



# Funds Distribution Report

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**Recipient Organization:**  
**Tacoma Area Coalition of Individuals with Disabilities (TACID)**

**Address:**  
6315 S 19th St  
Tacoma, WA 98466

**Contact:**  
(253) 565-9000  
<https://www.tacid.org>

**Organization's General Goals:**  
TACID, Tacoma Area Coalition of Individuals with Disabilities, promotes the wellness, recovery and resilience of adults experiencing disabilities in Pierce County. Founded in 1980, TACID was established to be a center where disabled adults could access core services and support from free-standing community groups and organizations. Today TACID provides peer support services for adults experiencing a spectrum of disabilities and challenges, while also providing free meeting space and facilities for like-minded community partners.

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<b>Date of Award:</b>	<b>Level:</b>
2023 Q2	\$500 to \$2,500

For more information, please read the attached report from Tacoma Area Coalition of Individuals with Disabilities (TACID).

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

Disclaimer: This report may be a summary of content provided by the recipient, not always complete quoted material.



May 30, 2024

Tulalip Tribe Charitable Fund  
8802 27th Ave NE  
Tulalip, WA 98271

Dear Charitable Fund Committee,

Please find the attached Tulalip Tribe Charitable Contributions Report, Code: Q2 2023 14.2, submitted by TACID, Tacoma Area Coalition of Individuals with Disabilities. We are very pleased to report on the success of our "Many Branches, One Tree" Fundraising Luncheon and the impact of the Tulalip Tribe's [REDACTED] grant to match new donations.

In addition to information on the fundraiser, you'll find an update on our Wellness and Recovery Program supported by the Q2 2023 grant and donations which are allocated to support the Wellness and Recovery Program, including program supplies, staff expenses, communication costs, data tracking and evaluation.

Many thanks to the Tulalip Tribe for contributing to the success of our fundraiser and for its ongoing trust and support of TACID. In 2023, we served 971 unduplicated individuals and had provided 11,180 services, well exceeding both the number of individuals (428) and number of services (7,591) we provided in 2022. Without the support of funders like you, we would not be able to grow and continue serving the many vulnerable members of our community.

If you have any questions, please feel free to contact me. I can be reached at 253-565-9000 x 112 or by email at [nalani@tacid.org](mailto:nalani@tacid.org). I look forward to hearing from you.

Sincerely,

A handwritten signature in black ink that reads "Nalani Linder". The signature is fluid and cursive, with the first name "Nalani" being larger and more prominent than the last name "Linder".

Nalani Linder  
Executive Director

## TACOMA AREA COALITION OF INDIVIDUALS WITH DISABILITIES

[www.tacid.org](http://www.tacid.org)

CODE: Q2 2023 14.2

### TULALIP TRIBE CHARITABLE CONTRIBUTIONS REPORT

In Quarter 2, 2023, the Tulalip Tribe Charitable Contributions approved a [REDACTED] grant to provide a 1:1 match for new donations made during TACID's fundraising event and luncheon. All grant funds and donations raised during the "Many Branches, One Tree" Fundraising Luncheon were used to support TACID's Wellness and Recovery Program 2023, including program supplies, staff and staff supervision, surveys, data tracking and evaluations.

Held on October 18, 2023, the Many Branches, One Tree Fundraiser was very successful. The luncheon was first in-person fundraiser since the pandemic and the first luncheon to be hosted at TACID's facility. The 1-hour event was very well-received by 80+ donors, funders and community partners. An announcement was made during the luncheon program to inform attendees about the [REDACTED] matching grant and to thank the Tulalip Tribe for their generosity. Inspired by the Tribe's matching grant, an anonymous donor provided additional matching funds. As a result, TACID **exceeded** its \$40,000 fundraising goal and raised nearly **\$70,000** in grants, sponsorships, donations and pledges. The [REDACTED] grant was matched 1:1 to raise a total of [REDACTED], or approximately 6% of the total amount raised.



"Many Branches, One Tree" Fundraising Luncheon 2023 at TACID.

## TACID Wellness and Recovery Program 2023

The Wellness and Recovery Program is TACID's primary means to provide free services to participants experiencing a broad range of disabilities and challenges. Wellness and Recovery services include peer support groups, wellness activities, inclusive recreation and community in the Drop-in Dayroom, seasonal potluck lunches, and the community garden.

In 2023, participation and services at TACID increased well beyond expectations. The majority of the 971 unduplicated individuals served were Wellness and Recovery Program participants attending peer support groups, wellness activities, and inclusive recreation in TACID's Dayroom.

### 2023 Program Highlights:

- Participation: 748 unduplicated individuals, including 67 BIPOC and/or marginalized young adults.
- Services: 8,609
- Service Hours: 2,344 hours of peer support group services; 379 of the total service hours were peer support groups for BIPOC Young Adults; 80+ hours per month of inclusive recreation and community.
- New Peer Support Groups based on community needs and participant feedback: RolePlay Peer Gaming Group, Stress Less (for adults struggling with stress and anxiety), It's Good to be Me (peer support for working on self-esteem), Building Healthy Boundaries, and a new peer support group for BIPOC young adult men.
- Increased Wellness Activities: weekly Drum and Healing Sound Circle and Intuitive Painting sessions increased from once to twice a month.
- In anticipation of the current program director's retirement, TACID hired an Assistant Wellness and Recovery Program Director.

### Program Impact

Free peer support services benefit the community by filling a gap in services for low income, uninsured and under-insured adults by providing various low-barrier services in a welcoming and inclusive environment. In August, participants were asked to complete TACID Quality-of-Life Survey to demonstrate the program's qualitative success and specific benefit to participants. The survey consists of eight questions pertaining to social and emotional gains made through participation in peer support services, wellness activities and inclusive recreation. Survey results included the following:

- 92% of participants agreed that TACID has helped them to learn things that can help them in their daily life.
- 85% agreed that they feel like they are an important member of the TACID community.
- 75% agreed they understand themselves better, including their strengths and limitations.
- 75% agreed that they had made friends and socialized more often.



### Holiday Scenes 2023 at TACID: Bingo and Holiday Potluck

The most important impact of the grant to support the Wellness and Recovery Program can be found in the following quotes from participants shared in the "Additional Comments" section of the Quality-of-Life Survey. A mix of participants completed the survey, including those who have been receiving services for an extended time and those who were new to TACID.

"I have been here a few times but am feeling hopeful that TACID can help."

"I love TACID! It is always a good day when I go to TACID."

"I like coming to TACID for bingo, meditation, and art."

"I've made lots of friends, and I love art class."

"I have been glad to attend each TACID group I've gone to so far. Thank you TACID staff for all that you do!"

"TACID has been an exceptionally safe and welcoming place for me to visit. I am very thankful for the genuine caring, kind and giving nature of all peer counselors and staff I've interacted with. I need lots of personal space within a supportive, kind environment. TACID provides this. I haven't found any other such setting which does."