



# Funds Distribution Report

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**Recipient Organization:**  
**Virginia Mason Foundation/Bailey-Boushay House**

**Address:**  
2720 E. Madison St  
Seattle, WA 98112

**Contact:**  
(206) 322-5300  
<http://www.bailey-boushay.org>

**Organization's General Goals:**  
Bailey-Boushay House is a nationally recognized facility in Seattle offering Residential Care and Chronic Care Management programs for people living with AIDS. Our Residential Care program also provides care to those suffering from other life-threatening illnesses.

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<b>Date of Award:</b>	<b>Level:</b>
2018 Q4	\$2,501 to \$5,000

**Specific Use for This Award:**  
For more information, please read the attached report from Virginia Mason Foundation/Bailey-Boushay House.

8802 27th Ave NE  
Tulalip, WA 98271

**TulalipCares.org**

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**Bailey-Boushay House follow-up report to Tulalip Tribes Charitable Fund**

November 22, 2019

All of us at Bailey-Boushay House would like to say thank you to Tulalip Tribes for your generous support in 2019. Your funding helped us to provide integrated outpatient support to people living with HIV/AIDS who are in poverty and/or homeless. Your grant enabled us to achieve profound results for some of our society's most disadvantaged members.

Our mission is to provide exceptional care to people with HIV/AIDS in order to enhance their health, well-being and functional independence. Our one, overarching goal (by which we will measure the success of our program) is: ***100% of People living with HIV/AIDS who take part in our program are successful in their treatment, achieve an undetectable viral load and go on to live healthy, independent lives.***



*Outpatients come to Bailey-Boushay House for medication but also to be in a place of safety, respect, shelter and friendship.*

**Here's what we achieved over the last 12 months:**

- 370 individuals from King, Snohomish, Kitsap, Pierce and Island Counties who are living with HIV/AIDS achieved improved and stabilized health
- 83% were virally suppressed, meaning they have adhered to their medication and the virus is virtually undetectable in their systems
- We were open for drop in 365 days a year
- We operated a 50-bed emergency night shelter, re-purposing day rooms into dormitories every night
- Clients enjoyed 31,612 hot meals (breakfast and lunch)
- Clients picked up 7,800 sack meals to take away and 2,700 grocery bags of food
- 198 volunteers donated their time and expertise

**Who we serve**

Bailey-Boushay House serves the most vulnerable and the least well people with HIV in our community. Although today's anti-retroviral drugs means that HIV has evolved from being an always-fatal disease to a chronic condition that most people can manage, a significant minority of people with HIV cannot. People who are homeless, poor and hungry; who are battling mental illness or have drug or alcohol dependency, don't adhere to their medication. Without adherence, they can't suppress the virus in their bloodstream. Unrepressed, the virus poses a risk to individual and public health.

- 121 outpatients were homeless.
- 330 were male
- 35 were female
- 5 were transgender
- 4 were aged 20-24
- 165 were aged 25-49
- 201 were aged 50+
- 89 were black/African American
- 9 were Asian/Pacific Islander
- 39 Hispanic/Latino
- 219 White
- 9 Native American/Alaskan Native
- 5 Other/mixed
- 370 Total individuals served

**Description of services:**

Our approach is founded on the principle that developing trust with an individual and ensuring their basic needs are met, is key to being able to provide successful clinical outcomes. This is called the community (or milieu) therapy approach. Therefore we offer the following services:

**Drop in center:**

Instead of a model where clients come for prescheduled appointments, our program is open every day of the year including weekends and holidays from 6:30am-4:00pm (we close at 2pm on Wednesdays for team meetings and trainings). Clients may access the basic components of the program at any time during this period.

**Medical case management:**

Most clients have been unsuccessful in maintaining connections to other community mental health, chemical dependency and medical care organizations, but are successful at Bailey-Boushay House. Registered nurses also begin assisting the client in managing their complicated medications. The average outpatient at Bailey-Boushay House has 11 routine medications and we help them achieve an 80-90% adherence rate, as compared to a 20% - 30% adherence rate with similar groups throughout the country. Soon after admission the client has enough faith in the program that they agree to meet with our psychiatrist and begin treating their symptoms of mental illness.

