

Funds Distribution Report

Recipient Organization:
Tulalip Tribes Behavioral Health

Address:
7520 Totem Beach Rd
Tulalip, WA 98271

Contact:
(360) 716-4400
<https://www.tulaliphealthsystem.com/BehavioralHealth>

Organization's General Goals:
Provide behavioral health services to the community.

Date of Award: 2018 Q2
Level: \$10,001 plus

For more information, please read the attached report from Tulalip Tribes Behavioral Health.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

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Surveillance System

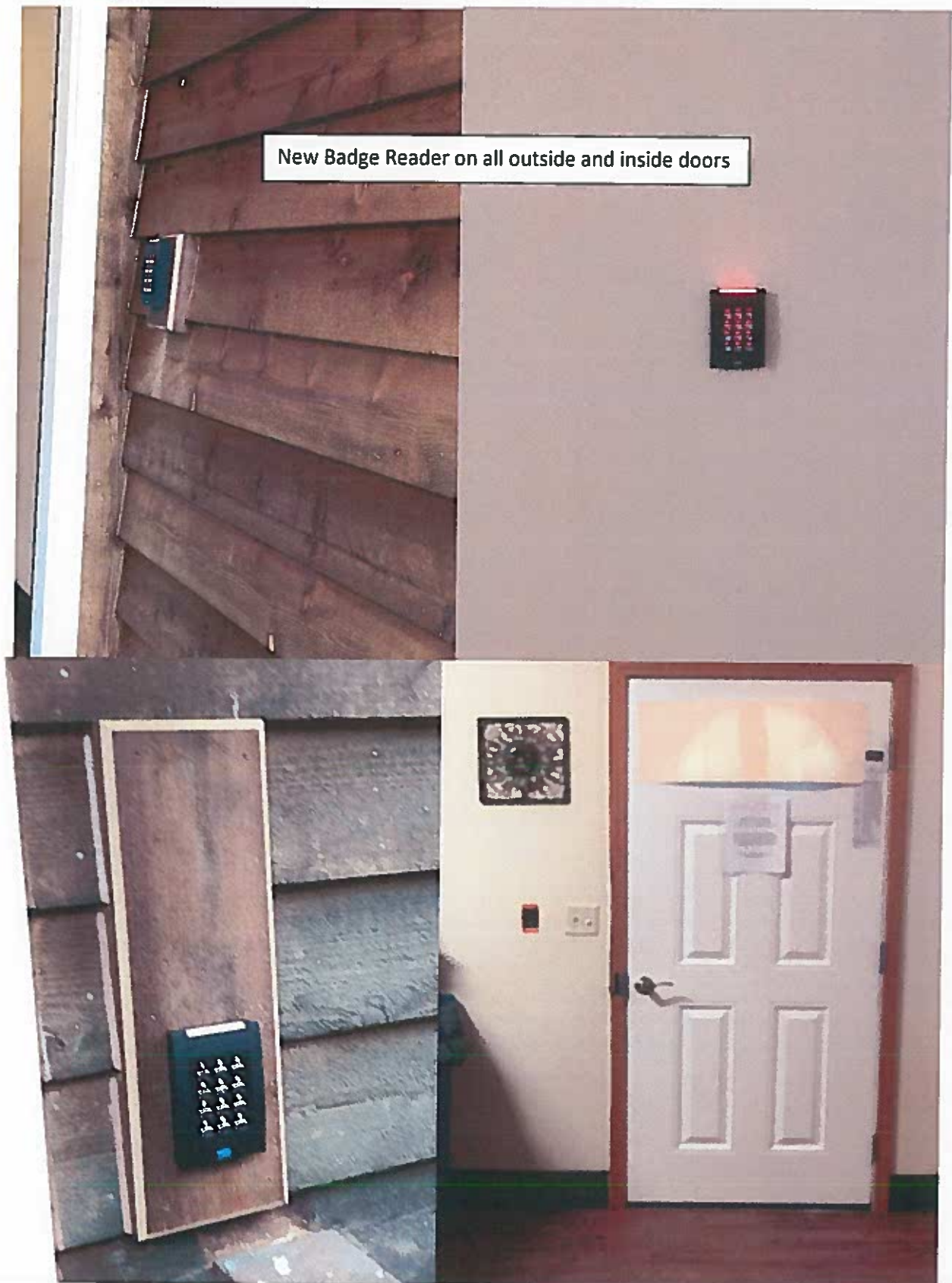
The new Surveillance Cameras at the Homeless Shelter both prevent crimes from happening, help quickly solve criminal cases with material evidence, and provide clients with a sense of security. Video surveillance protects employees indirectly by monitoring each visitor who comes into the building and keeps a video record of their activity. A video surveillance system monitors productivity without the added expense of hiring additional personnel.

