



Funds Distribution Report

Recipient Organization:
YWCA Pierce County

Address:
405 Broadway
Tacoma, WA 98402

Contact:
(253) 272-4181
<https://www.ywcapiercecounty.org>

Organization's General Goals:
Established in Tacoma in 1906, YWCA Pierce County has devoted over a century to creating opportunity and safety for adults and children in the greater Tacoma community.

Date of Award:	Level:
2018 Q4	\$2,501 to \$5,000

Specific Use for This Award:
For more information, please read the attached report from YWCA Pierce County.

8802 27th Ave NE
Tulalip, WA 98271
TulalipCares.org

Final Report

Tulalip Tribe grant of [REDACTED]

November 18, 2019

YWCA Pierce County Children's Program

Thank you for your support of our Children's Program where we serve children from birth to age 21. Our programs are divided by age; Little Learners is for children ages 0–5 years old. Kids Club is for children ages 6–12 years old. And the You Group is for teens/youth 13–21 years old. All our programs use the arts as a focal point for healing.

Funding supported our ability to serve 285 children who participated in respite care, family activities and therapeutic intervention provided by two therapists and supported by 7 additional staff members.

Children in our program learn skills to handle anger in a positive way, how to self-regulate when they feel their emotions ramping up and how to do engage in calming activities including yoga and breathing exercises. Our program also provide healthy choices for meals since most of our children have not had the opportunity to eat fresh vegetables and healthier food due to reliance on food banks and the cost of food.

Our program also serves teenagers through one hour presentations in area high schools which have been so successful we added a 12 week curriculum at four schools. In this program, teens learn about teen dating violence, the dynamics of power and control, consent and setting boundaries. I recently asked a young woman who volunteers at the YWCA, "How come you chose the YWCA to volunteer at?" Her response was, "Because when I was in High School, the YWCA came to my school and did a presentation on what healthy love looks like. Because of that workshop, I realized I was in a domestic violence relationship so I got out and now I am in a positive and supportive relationship." This young woman was heading off to college with tools for helping her peers navigate relationships.

We survey the protective parent to get their input on the difference the Children's Program makes for their children. Here are a few quotes:

"My child was so afraid to leave me to attend the program here. But after just one session, she begs to come back. She feels so supported by the staff here and is coming out of her shell."

"My 8 year old son was already showing signs of anger that I was not comfortable with. After being in this program, he is able to share his emotions with me and we can talk about things we never talked about before. Thank you for making a difference in his life. I feel confident that it will have a lasting impact."

I am attaching photos of the Children's Program space which is very visual as well as an example of the art on of our teenagers meant. One attachment is the art and the other attachment is their explanation of the piece they created.

Thank you so much for your support which makes a difference for the hundreds of children we serve. Thank you also for the amazing banquet where you make us feel so honored. It is very much appreciated.

Miriam Barnett

CEO

Artist Statement:

"The dark colors symbolize fear, and inability to move on, and loneliness. I used that to show what it felt like being stuck in an abusive situation.

In growing, I used lighter colors to show me leaving behind being hurt. But I still used shoe prints because I was guarding myself.

Green represents my growth into learning I have the ability to set boundaries and grow into what I was supposed to. It's messy because its growth, and when learning, sometimes you have to go back.

The orange, pink, and red represent brightness and freedom when I was able to gain control again. When you're free from the person that hurt and controlled you, you can dance, jump, run wherever you want because you're free"

