



# Funds Distribution Report

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**Recipient Organization:**  
**Tacoma Area Coalition of Individuals with Disabilities (TACID)**

**Address:**  
6315 S 19th St  
Tacoma, WA 98466

**Contact:**  
(253) 565-9000  
<https://tacid.org>

**Organization's General Goals:**  
Tacoma Area Coalition of Individuals with Disabilities (TACID) is a community center that serves adults (18+) who are experiencing physical, sensory, cognitive, developmental, and behavioral health disabilities and challenges.

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| <b>Date of Award:</b> | <b>Level:</b>    |
| 2024 Q2               | \$500 to \$2,500 |

For more information, please read the attached report from Tacoma Area Coalition of Individuals with Disabilities (TACID).

8802 27th Ave NE  
Tulalip, WA 98271  
**TulalipCares.org**



December 12, 2024

Marilyn Sheldon, Director  
Tulalip Tribe Charitable Fund  
8802 27th Ave NE  
Tulalip, WA 98271

Dear Marilyn,

Please find the attached Tulalip Tribe Charitable Contributions Report, Code: Q2 2024 14.2, submitted by TACID. We're pleased to report on the success of our "Growing Community" Fundraising Luncheon and the impact of the Tulalip Tribe's [REDACTED] matching grant for the first [REDACTED] in donations. In addition to the fundraiser, we've included a brief update on our Wellness and Recovery Program that was supported by the Q 2 2023 matching grant and donations.

Many thanks to the Tulalip Tribe for contributing to the success of our annual fundraiser! The Tulalip Tribe's support will help us to serve more low income, uninsured and underinsured adults and families in 2025.

If you have any questions, please feel free to contact me at 253-565-9000 x 112 or by email at [nalani@tacid.org](mailto:nalani@tacid.org). I look forward to hearing from you.

With Gratitude,

A handwritten signature in blue ink, appearing to read "Nalani Linder", is written over a light blue circular stamp.

Nalani Linder  
Executive Director

## TACOMA AREA COALITION OF INDIVIDUALS WITH DISABILITIES

[www.tacid.org](http://www.tacid.org)

CODE: Q2 2024 14.2

### TULALIP TRIBE CHARITABLE CONTRIBUTIONS REPORT

In Quarter 2, 2024, the Tulalip Tribe Charitable Contributions approved a [REDACTED] grant to provide a 1:1 match for new donations made during TACID's fundraising event and luncheon. All grant funds and donations raised during the "Growing Community" Fundraising Luncheon are designated to be used to cover operating expenses and TACID Wellness and Recovery Program in 2024-2025.

This year, TACID's "Growing Community" Fundraiser was held on October 16<sup>th</sup>. The 1-hour event was very well-received by 80+ donors, funders, and community partners. An announcement was made during the luncheon program to inform attendees about the [REDACTED] matching grant and to thank the Tulalip Tribe for their generosity. This year, TACID raised \$28,000. The [REDACTED] grant was matched 1:1 to raise a total of [REDACTED], or approximately 14% of the total amount raised.



Participant, staff and board speakers and attendees at TACID's "Growing Community" Fundraiser.

## TACID Wellness and Recovery Program 2024

The Wellness and Recovery Program is TACID's primary program and means to provide free services to participants experiencing a broad range of disabilities and challenges. Wellness and Recovery services include peer support groups, wellness activities, inclusive recreation and community in the Drop-in Dayroom, seasonal potluck lunches, and the community garden.

Participation has continued to increase this year. At the end of the 3<sup>rd</sup> Quarter, TACID had served 1,003 participants and provided 11,995 services—exceeding our total numbers for 2023. Most of the people served at TACID are Wellness and Recovery Program participants who attend peer support groups, wellness activities, and inclusive recreation in the drop-in Dayroom.

### 2023 Program Highlights:

- New Peer Support Groups based on community needs and participant feedback: Empowered Bodies, Empowered Minds: peer support for women; The Writer's Block: peer writing group; Body, Mind and Soul for Men: peer support group for men; Artful Expressions: a participatory art group; and Biweekly Open Mic: for sharing writing, art and other forms of creative expression.
- New Wellness and Recovery Program Director: TACID's Assistant Program Director took over direction of the Wellness and Recovery Program in April.
- Increased staffing and enhanced activities in the Dayroom. The Dayroom is the heart of daily activity at TACID. A new Dayroom Coordinator was hired.

**Program Impact** Free peer support services benefit the community by filling a gap in services for low income, uninsured and underinsured participants by providing low-barrier services in a welcoming and inclusive environment. In August, participants were asked to complete TACID Quality-of-Life Survey to demonstrate the program's success and specific benefit to participants. Participating at TACID has helped me to:

100% self-reported

- understand myself better.
- learn things that can help me in daily life.
- take more responsibility for my own life.
- feel like a valuable member of the TACID community.

95% self-reported:

- make friends.

85% self-reported

- problem-solve.

75% self-reported

- pursuing their dreams



The most important impact of TACID's Wellness and Recovery Program can be found in the following quotes from our participants:

*"Before TACID, I felt alone in my challenges. Now, I have a community that understands me and a newfound confidence to move forward. Thank you for giving me hope."*

*"I love TACID because I meet new faces and learn about other backgrounds + I also get to play with others that like me have different ways of learning skills."*

*"At TACID, I have learned that I don't have to live in the confines of what people think of me and what they judge my ability levels to be."*

*"TACID gives me an opportunity to meet & make new friends and do different things. Being a part of something positive & motivating is a helpful quality to share."*