(Please See Attached Photos)

Old Surveillance



Security System Upgrades



New Security Cameras



New Security Cameras



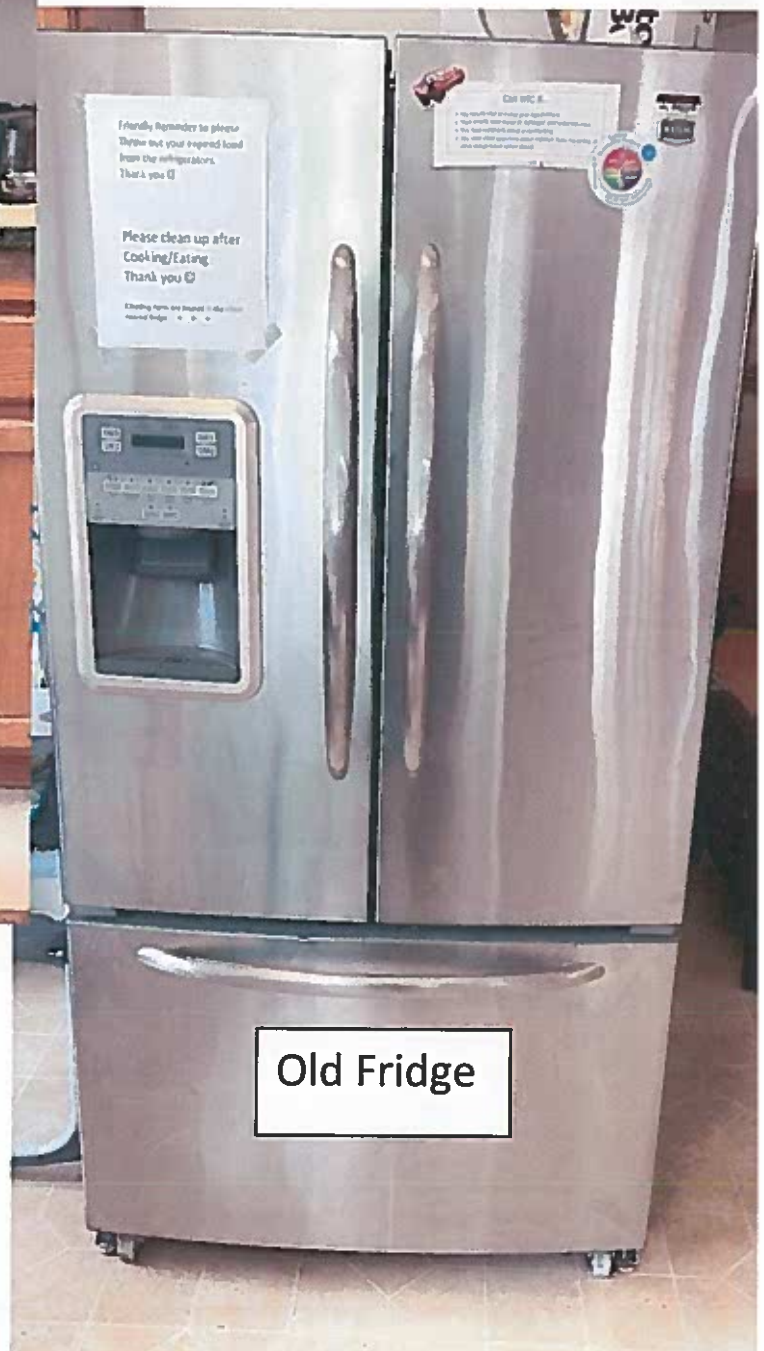


New Furniture

The newly renovated Homeless Shelter got new furniture that included new tables, chairs, two sets of washers and dryers, fridge, and microwave oven. The Shelter also got updated flooring, blinds, and countertops in the main cabin. Each of the 6 individual cabins got renovated with new flooring, new paint, patching of walls, and updated water heaters as well as new furniture, including a couch, loveseat, table with four chairs, bed frame, mattress, and box springs for queen and/or full size. New furniture provides a safe, dignified environment for our clients. Furniture plays an important role in the Homeless Shelter, giving it a safe and relaxing atmosphere and a comfortable feeling to all employees and, most importantly, to the clients in both the main cabin and their individual cabins. Before the renovation, the Homeless Shelter appliances/ furniture were outdated and broken.

(Please See Attached Photos)

New Appliances



New Appliances



New Washer and Dryer

New Appliances



New Countertops



Flooring



Old Flooring



New Flooring

New Main Cabin Furniture



New Client Furniture



Travel / Training

The two trainings listed below are the two trainings we took as a group. These trainings were relevant since being Trauma Informed is the path which the Tulalip Homeless Shelter is taking.

Trauma Informed Care:

Trauma Informed care involves awareness of trauma types and understanding of trauma's effects on behavior. Trauma-informed care is defined as practices that promote a culture of safety, empowerment, and healing. Childhood stress as a significant risk factor for a long list of cognitive, behavioral, psychological, and medical disorders. Trauma informed care involves prevention, recognition, and response to trauma-related difficulties.

Motivational Interviewing:

Motivational Interviewing is a directive, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. It is a counseling method that helps people resolve ambivalent feelings and insecurities to find the internal motivation they need to change their behavior

Five Principles of Motivational Interviewing

- Express empathy through reflective listening
- Develop discrepancy between clients' goals or values and their current behavior
