



Tulalip Charitable Contributions Funds Distribution Report

NAME OF AGENCY: Youth Eastside Services

AWARD DATE: 2016-Q3

ADDRESS: 999 164th Ave. NE, Bellevue, WA 98008

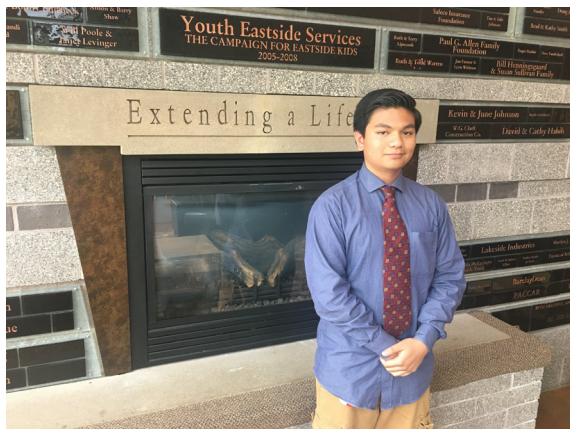
CONTACT: (425) 274-0728; <https://www.youtheastideservices.org/>

GENERAL GOALS: YES is a lifeline for kids and families coping with challenges such as emotional distress, substance abuse and violence. Through intervention, outreach and prevention, YES builds confidence and personal responsibility, strengthens family relationships, and advocates for a safer community that cares for its youth.

SPECIFIC USE FOR THIS AWARD:

This award was used as support for operational expenses and programs.

For more information please see the attached report from Youth Eastside Services.





www.youtheastideservices.org

Q3 2016 14.2

Grant Report to the Tulalip Tribes Charitable Contributions Fund
Sept. 27, 2017

We sincerely appreciate the Tulalip Tribes Charitable Contributions Fund's support and partnership. **Your gift to YES has had a significant, positive impact on the lives of East King County youth and families.** To follow is a brief report on 2016-2017, summarizing YES' activities and accomplishments and describing the use of contributions.

About YES

Founded in 1968, Youth Eastside Services (YES) is a state-licensed Community Mental Health Center and state-certified Outpatient Chemical Dependency Treatment Program serving all East King County children, youth and families, regardless of their ability to pay for services. YES provides high quality, behavioral health care to improve the mental health functioning of children and youth, from birth to age 22. Services include mental health counseling, substance abuse prevention and treatment, treatment for co-occurring disorders (for those experiencing mental illness and substance abuse conjointly), psychiatric services, and related social services. Services are integrated into more than 60 partner sites, including elementary, middle and high schools and teen/community centers in the Bellevue and Lake Washington School Districts. YES also offers a wide range of Education & Prevention programs that provide pro-social activities and support young people's efforts to avoid negative and risk-taking behaviors.

YES' 2016-2017 Activities and Accomplishments

The overarching goal of YES is to provide mental health and substance abuse treatment services for all children, youth and families in East King County, regardless of their ability to pay, and success means never turning anyone away from needed services. The young people who seek services at YES suffer from depression, substance abuse, suicidal thoughts, eating disorders, anxiety, trauma, sexual abuse, or have multiple issues. YES ensures that youth learn how to successfully navigate these challenges and achieve stable and healthy lives, by using evidence-based, best-practice methodologies delivered by counselors specially trained to work with youth and families in crisis.

In 2016, YES provided mental health counseling and substance abuse treatment for 5,101 children, youth and family members. YES' Education & Prevention programs reached 59,251 individuals in 2016, up from 45,433 in 2015. In the first half of 2017, YES has provided mental health counseling and substance abuse treatment services for 1,979 children and youth. Also during this time, YES has reached 45,500 individuals with our Education & Prevention programs.

YES is the only community mental health agency in East King County to serve all clients regardless of the ability to pay, and more than half of YES clients are in need of free or low-cost mental health and substance abuse treatment services. These families are uninsured, their medical benefits do not include enough mental health coverage, or they are unable to afford copays. They may also be youth who seek services on their own (allowed by state law when a minor turns 13) and cannot pay for counseling expenses. Private donations and contributions to YES, including the Tulalip Tribes Charitable Contributions Fund's support, help to fund needed services that families cannot otherwise afford.

In 2016-2017, we have seen the following results of our work:

- YES collaborated with the Bellevue School District and the International Center for Health Services (ICHS) on a successful proposal to King County, to fund the first-ever, *School-Based Behavioral Health Center* in East King County, at Highland Middle School. This 10-year project will construct a health clinic on-site at the school and offer an integrated model of behavioral health services for students.
- YES launched our United Way King County-funded *Re-Connecting Youth Project*, which targets Hispanic/Latino youth in East King County who have already dropped out of school, or who are at high risk for dropping out before high school graduation. YES' program provides a menu of services that help young people stay in school and achieve success.
- In January of 2017, YES launched a new Homelessness Prevention initiative funded by King County's Best Starts for Kids, to help mitigate the risk of imminent homelessness among vulnerable families in East King County.