



Funds Distribution Report

Recipient Organization:
Tacoma Area Coalition of Individuals with Disabilities

Address:
6315 S 19th St
Tacoma, WA 98466

Contact:
(253) 565-9000
<https://tacid.org>

Organization's General Goals:
Tacoma Area Coalition of Individuals with Disabilities' (TACID) mission is to promote the wellness, recovery and resilience of adults experiencing disabilities in Pierce County. TACID empowers people with disabilities to utilize their strengths and abilities to create and enhance the lives they choose through programs, community, and volunteering.

Date of Award:	Level:
2019 Q1	\$2,501 to \$5,000

For more information, please read the attached report from Tacoma Area Coalition of Individuals with Disabilities.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org



January 17, 2020

Tulalip Tribes Charitable Fund
8802 27th Ave. NE
Tulalip, WA 98271

Dear Charitable Fund Committee,

Please find the attached Tulalip Tribe Charitable Contributions Report, Code: Q1 2019 14.2, submitted by TACID, Tacoma Area Coalition of Individuals with Disabilities. We are pleased to report on the success of TACID's "Seeds of Hope" Fundraising Luncheon and the impact of the Tulalip Tribe's [REDACTED] grant to match new donations.

In addition to information on the fundraiser, you'll find an update on our Wellness and Recovery Program supported by the Q1 2019 grant. TACID's fiscal year ended in December and specific program expenditures are still being accounted for at this time. However, the grant and additional donations are allocated to support the Wellness and Recovery Program, including program supplies, staff expenses, communication costs, data tracking and evaluation.

Many Thanks to the Tulalip Tribe for contributing to the success of our "Seeds of Hope" Luncheon and for its ongoing trust and support of TACID. In 2019, we served 2,132 unduplicated participants who received 15,507 services. Without the support of funders like the Tulalip Tribe, we would not be able to grow and continue serving some of the most vulnerable members of our community.

Please feel free to contact me with any questions you may have. I can be reached by telephone at 253-565-9000 x12, or by email at nola@tacid.org.

Sincerely,

Nola B. Renz
Executive Director

TULALIP TRIBE CHARITABLE CONTRIBUTIONS REPORT

CODE: Q1 2019 14.2

TACOMA AREA COALITION OF INDIVIDUALS WITH DISABILITIES (TACID)

In Quarter 1, 2019, the Tulalip Tribe Charitable Contributions approved a [REDACTED] grant to provide a 1:1 match for new donations made during TACID's annual fundraising event and luncheon. All grant funds and donations raised during the Seeds of Hope Fundraising Luncheon are being used to support TACID's Wellness and Recovery Program 2019-2020, including program supplies, staff expenses, communication costs, data tracking and evaluation.

TACID's 2019 "Seeds of Hope" Fundraising luncheon held on October 9, 2019, was very successful. The 1-hour event held at the Topping Boys and Girls Club was well-attended and very well-received. TACID raised a total of [REDACTED] in new and annual giving donations, including the grant from the Tulalip Tribe and the donations matched. An announcement was made during the luncheon program to inform attendees about the [REDACTED] matching grant and to thank the Tulalip Tribe for their generosity. The impact of providing a matching grant was highlighted by a [REDACTED] donation made from a single donor, who stated that they were "incentivized" to donate that amount because of the match. The grant funds and matching donations ([REDACTED]) make up approximately [REDACTED] of the total funds raised.

Grant Funds

Tulalip Tribe 1:1 Match for 1 donation: [REDACTED]

1:1 match for additional donations: [REDACTED]

TOTAL: [REDACTED]



"Seeds of Hope" Fundraising Luncheon

TACID Wellness and Recovery Program 2019

In 2019, TACID served 2,132 unduplicated individuals and provided 15,507 services. The Wellness and Recovery Program, TACID's primary means to serve participants with various disabilities, provides a safe, respectful environment where participants can receive support within a community of equals, develop relationships and learn new skills to improve the quality of their lives.

The Wellness and Recovery Program offers ongoing peer-support groups such as *Living in the Balance*, for persons living with bipolar disorder, depression/anxiety and *Voices & Visions* for adults who live with schizoaffective sensory experiences. Wellness and Recovery also offers 6 to 10-week classes and workshops on topics such as *The Surprising Purpose of Anger*, to address anger management, *Reclaiming Your Life*, for those living with Post Traumatic Stress Disorder, and ongoing, weekly Braille classes for those experiencing low vision. In 2018, the Wellness and Recovery Program began offering peer-support opportunities in the evening. Evening groups and classes continued in 2019 and were well-received by participants who attend college, work or have daytime obligations.

Wellness and Recovery participants can also engage in health and wellness activities such as adapted yoga classes with a certified yoga teacher, healing, upper-body massage therapy with a licensed massage therapist and Sacred Movement for physical exercise and expression. Most of these wellness opportunities were introduced in fall 2018 and expanded in 2019, along with monthly Intuitive Art classes and evening peer support options contributed to an 8% increase in services accessed by participants in 2018 and an additional 3% increase in 2019.



Gentle Yoga Class

TACID's drop-in Day Room open Monday-Friday from 9:30AM-3:30PM, continues to grow in popularity. With 15-35 participants attending on a daily basis, the Day Room offers participants, many of whom live in groups homes and institutional facilities, the opportunity to socialize with peers, staff and volunteers. The Day Room also encourages interaction between higher and lower-functioning participants and is the lively heart of TACID's community. During the warm months, Day Room and other participants help to plant, tend and harvest berries and vegetables from TACID's organic community garden. Produce from the garden is used to provide salads, basic compliments to individuals' lunches and take-home snacks, as well as TACID's seasonal potluck lunches. Potlucks are popular and offer participants the opportunity to enjoy community in another setting. TACID's 2019 Thanksgiving potluck was the most well-attended to date, with 80+ participants sharing a delicious meal, socializing and enjoying karaoke.



Thanksgiving Potluck

URL: www.tacid.org