- Avoid argument and direct confrontation
- Adjust to client resistance rather than opposing it directly
- Support self-efficacy and optimism

Note:

Attached are photos of staff and the trainings they attended.

Carrie Enick



Trainings Attended:

- Housing Conference on Ending Homelessness
 - Supervision and Management Skills
- Professional Excellence for Tribal Secretaries and Admin Assist.
 - Trauma Informed Care
 - Motivational Interviewing

Deloris Parks



Trainings Attended:

- Strategies for working with youth in Indian country
 - Being Trauma Informed
- Pathway for evidence based case management, care coordination and supervision
 - Native Life Skills empowerment training
 - Ending Homelessness
 - Motivational Interviewing

Kayla Monsegur



Trainings Attended

- Trauma Informed Care
- Motivational Interviewing

Hannah Paul



Trainings Attended

- Tribal Administrative Professional as Office Manager.
- Tribal Administrative Assistance Certification Program.
 - Communications Skills.
 - Business Writing & Grammar Skills.
 - Trauma Informed Care
 - Motivational Interviewing

Shirley Jones



Trainings Attended

- Trauma Informed Care
- Motivational Interviewing
- Evidence – Based “Pathways”
 - Project Management
- Strategies for Working with Youth in Indian Country
 - Dealing and Healing from Grief & Loss
- Pathway for Evidence based Case Management, Care Coordination and Supervision
 - Healthy Relationships- Training of Trainers

Computers

The new computers have helped improve the performance, stability, and security of our software to ensure it continues to run safely and efficiently. Having new computers ensures that everything is accurate and timely and makes it easier to accomplish many tasks and help speed up other Homeless Shelter processes. To complete such tasks manually required much more time, and the new computers have therefore increased employee efficiency. Having better computers that can store large amounts of data helps keep track of Shelter files, documents, schedules, and deadlines. It is also convenient, inexpensive, and saves space. Computers also allow the Homeless Shelter to organize all of its information in a very accessible manner. A new updated computer has the ability to allow the Homeless Shelter to organize its files efficiently, leading to better time management and greater productivity.

