a very low income (<30% area median income), 54 survivors self-identify as having a disabling condition (although we believe the rate of official diagnosis may be much higher), and 34% identify as New Americans, including refugees or recent immigrants, with 62 survivors reporting limited English proficiency.

- Demographics of individuals served in 2019 are reported as: 34% Black/African American, 26% Multi-Racial, 14% Hispanic/Latinx, 12% Caucasian, 6% Asian/Asian American, 5% American Indian/Alaskan Native, 2% Native Hawaiian/Pacific Islander, and 1% Other. Additionally, 66% identified as female, 34% as male, and 1 individual identified outside of the gender binary.
- Of the 249 children served in 2019, 49% were ages 0-5, 39% were 6-12, and 12% were 13-18.

**Additions to Programming in 2019:** We are excited to share that we also deepened our supports for resident families in 2019 through two new program components at Broadview: we were one of three local DV providers selected by HUD to develop a **rapid re-housing (RRH) program**, combining time-limited rental assistance with housing-focused case management, and we also formalized our **mobile flexible advocacy (MFA) funding** through a contract with the City of Seattle.

The implementation of **RRH is a first step toward our ultimate goal to convert to all units to a bridge model**, combining RRH with enhanced emergency shelter stays to provide more comprehensive care for residents and non-resident survivors as they re-establish stability after experiences with homelessness and DV. **MFA provides survivor-centered mobile case management with flexible financial assistance** to address survivor-identified needs, including basic needs like food, clothing, and transportation, as well as more substantial expenses toward long-term stability like application fees, security deposits, and move-in assistance for families who have located permanent housing – including those participating in RRH – and respond quickly to survivors' needs. We have also worked with other agencies in the past to leverage funds toward more significant costs, such as relocation, which is sometimes necessary to maintain a family's safety or to move them closer to systems of family support. Some 2019 successes for Broadview's MFA program have included:

- Providing accompaniment for survivors in court, including depositions
- Organized safety plans with non-resident survivors in the community
- Assisted with utilities payments to maintain safe housing
- Advocated for trauma-informed school support for a child with special needs
- Helped an immigrant survivor and her family navigate systems to replace documents after vital paperwork was destroyed in a fire
- Paid a licensing fee enabling a survivor to find work so she could increase her income and move into more permanent housing
- Assisted with relocation after an abuser found and assaulted a survivor

The addition of these program components both broadens and deepens the range of services we're able to provide to survivors of DV and their families. Addressing needs holistically through multiple housing models, flexible financial assistance, and mobile, individualized advocacy, enables us able to reach additional households and to provide more comprehensive supports for resident and non-resident survivors and their families in the community as they heal from their trauma and go on to live whole, healthy lives. We are pleased to report on the following successes for RRH and MFA in 2019:

- Implemented in late 2019, during the last few months of the year, **three families, including three adults and five children, were served through Broadview's RRH program**, providing rental



assistance and individualized case management support to secure housing and build assets so families can gain stability at their own pace; and

- **Ninety-two families were served through our MFA program**, accessing flexible client funds to cover costs associated with stability and engaging with case management at Broadview, local coffee shops, schools, community centers, libraries, and other locations convenient to former residents and non-resident survivors. Of these, **88 families reported progress toward goals outlined in their Family Stability Plans.**

By combining RRH with MFA, we foster more sustainable outcomes for survivor households at Broadview and in the community, easing the transition to independent living situations and ensuring that our programming is inclusive and accessible to all residents, regardless of barriers or income level, to equip all families with the skills and resources to maintain more permanent housing and move forward to lead independent and fulfilling lives.

### **Program Highlight: Social-Emotional Learning in Broadview's Children's Program**

The **249 children who called Broadview home in 2019 participated over 3,000 times in groups and 100% received individual attention and support from Children's Advocates and our Children's Group Specialist** to foster healing and resiliency after the trauma of homelessness and abuse. Last year, our Children's Program Manager identified Social-Emotional Learning (SEL) as a priority area across residential Children's programming, in alignment with local public schools and community partners like the Boys & Girls Club. The Collaborative for Academic, Social, and Emotional Learning (CASEL) defines SEL as the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. SEL is an effective tool in the classroom and beyond to promote protective environments, foster healthy relationships, and enhance a child's ability to recognize and regulate emotions and behaviors, and has been found to provide tools for children who have Adverse Childhood Experiences (ACEs) such as DV and homelessness, helping them to safely address the long-term effects of trauma and build a set of social and emotional skills to promote future resilience.

