



Funds Distribution Report

Recipient Organization:
The Sophia Way

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Organization's General Goals:
The Sophia Way is a place of hope and change for women. We support them on their journey from homelessness to safe and stable living. Giving women the space to rest and heal, they are guided by our case managers who walk alongside each woman with compassion, supporting their physical, mental, financial, and housing needs.

Date of Award:	Level:
2025 Q1	\$2,501 to \$5,000

For more information, please read the attached report from The Sophia Way.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

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2025 Final Report
Presented to Tulalip Tribes Charitable Contributions

Code: Q1 2025 14.2

Website: <https://sophiaway.org/>

The Sophia Way (TSW) is pleased to submit this grant report covering our 2025 activities and the use of our May 2025 Tulalip Tribes Charitable Contributions Fund award. We are very grateful to Tulalip Tribes for your support of the vulnerable women we serve.

2025 Program Accomplishments

- Total women served at The Sophia Way: 507
- Helen's Place emergency shelter: 189 women served
- Sophia's Place extended-stay shelter: 90 women served
- 238 women were served at the Resource Center (this number includes some duplication)
- Total number of women housed: 119*

Additional outcomes include:

Helen's Place Emergency Shelter estimates vs. actual outcomes:

- 100% of women will complete an initial intake assessment. Actual 100%
- 80% of women will participate in case management, including working with the case manager to develop goals and plans. Actual 98%

Sophia's Place Extended-Stay Shelter estimates vs. actual outcomes:

- 100% of women will complete an initial intake assessment. Actual 100%
- 100% of women will participate in case management, including working with their case manager to develop goals and plans. Actual 100%

*The percentage of women housed is lower than last year as we have changed the way we calculate housing. We are now only including women who are permanently housed, meaning they have documented proof of permanent residency so we can be confident they are set-up with a truly long-term arrangement.

Similar to past years, 56% of the women served were from minority backgrounds. Sixty-three percent reported living with a physical or mental disability and 34% were aged 55+ (up from 31% last year).

A recent analysis of The Sophia Way's housing retention rate from 2020-2024 is a strong indicator of the success of TSW's individualized, wrap-around case management approach. During this three-year period, the housing retention rate among women TSW housed was 90.6%. Comparatively, studies have found housing retention rates ranging from 75% to 91% during just a one-year period for Rapid Rehousing Programs for people experiencing homelessness.

Success Story

When Tonya arrived at The Sophia Way, she had been homeless – twice. Tonya had a successful career in nursing. After her mother passed away from a stroke, Tonya’s grief became overwhelming. She began having panic attacks and could no longer work. “The grief took a toll on my body, and I didn’t have support.” When her savings ran out, Tonya lost her home.

Tonya found shelter, and more, at The Sophia Way where she felt seen, she felt safe, and she felt hope. As Tonya began rebuilding her life, she faced physical pain, PTSD, depression, and anxiety. She had lost faith in herself. But our staff saw strength in her that she couldn’t yet see.

Her case manager helped Tonya focus on her health, get out of debt, and move into an affordable apartment. “They encouraged me, supported me, and cared for me. They saw in me what I couldn’t see in myself.”

The Sophia Way directly supported Tonya in pursuing a master’s degree in nursing informatics. It helped her get a job and secure housing. It gave her the foundation to rebuild her life.

“I started feeling like I had meaning in my life.”

Tonya now has her own one-bedroom apartment, furnished with love and care. She recently celebrated one full year of stable housing. And in late 2025, she became a nursing manager at a skilled nursing facility.

“I’m grateful for the support in starting a new chapter in my life”.



Tonya, feeling successful.