(Please see Attached Photos)

New Computers

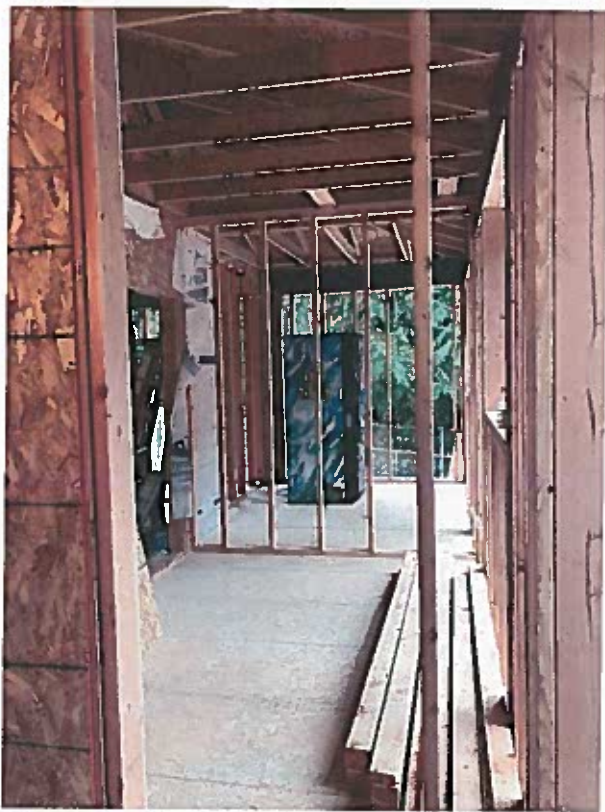


Construction

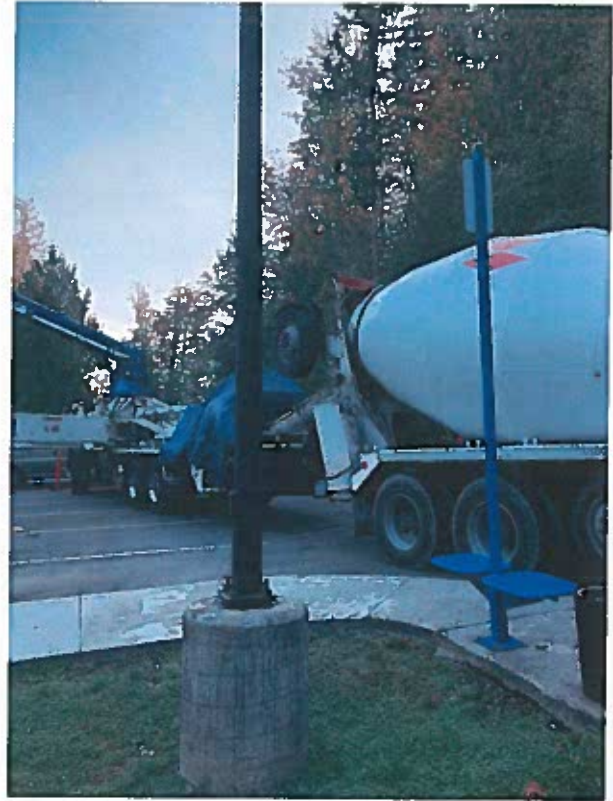
The new construction added 600sq. ft. including three new offices, a reception area, and a small bathroom. Adding this space increased the comfort and enjoyment of the Homeless Shelter main cabin. The renovated Homeless Shelter now functions better for the residents and employees, and the added space has allowed staff to all be together while using old office spaces as a conference/meeting room and a classroom/training room for clients and children. During the renovation, the homeless shelter was able to upgrade our security camera system, get new appliances, new furniture, and new heating and cooling system HVAC (Central Air). During new construction, the contractor installed energy efficient windows and insulation, which can help decrease energy costs. The renovation was able to make Shelter operations more efficient, improve organization, and accommodate future business needs.