Currently, we build SEL into weekly Children's support groups, sharing practices and concepts with parents to encourage intergenerational engagement and shared learning to strengthen SEL competencies for the entire family. These activities can include breathing exercises, feelings check-ins, journaling, and exercises teaching respect and boundary-setting to encourage self-awareness, emotional regulation, and healthy relationship skills. Age-specific support groups focus on four rotating SEL topics: Understanding Trauma & Yourself, Identifying Feelings, Controlling Emotions, and Relationships. We create space for multigenerational education through adult DV and parenting support groups that mirror Children's topics to encourage shared learning and healing.

### **Challenges in 2019**

We experienced an important year of leadership transition, both agency-wide and specifically at Broadview, in 2019. In October, Solid Ground President & CEO Gordon McHenry, Jr. moved on to accept the role of President & CEO for United Way of King County. We are incredibly grateful for the leadership Gordon has brought to Solid Ground to solve poverty and work for race and social justice – it was these leadership qualities that led United Way to seek him out. Solid Ground and United Way have worked together for decades and share a commitment to solving poverty and undoing racism and other oppressions that are root causes of poverty. We are excited to see Gordon poised to bring these values to his new work at United Way, where he has the opportunity for even greater impact on our community. Broadview also experienced a change in leadership at the program level this year, with the departure of Program Manager Chris Meinhold, who has been on staff for over 30 years, the last seven as Program Manager. We are thankful for Chris' many years of compassionate and courageous work at Broadview and excited to carry forward her legacy of caring with a new Program Director.

Beyond these transitions, Broadview has also been working to navigate our response to the growing need for specialized services and more in-depth case management that many New American survivors require to address



complex legal and cultural barriers to healing and stability. Over the past few years, we have seen a dramatic increase in the number of New Americans, including recent immigrants and refugees, who are accessing Broadview's services. Between 2017 and 2018, the rate of New Americans at Broadview more than doubled, from representing 16% to 34% of all residents. In 2019, 126 individuals self-identified as New Americans. We attribute this increase to Broadview's cultural competency, low-barrier-to-entry approach, strong network of referrals, language access policy, and legal supports. Abusers are known to use immigration status or documentation as a means of control, forcing survivors to stay in the relationship rather than risk deportation and potential separation from their children. Compounding barriers like social isolation, language capacity, and legal status further complicate the ability of New American survivors to re-stabilize after escaping an abuser, and many require more intensive case management and connections with culturally-relevant services to get back on their feet. Furthermore, length of stay for New American survivors is longer than average, as many foreign-born families need additional time to stabilize and may have difficulty securing permanent housing, especially if documentation is an issue.

### **Meeting those Challenges & Strategizing for 2020**

In October 2019, Solid Ground's Board of Directors named Chief Program Officer Caitlen Daniels as Interim President & CEO as we embark on a nationwide search for a qualified individual to step into the permanent role. Our Board is working closely with agency leadership and key stakeholders, as well as an external consulting firm, to develop a strategy for recruitment, hiring, and on-boarding for the position. Additionally, as our 2016-2019 strategic plan comes to a close, we will be engaging in an important year of strategic visioning before setting the agency agenda for the next three years, and look forward to engaging our Board, community accountability bodies, and new leadership in this process. We also welcomed Broadview's new Program Director Karen McKeen, who brings 20+ years' experience with DV advocacy, case management, housing, rapid rehousing, and community leadership to the role. Her coalition and community work includes the implementation of trauma-informed approaches with hundreds of service providers in neighboring Snohomish County. We are excited to have Karen onboard and look forward to tapping into her wealth of experience as we continue to increase the depth and breadth of our supports for families experiencing DV and homelessness in our community.

The implementation of MFA and RRH programming at Broadview are closely aligned with these efforts toward provision of longer-term, more responsive services, which will, in turn, support our growing New American population by allowing us to provide ongoing services for survivors stabilizing in permanent housing and added flexibility to meet participant-identified needs as they arise. We recognize that DV impacts survivors across different cultures, ethnicities, and nationalities; in our work to provide equitable supports for these populations, we are also committed to ongoing anti-oppression and cultural competency trainings for staff, contracting with interpreter services, and strengthening our network of referrals. Broadview has worked hard to develop partnerships with local organizations such as API Chaya, Northwest Immigrant Rights Project, ReWA, Consejo, Horn of Africa, Cowlitz Tribal Health, Asian Counseling & Referral Services, St. James Immigrant Assistance, Interim Community Development Association, Jewish Family Services, and International Community Health Services. We also make efforts to align our work with the self-identified needs of our current resident population through consistent evaluation and feedback loops that center the voices of those most impacted by our work and allow their experiences to inform our policy, procedure, and delivery of services.