**Nutrition program:**

Food is a vital element of the outpatient program. Good nutrition contributes to overall health, of course, and many HIV medications need to be taken with food. But the food program also incentivizes outpatients to attend regularly and helps us build trust. Outpatients drop in for two free hot meals a day, breakfast and lunch, and a sack meal to take away in the afternoon. We open a food pantry to provide two grocery bags of food to each client at the end of the month, when many homeless clients have run out of money. The food does not require refrigeration or cooking and tastes good hot or cold.



*Chef Daniel prepares a wholesome and delicious meal in the BBH kitchen.*

**Emergency shelter and housing stability**

Safety and security were key drivers for opening Bailey-Boushay’s emergency night shelter in November, providing 50 beds to address rising homelessness in our outpatient population. The first homeless shelter in the world specifically designed for people with HIV, our shelter offers access for men, women, transgender clients and couples (even pets) and special care for people with behavioral problems or other health-related issues.

For clients ready to take the next step, our Housing Stability Project is there. One pillar of the program is rental assistance, to identify available housing and defray costs. But to be successful in housing takes more than financial support. Our housing stability “safety net” includes help with planning, applications and managing a budget, along with group classes on handling stress, resolving conflict and learning to live within a community.



*We operate the country’s first emergency shelter for people living with HIV/AIDS. Every night our big room transforms into a safe space with cots, blankets and pillows. Dividers give privacy and there are separate spaces for men and women.*

### **Non-medical case management**

Qualified, specialist staff provide non-medical case management, including chemical dependency counseling and help obtaining housing. Staff welcome clients by name each day and work to meet immediate needs, usually around food and hygiene.

We provide outpatients with a safe place to shower and rest, free laundry facilities and free hygiene supplies including fresh socks every day. Last year we gave away 5,000 pairs of socks to homeless people with HIV/AIDS.

Throughout the day there are activities, both structured and free form, to help clients build relationships, increase skills and have fun. These include support groups, writing groups, chemical dependency counseling, cooking groups, exercise classes, community outings and celebrations.

### **Case study**

This is the story of Jon, an outpatient at Bailey-Boushay House. He visits once a week to see a nurse and pick up his medications and check in with his care manager, Billy. He adheres to his medication and his HIV is undetectable now. He seems to be on his way to success, but Jon’s story shows just how fragile success can be and how quickly it can turn.

Jon grew up in a “good” family but when he came out they rejected him. He earned a degree from the University of Georgia and moved to Seattle, but he had substance abuse issues, lost

his job, became homeless and infected with HIV. That’s when he first came to Bailey-Boushay House.

Jon got a housing voucher and found an apartment with his partner in Seattle, but he was evicted due to his drug use and the partner’s behavior, and lost his housing voucher. He moved to a shelter, but he was bullied and threatened by other residents. So he fled to what he perceived as greater security – a space in the corner of a parking garage where he slept on the concrete floor for two and a half years. Through all that time Bailey-Boushay supported and worked with Jon, accepting him as he was but helping to see that there was hope.

Billy says: “Although our main focus is to provide medication management to improve people’s HIV health, Bailey-Boushay house fundamentally is about acceptance and hope. We accept people as they walk in the door for who they are. And then we work on hope. What are the changes that people can make to improve their lives in the goals that they set for themselves?”

Jon said: “Anchor is a great word to describe Bailey. It provides structure to my life. It’s my community, my family. They help me get to where I want to be. Bailey helps me feel like I have value in this world and I am worth being known. And that’s the fundamental part of what I think works for Bailey.

Jon is out of the parking garage and back in a shelter and has, after more than a year of hard work, got another housing voucher. He’s looking at university courses and actually has hope for the future.

[Click here](#) to see a video on YouTube about Jon’s journey at Bailey-Boushay House.



*Every Valentine’s Day, red balloons festoon the outside of Bailey-Boushay House, sending a message of love to the entire community.*