(Please see Attached Photos)

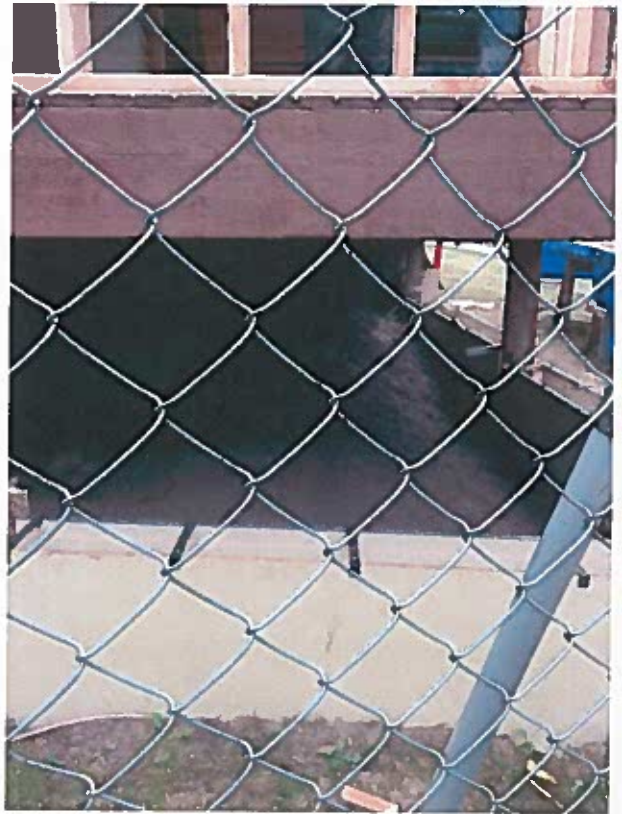
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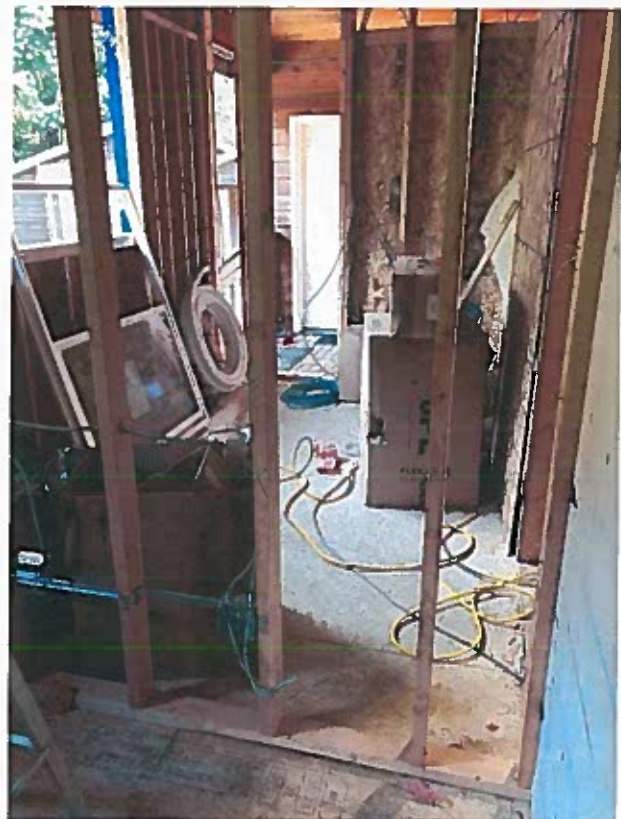