### **The Impact of Your Gift: Comprehensive Supports for Families in Crisis**

Tulalip Tribes' support was instrumental in directly supporting core service costs at Broadview last year. Your support was allocated against staff time and program supplies, as well as our federally-approved indirect rate, resulting in the following program impacts in 2019:

- Two Children's Advocates and a Child Care Specialist to provide wraparound supports for Broadview's youngest residents



- Eight case managers, as well as a DV legal advocate and RRH case manager, and 24/7 staffing to promote safety and ensure responsiveness to resident needs
- Eight different weekly, age-appropriate children's support/activity groups featuring SEL themes and individualized attention to promote healing and resiliency through art workshops, nature clubs, swim group, afterschool tutoring, and homework help
- Youth enrollment in school and recreation and enrichment activities like music lessons, sports camps, coding classes, and more through our network of referrals to scholarship- and non-fee-based programs
- Weekly groups for adult survivors, including DV support groups, parenting and financial empowerment classes, and "ask the expert" counseling sessions with a Child Psychologist
- One-on-one case management available to 100% of residents through weekly case meetings to develop Family Safety and Stability Plans, with specific strategies uniquely tailored toward those participating in Emergency Shelter, Transitional Housing, and RRH programs
- Connections to other social service or government agencies to increase survivor networks of support, which may include referrals to behavioral or physical healthcare, culturally-specific services, or enrollment in new/increased public benefits such as SNAP (Supplemental Nutritional Assistance Program a.k.a. food stamps), TANF (Temporary Assistance for Needy Families), or Medicaid
- Resources onsite in direct response to resident-identified needs; last year, after residents expressed a desire to learn more about specific strategies to help their children cope with trauma, Broadview contracted with a child psychologist and infant mental health therapist/parent coach to co-facilitate groups with our staff to assist parents with supportive skills and strategies

These costs represent essential services not covered by other grants, contributing to the comprehensive breadth of resources at Broadview that position us to empower resident families to heal, stabilize, and thrive; with the continued support of partners like Tulalip Tribes, we can work together to ensure sustainability of services and quality programming to more effectively mitigate the traumas of homelessness and abuse.

### Spotlight: Stories of Brilliance & Resiliency at Broadview

**Broadview Emergency Shelter – Janice's\* Story:** Janice relocated to Washington from another state to be closer to relatives in the area who could support her with her daughters while she got back on her feet. However, she was unprepared for the long waiting lists for subsidized housing in Washington State. She was referred to Broadview Emergency Shelter and immediately began working to find employment. Janice secured two part-time jobs, as well as participating in the Home from School program while at Broadview to secure a Housing Choice Voucher through Seattle Housing Authority. Janice shared that, without Broadview, she didn't feel she would have had the support needed to secure stable housing.

**Broadview Transitional Housing Program – Olivia's\* Story:** Olivia had been trying to leave her abuser for several years but was unable to maintain an independent living situation due to a lack of access to resources. Since coming to Broadview, she has been entangled in complicated court proceedings and is in the process of developing a parenting plan with assistance from our DV Advocate. The youngest of her three children was born during her stay in Broadview's Transitional Housing Program. Olivia shared that having stable housing and support at Broadview has allowed her to make the change that she has tried and been unable to for so many years. She attributes her newfound ability to move forward in her life to her experiences and community of supporters at Broadview. She says that if she had known about services like Broadview's sooner, she would have made the change years ago. Thanks to the stability she found at Broadview, Olivia and her family have been able to locate permanent housing and plan to move into a permanent subsidized unit next month.

**Broadview Children's Program – Susan's\* Story:** Susan is the mother of two young children: five-year-old Henry and seven-year-old Alexis. Susan has had a difficult relationship with her children because her abuser refused to let her speak to them in her native language and she has limited capacity in English. After arriving at Broadview, Susan prioritized rebuilding her relationship with her children; she enrolled Alexis in counseling through ACRS

*\*Names have been changed for anonymity.*



and Bryan and herself in parent-child counseling through NAVOS, as well as making sure to attend Broadview's parenting support group every week. Since participating in counseling and Broadview's parenting group, the improvement in Susan and her children's relationship has been dramatic. When Alexis and Henry began to struggle in the classroom, our Children's Advocate held essential wrap meetings with Susan, the children's counselors, and their teachers to discuss their history and recognize the long-term effects that trauma can have on behavior. Together, they were able to develop trauma-informed solutions that supported the teachers to appropriately address classroom behavior as well as Susan and her children's needs.

**Broadview Mobile Flexible Advocacy Program – Georgia's\* Story:** Georgia is a New American with four children who exited Broadview for more permanent housing secured through participation in a rapid rehousing program. Unfortunately, only a few months after moving in, a fire in a neighboring apartment spread to her unit and the family lost nearly everything. Shortly after the fire, her name came up on the waitlist with Northwest Immigrant Rights Project and she was finally able to work with an attorney to submit her U-Visa application, which required various documentation that had been lost in the fire. Broadview was able to support Georgia with funds through our Mobile Flexible Advocacy program to replace her birth certificate and passport for the application, as well as divorce papers that had also been burned. Broadview continued to work with Georgia and advocate on her behalf with her landlord to make the necessary repairs in order for her to move back into her permanent unit.

