



Funds Distribution Report

Recipient Organization:
Wallingford Community Senior Center

Address:
4649 Sunnyside Ave N, Suite 140
Seattle, WA 98103

Contact:
(206) 461-7825
<https://wallingfordseniors.org>

Organization's General Goals:

We are a warm and welcoming space where older adults in north Seattle can continue to learn and thrive through life's transitions in a positive and healthy way. Our hands-on, caring and knowledgeable staff helps guide seniors and their families through some of the challenges of aging and navigating the often daunting network of community and government resources available to them. Our dynamic and affordable programming is focused on enriching the lives of seniors, and the staff works with families to find transportation for those seniors who would otherwise not have access to the facility.

Date of Award:	Level:
2019 Q2	\$500 to \$2,500

For more information, please read the attached report from Wallingford Community Senior Center.

8802 27th Ave NE
Tulalip, WA 98271

TulalipCares.org

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Q2 2019 14.2 REPORT TO TULALIP TRIBES CHARITABLE FUND

Wallingford Community Senior Center is pleased to provide this report regarding the generous grant of \$█████ from Tulalip Tribes Charitable Fund, which we received in September of 2019.

Thank you for joining us in our mission of connecting, supporting, and welcoming older adults in our community. 2019 was an exciting and eventful year for WCSC as we celebrated 40 years of serving seniors since our founding in 1979, went through a leadership transition, increased our lunch program from 3 to 5 days/week, and embarked on a collaborative partnership with United Indians of All Tribes Foundation's Native Elders Program and Sound Generations' Lake City Northgate Senior Center Project. With your help to support our general operations, we were able to impact over 1641 seniors, building community across generations and fostering healthy, secure, positive aging.



Specifically, Foundation funding made it possible to provide the following vital services and programs:

- **Health Promotion:** WCSC offered wellness programs including Enhance Fitness classes, an evidence-based senior fitness program, weekly walks around Green Lake, yoga classes, and workshops on various health issues. In 2019, we provided 651 total hours of health and wellness activities.
- **Educational, Recreational, Social, and Personal Growth Activities:** We provided activities on a wide range of topics like computer tutoring, art classes, book club, writing group, knitting circle, and lifestyle workshops including health, legal, finance, personal safety nets, and other issues relevant to seniors. In 2019, we provided 1145 total hours of these activities.
- **Social Service Activities:** WCSC provided free social worker consultations and professionally-facilitated support groups, including Powerful Tools for Caregivers, a support and education program for unpaid caregivers, like family members. In 2019, we provided 536 total hours of social service activities.
- **Food and Nutrition:** We served daily nutritious hot lunches to seniors and community members five times a week (by the end of 2019). Our meals are affordable or free to those



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www.wallingfordseniors.org

WCSC is a 501(c)(3) nonprofit organization, tax identification number 91-1631962.

who cannot pay. Our door-to-door van service ensures that seniors with mobility and transportation challenges have access to the lunch program. Last year we prepared and served 4143 hot, nutritious meals.

We could not have done this without your help. We thank Tulalip Tribes Charitable Contributions for its support of Wallingford Community Senior Center and for helping ensure that seniors in our community have access to social engagement and support, educational programs, nutritious food, and vital services and resources they need to age in healthy, positive way.

Thank you so much for your support of our programs. Our seniors are often forgotten – but you remember. We raise our hands to you in gratitude for all that you do for our seniors in our community, and in the larger community in which we live.