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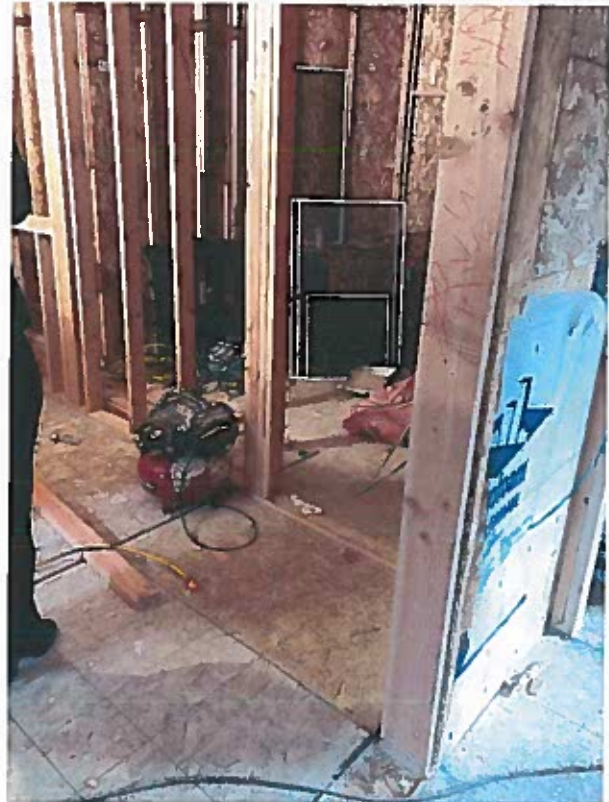
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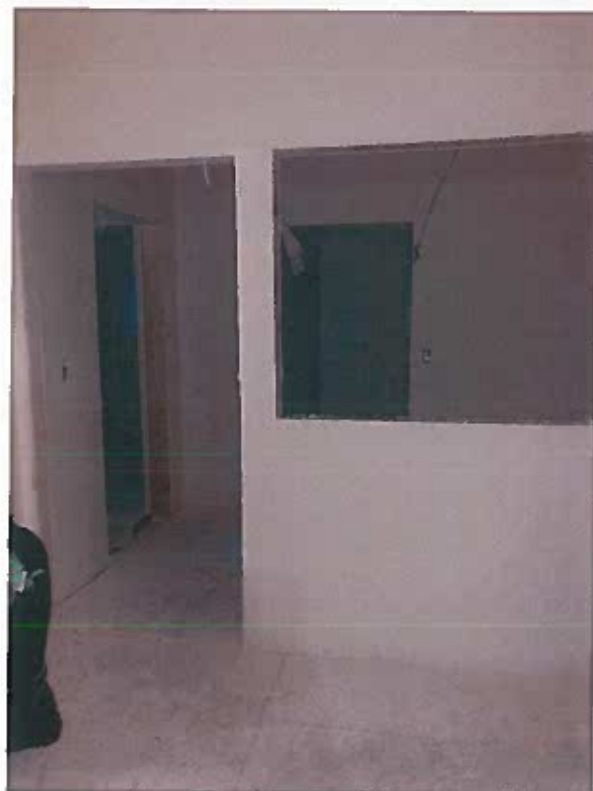
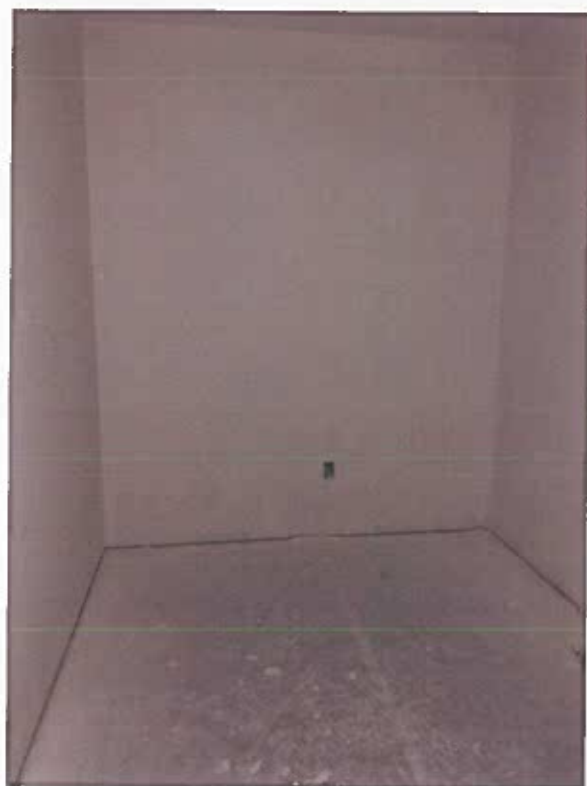
