



Funds Distribution Report

Recipient Organization:

Walla Walla Valley Disability Network

Address:

1150 W Chestnut St
Walla Walla, WA 99362

Mailing Address:

PO Box 1918
Walla Walla, WA 99362

Contact:

<https://www.wwvvn.org>

Organization's General Goals:

Walla Walla Valley Disability Network's (WWVDN) mission is to improve the quality of life for individuals with disabilities and their families through community inclusion and support throughout their lifespan. WWVDN achieves this mission through a variety of program offerings, trainings, collaborations and volunteer service to reach local residents with developmental disabilities and those that love them.

Date of Award:

2026 Q1

Level:

\$500 to \$2,500

For more information, please read the attached report from Walla Walla Valley Disability Network.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

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TO: Tulalip Tribes and Charitable Contributions
From: Walla Walla Valley Disability Network
Regarding: **Q1 2026 14.2**

Health Matters is a fun and welcoming program designed to help individuals with intellectual and developmental disabilities build healthy habits and feel more confident making choices about their health and wellness. Through hands-on activities, conversations, and real-life examples, participants learn about topics such as nutrition, healthy foods, movement, self-care, and making choices that support their overall well-being.

The class focused on making health information easy to understand, practical, and enjoyable. Eleven (11) Participants had opportunities to practice skills like planning healthy meals, learning about different nutrients, understanding the difference between needs and wants, and making healthy choices in everyday situations. Health Matters also encouraged connection and having fun together. It provided a supportive space where participants were able to learn at their own pace, share experiences, try new things, and celebrate their successes.

We are incredibly grateful for Tulalip Tribes Charitable Contributions Fund's investment in our community and in the individuals we serve. Thank you for believing in the importance of accessible health education and for helping us make Health Matters possible!