Thank you for your enduring commitment to the Seattle community and survivors like Janice, Olivia, Susan, and Georgia. Your support provides a stepping stone for survivors of domestic violence during some of the most dire and difficult times in their lives. We are thankful to have your support as we race against the rising rate of homelessness in Seattle and domestic violence as the nationwide leading cause of homelessness among women with children. We look forward to the opportunity to partner with Tulalip Tribes Charitable Contributions again in the coming year. Please do not hesitate to contact Solid Ground's Resource Development Director Maya Hemachandra with any questions or to request a site visit at [mayah@solid-ground.org](mailto:mayah@solid-ground.org) or (206) 694-6803.

With gratitude,



Alexandra Weeks  
Grants Manager

*\*Names have been changed for anonymity.*

# A legacy of respect

Solid Ground's Broadview program creates a safe haven where 13,000+ domestic violence (DV) survivors – including 8,500+ children – have gained stability and hope since 1983. Much more than shelter, Broadview provides comprehensive support services to help families heal from the traumas of homelessness and DV in a climate of respect. This fall, as Program Manager Chris Meinhold moves on after 30+ years at Broadview, we're celebrating her tenure by highlighting some secrets to Broadview's longevity and success.

## Innovation to address whole lives

Broadview staff share a collective commitment to the idea that housing is a basic human right – and a belief that by serving the whole family, we can interrupt cycles of poverty and support all residents to thrive. As one of the first DV facilities in our region to allow shelter stays longer than a few weeks – and the only one that allows male children to stay with their families until they are 18 years old – Broadview has always been innovative.

Early to recognize that all household members – not just parents – need access to support services, Broadview launched a Children's Program in 1988 and became a model for other family shelters. Chris says, "This whole building is set up for children and families," and it's all about keeping them safe.

But beyond innovation, Broadview staff approach all residents with an attitude of respect. According to Bev Sims, who's been part of the Broadview team for 20+ years, respect starts with the facility: "The fact that they got their own units made it such a lovely place for families to be." And because they don't have to share, "They can shut the world out when they shut the door for a minute and try to heal."

Lakesha, only 19 years old when Broadview was there for her and her child, writes, "In 2001, I fled an abusive relationship and sought refuge at Broadview. Back then, I thought I only needed shelter. However, once I arrived, I quickly learned my need was bigger than my awareness. Broadview gave me hope, healing, and resources to reclaim my life and my purpose."



Lakesha is now a prosecutor with the Dallas County District Attorney's Office.

## Not just a number

At full capacity, there are 31 parents and around 75 kids in residence at Broadview – and staff make a point to know the names of every single one, which Chris says "is huge when you've been in a situation where you have been discounted."

She reminisces about one former resident who called years later to say, "I had to go through three other programs to realize what I had and how different you guys are. I've never been treated with the



same respect – never had the level of support services for my children, and a clean and neat unit with everything in good repair – like I had at Broadview.”

Soberingly, there are nowhere near enough facilities to serve people seeking DV services in King County. Broadview gets 15-20 applications for each transitional unit opening and must turn away up to 500 eligible families each month.

As one former Broadview mom, Violet, puts it: “Broadview didn’t mean shelter, it meant a safe home to us. The friendly staff were polite and made me feel [at] home. They took care of my two boys. We stayed there for three months and have our own apartment now, but I still go to Broadview for support. It is just a great place.”



Tracie at her graduation

Tracie, another former resident, says, “I was there 13 years ago. I have two boys with disabilities. My situation was intense. If it weren’t for Broadview, I wouldn’t have had anywhere to go and would have ended up back where I was. Everybody was always there to talk to, bounce ideas off of. They made me feel like I was important. The biggest thing I walked away with was I mattered, and I was important to my kids. Everything that happened there helped me with that thought process.”

#### Steps to stability

For many families, Broadview provides the support they need to change the trajectory of their lives. As Tracie now reports, “I got my Master’s this year in Social Work, and I am a social worker at ARC of King County. Broadview gave me tools and confidence – and everything I needed to start over and get where I am today.”

Lakesha’s world is forever altered as well: “With Broadview’s assistance, I obtained a GED and more stable housing. These were the first steps which fueled my educational and career endeavors. I went on to get a BA from Seattle University and a law degree from Tulane Law.”

Today, Lakesha is a prosecutor with the Dallas County District Attorney’s Office and reflects, “I am not sure where I would be if Broadview did not answer my call for help. I do know, however, I am where I am because Broadview took me in and invested in me.”

Read more of this story & view a video tribute at: [www.solid-ground.org/a-legacy-of-respect](http://www.solid-ground.org/a-legacy-of-respect)