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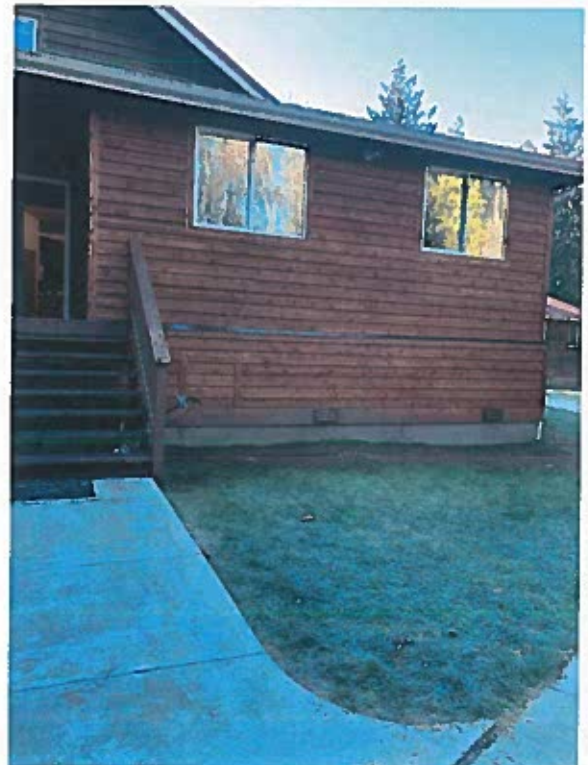
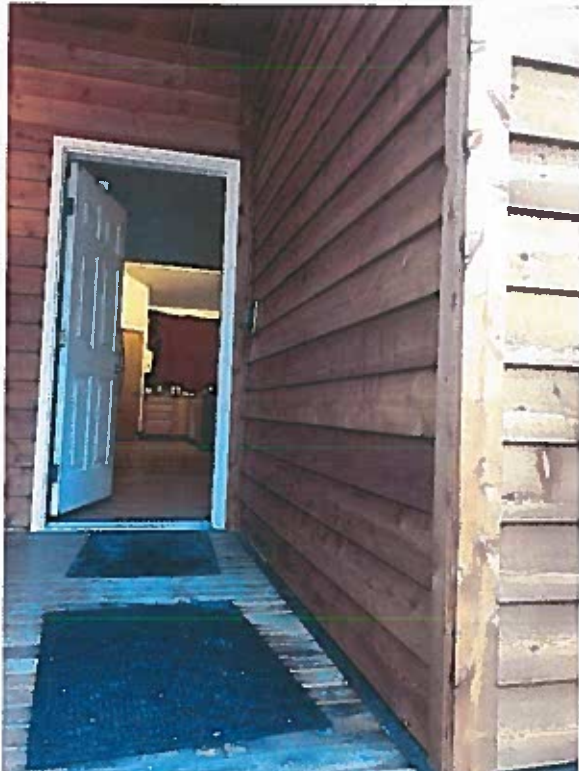
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